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ABSTRACT

This annotated bibliography identifies resources for families of young children who have disabilities or who are at risk of delayed development. Criteria for inclusion were: materials that are current, generally available, and especially useful for families. For each resource, the information includes the title, author, publisher, publisher's address and telephone number, date, price, and brief description. The bibliography is organized into the following key categories: (1) information about child development, disabilities, early intervention, best practices, and technology; (2) support in dealing with the emotional impact of the child on the family, support from other families in sharing information, support for all family members, and long-range planning for the family; (3) accessing services needed by the child and family, including advocacy strategies and information on understanding legislation and family rights and responsibilities; and (4) collaborative relationships among families, professionals, and community members. (JDD)

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Resources for Families of Young Children With Disabilities

An Annotated Bibliography

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EC 302129

Resources for Families of Young Children With Disabilities

An Annotated Bibliography

EARLY CHILDHOOD SPECIAL EDUCATION TEAM

Composed of members of Personnel Development for Infant Preschool Programs and

Early Childhood Special Education staff of the California Department of Education, Special Education Division

Compiled by Tim Hoban

Family Specialist, Personnel Development for Infant Preschool Programs

1992

INTRODUCTION

Purpose

This annotated bibliography was developed to assist programs and interested groups in identifying resources for families of young children who have disabilities or who are at risk of delayed development. The print and media resources listed are designed to contribute to families' growing competence to meet their needs and aspirations and to foster the development of family professional partnerships for the ultimate benefit of young children with exceptional needs.

Audience

The bibliography is intended to meet the needs of individuals in a wide variety of settings: child development, early childhood special education, and children's health services. Interagency or parent groups and agencies providing early intervention services may find the information useful in developing resource libraries or other family support activities. The materials included may also be helpful for primary care providers who are interested in accessing resources and support for young children at risk or with disabilities.

Background

Services for infants and preschoolers with exceptional needs and their families have dramatically increased over the past ten years. Federal legislation, particularly the passage of Public Law 99-457, has mandated a family focus in all aspects of planning and service delivery for young children with disabilities and their families. California legislation for special education services to infants and preschoolers (Chapters 4.4 and 4.45 of the California Education Code Part 30) have established program standards including family involvement activities. The diversity of families throughout the state, reflected in languages, cultures, economics, education, disabilities and family structures, necessitates a broad array of resources that can meet the individual needs of each family. The range of families includes the parent just learning of their child's disability to the experienced parent leaders.

The Early Childhood Special Education Team is aware of considerable interest in the field for resources that would be helpful to family members or caregivers. (For example, some programs are gathering materials for families, and want suggestions on resources.) In developing this bibliography the criteria for inclusion of materials included: materials that are current, generally available and especially useful for families, based on the recommendations and reviews of staff and field experts (both parents and professionals). Special efforts have been made to include free or low cost items and federal, state and locally prepared materials. Another consideration in developing the bibliography was identifying resources useful to families from diverse cultural and linguistic backgrounds. Although selections to meet this need are limited, efforts have been made to include these resources when possible. This bibliography should be considered a starting point for those seeking a collection of key family materials. The selection of material does not necessarily imply endorsement of the item by the Early Childhood Special Education Team.

Organization of the Bibliography

The bibliography has been organized into the following key categories which reflect the critical components of responsive and supportive services for families and children:

- **Information** about child development, disabilities, early intervention resources, best practices, and technology.
- **Support** in dealing with the emotional impact of the child on the family; support from other families in sharing information; resources and experiences, support for all members of the family, and long-range planning for their family.
- **Accessing services** needed by the child and family at national, state and local levels, including collaborative advocacy strategies to secure necessary services that may not be readily accessible. Information on understanding the service delivery system, legislation and family rights and responsibilities are included in this section.
- **Collaborative relationships** with the professionals and community members in planning services for the program, community, or state. Strategies for problem solving and building partnerships between families and professionals are included.

To facilitate ordering materials listed in the bibliography, each resource is listed with the title, author, publisher, address, telephone number, date, price (effective May 1992) and a brief description of the resource. When ordering materials, it is suggested that the publishers listed be contacted for current prices and additional shipping costs if applicable.

Family Focused Service Delivery Guidelines

The selection of materials included in this bibliography are based on the guiding principles for family focused service delivery listed below:

Services for infants and preschoolers with special needs are most effective when families are involved as collaborative partners in the planning and delivery of services. Infants and preschoolers function within the context of their families and this ecological perspective is essential to comprehensive, meaningful interventions. Just as services for children are individualized, each family has unique concerns and priorities. Resources and services must be designed to meet the needs of the child and family in a cohesive manner. Family-focused service delivery is more than just a "best practice." Family professional collaboration is a required component in the federal and state legislation authorizing infant and preschool special education services. Early childhood special education programs may vary, depending on the needs and priorities of the families and the characteristics of their community, yet the following principles should guide the development of collaborative relationships between families and professionals.

Building the relationship

The heart of all services is building collaborative relationships between families and professionals. Family professional collaboration is built on the foundations of mutual respect for each others' perspectives and experiences, team work, and joint decision making. Relationships develop over time, yet all interactions between professionals and families can have a lasting impact and set the tone for future collaborative efforts.

Informed decision making

Early childhood special education programs must provide full information on resources, program options, sources of professional support, and how to access resources within the community. Programs can best support families by helping them learn about their children in light of their concerns, priorities, and questions. In partnership with the professional staff, the family is the primary decision maker concerning service needs.

Individualizing for each family

Individualized services should be provided which are flexible, accessible, and responsive to unique family issues. Each family has its own structure, roles, values, beliefs, and coping styles. Respect for and accommodation of the diversity of families, including culture, ethnicity, race, language, and socioeconomic status, is a cornerstone of family-centered services.

The level and nature of early childhood special education services should be determined by the family, supporting rather than supplanting the family's independence and competence.

Normalization

Families are families first; families with a child with special needs second. Families should have access to services provided in as normal a fashion and environment as is possible and that promote the integration of the child and family within the community. Programs, in collaborative planning with families, should incorporate what is "normal" for that particular family.

Families as Team Members

No one program, discipline, or agency can meet the diverse and complex needs of young children with special needs and their families. A team approach to planning and implementing services, with families as equal members, is essential to comprehensive services.

Implementing the Guidelines

These guidelines are suggested as a starting point for programs to develop their own vision of family-focused service delivery. Programs may want to consider three key elements:

- develop a philosophy for serving families with young children with special needs
- adopt a clear plan to implement this philosophy and
- evaluate services using their philosophy and operating principles as a criteria.

These guidelines are designed to promote individualization of services for each family and assume that a continuum of program and service options are available, as mandated by law. Programs may also want to consider using program parents (or parents of recent graduates) to assist in the development of the philosophy, operating principles, and ongoing evaluation as the true measure of services meeting the needs of the families.

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SECTION I

General Information

Child Development
Specific Disabilities
Early Intervention Resources
Resources in Other Languages
Additional Resources

CHILD DEVELOPMENT

Dear Mom and Dad —
A Baby's Letters to Her Parents
SCHECHTER, A.L.

1987. Project HOPE. San Diego County Office of Education. 6401 Linda Vista Road, San Diego, CA 92111-7399. For programs and agencies, call 619/292-3800. $10. For individuals, call 619/292-3724. $24.95.

A notebook of letters from the point of view of children, from birth to 2 years, on their development and the ways that parents can assist. Includes normal functioning guidelines in the following areas: Tactile, Vestibular, Health Care, Gross Motor, Fine Motor/Cognitive, Receptive Language, Expressive Language, and Social/Self Help. Pages for developmental milestones are included. Available in English and Spanish versions.

Developmental Checklist
THE ARC (ASSOCIATION FOR RETARDED CITIZENS)

Undated. ARC National Headquarters, P.O. Box 1047, Arlington, TX 76004. 817/261-6003. Single copy free. $13 for 100 copies.

This flier provides a summary list of the major developmental milestones for ages one month to 5 years which can be compared to a child's actual age.

Flexible, Fearful or Feisty —
The Temperaments of Infants and Toddlers
PROGRAM FOR INFANT TODDLER CAREGIVERS

1991. Child Development Division, California Department of Education, P.O. Box 944272, Sacramento, CA 94244-2720. 916/323-1342. $69. Available in English, Spanish and Chinese versions. Fifty accompanying video magazines.$12.50. VHS Videotape.

This video discusses the three different temperament styles of infants and toddlers: the Flexible Child, the Fearful Child, and the Feisty Child. It is helpful for parents and caregivers who wish to gain more understanding of the various temperaments of infants and how they can best be addressed in infant and toddler groups. Alicia Lieberman, Ph.D., is featured. (30 min.)

Infant Development:
A First Year Guide to Growth and Learning
JOHNSON AND JOHNSON PARENTING VIDEOS

1990. P.O. Box 45119, Jacksonville, FL 32232-9916. 800/537-2336. $17.95 for school or health agencies. $24. for others. VHS Videotape.

This video presentation includes Dr. T. Berry Brazelton, a national authority on infant development, and explores the child's unique emotional, cognitive, and physical development during the first year. (60 min.)

Infant Health Care:
A First Year Support Guide for New Parents
JOHNSON AND JOHNSON PARENTING VIDEOS

1990. P.O. Box 45119, Jacksonville, FL 32232-9916. 800/537-2336. $17.95 plus shipping for school or health agencies. $24.95 for others.
VHS Videotape.

A practical presentation focusing on "how to" basics for every new parent, this video includes Dr. T. Berry Brazelton as a guest speaker. (60 min.) The video is accompanied by a 12-page guidebook.

Stepping Stones:
Pathways to Early Development
TENNESSEE TECHNOLOGICAL UNIVERSITY, EDUCATIONAL TELEVISION INTERVENTION PROGRAMS PROJECT.

1986. Agency for Instructional Technology, P.O. Box A, Bloomington, IN. 47402-0120. 800/457-4509. $100 per program. $2,495 - Set of 30 programs. User's guide: $5.80. Leader's Guide: $2.40. Call for free preview. The series may be rented for 7 days. Each tape is 15 minutes. VHS Videotape.

The informative video presentations in this series show both typically developing children and children with special needs, such as those with spina bifida and Down syndrome. They illustrate the basic skills infants and toddlers usually master from birth to 36 months. The series is recommended for health and early intervention professionals, parents, and foster care providers.

The series features the following 30 programs:

1) Introduction; 2) Looking and Fixating; 3) Stretching and Moving Body Parts; 4) Tracking; 5) Head and Trunk Control; 6) Babbling and Vocalizing; 7) Rolling Over and Pushing Up; 8) Attending and Inspecting; 9) Reaching and Grasping; 10) Eating and Drinking; 11) Sitting; 12) Imitating Sounds and Actions; 13) Midline and Transfer Skills; 14) Object Permanence; 15) Crawling and Creeping; 16) Stacking, Building and Knocking Over; 17) Standing Up; 18) Shapes and Formboards; 19) Cruising and Toddling; 20) Playing and Socializing with Adults; 21) Placing and Removing Objects; 22) Making Toys Work; 23) Scribbling; 24) Looking at and Interacting with Books; 25) Climbing and Running, 26) Naming Objects and People; 27) Jumping; 28) Using Objects As Means-Ends; 29) Throwing and Catching; and 30) Conclusion.

SPECIFIC DISABILITIES

Cognitive Delays

Babies With Down Syndrome: A New Parents Guide
STRAY-GUNDERSEN, KAREN (ED.)
1986. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468-8800. 237 pp. $12.95.

This comprehensive guide is for new parents of babies with Down syndrome. Written by professionals and parents, this book covers everything new parents need to know about rearing children with Down syndrome in a caring environment. Information is provided about Down syndrome, medical concerns and treatments, daily care, family life, the baby's development, teaching and early intervention, and becoming an advocate for the child.

Down Syndrome
NATIONAL DOWN SYNDROME CONGRESS
1985. Revised Pamphlet. National Down Syndrome Congress, 1800 Dempster Street, Park Ridge, IL 60068-1146. 312/823-7550 or 800/232-6372. 14 pp. Free.

This introductory pamphlet on Down syndrome from a national organization contains information on developmental aspects, physical features, chromosome abnormality, and causes of Down syndrome. Genetic counseling is briefly covered. Children with Down syndrome are portrayed at different stages of life. Also available free from the National Down Syndrome Congress is a bibliography on resources for families and a listing of Down syndrome parent groups in California.

Journal of the Association for Persons with Severe Handicaps
THE ASSOCIATION OF PERSONS WITH SEVERE HANDICAPS (TASH)
11201 Greenwood Avenue North, Seattle, WA 98133. 206/361-8870. Annual membership: $94 professional; $60 student, family or paraprofessional.

This quarterly journal is available to TASH members. A monthly newsletter also is included with membership. Members also receive discounts on TASH conferences. The organization is involved in national advocacy for quality education services for individuals with severe disabilities and their families from birth through adulthood. TASH focuses on all educational services and programs, vocational concerns, and community living. The organization provides information on major trends in the field, research into best practices, and offers referral service to educational, health clinic and vocational rehabilitation programs.

Mental Retardation
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1991. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

This is a fact sheet of general information about mental retardation including a definition, the incidence of retardation in the general public, general suggestions for how persons with retardation are best served, and a list of resources and national organizations. It is a helpful orientation material for families.

New Perspectives on Down Syndrome
PUESCHE, SIEGFRIED M., TINGEY, CAROL, RYNDERS, JOHN E., CROCKER, ALLEN C., AND CRUTCHER, DIANE M.
1987. Paul H. Brookes Publishing Company, P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 393 pp. $32.95.

This book on Down syndrome is an essential and comprehensive reference. It covers the latest advances in medicine, education, and psychosocial developments. Although the chapters, composed of different professional conference presentations, are research-oriented and somewhat technical, readers will find information on best practices.

A Parent's Guide to Down Syndrome: Towards a Brighter Future
PUESCHEL, SIEGFRIED M.
1990. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 336 pp. $20.

The information in this book provides a thorough source for a family raising a member with Down syndrome. Taking a lifespan approach, it highlights developmental stages and shows recent advances that improve a child's quality of life. Adolescent and adult issues such as social and sexual needs, vocational options, and independent living are also addressed. A Spanish version is available.

Teaching the Infant With Down Syndrome: A Guide for Parents and Professionals
HANSON, MARCI J.
1987. 2nd ed. Pro-Ed, 8700 Shoal Creek Blvd., Austin, TX 78758. 512/451-3246. 288 pp. $26. plus $2.60 shipping. Free shipping with prepaid orders.

This expanded and updated version guides parents in observing the child's behavior and promoting the development of the infant through step-by-step strategies. The child's developmental milestones are addressed with specific appropriate activities that family members can do in the home independently as part of normal play and care routines. Other information including references, resource readings, and a baby record contribute to the value of the guide.

Deaf Blind

The Deaf-Blind Baby: A Programme for Care

FREEMAN, PEGGY

1985. Published by William Heinemann Medical Books, 23 Bedford Square, London WCIB 3HH. Available through Butterworths, 80 Montvale Avenue, Stoneham, MA 02180. 617/438-8464. 151 pp. $30.

A concise resource on the topic of care for infants with dual sensory impairments, this book is written by the author of *Understanding the Deaf/Blind Child.* The author is a teacher of children with multiple disabilities and is the parent of such a child. She combines her personal experience and knowledge in developing this program of care for the deaf/blind baby. The program is based on normal child development and offers practical guidance for activities in the home. The activities are accompanied by descriptions of their value for the child and family. The guide was written primarily for families but professionals working with these children will also find helpful ideas and information.

Fact Sheets from California Deaf/Blind Services

CALIFORNIA DEAF/BLIND SERVICES (CDBS)

1991-92. 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 800/822-7884. Free.

California Deaf/Blind Services is a federally-funded project which provides information resources, technical assistance and training to professionals and families serving individuals with dual sensory impairments. These one to five-page fact sheets supply general information on a specific topic of interest for individuals up to 22 years of age. More specific information for an individual student can be provided through individualized technical assistance available from CDBS. The fact sheet is intended to be a starting point for further information. Topics include: Deaf-Blindness, How to Interact With Individuals With Dual Sensory Impairments, Communication: What is He Trying to Tell Me?, Object Communication,Touch Cues, Light Sensitivity, Tadoma, Ideas for Recreation and Leisure Activities, Teaching Body Language, Developing Independence, Tolerating Touch, Appropriate Touch, Relaxation Strategies, Encouraging Exploration, Making Changes in Routines, Awareness of Medical Issues in Relation to Changes in Behavior (includes Resource List), Alphabet Soup: Acronyms Commonly Used in Special Education, and Individuals with Disabilities Education Act. More fact sheets are being created on an ongoing basis. Call CDBS for further information.

Hearing Impairments

Alexander Graham Bell Association for the Deaf

3417 Volta Place N. W., Washington, D.C. 20007-2778. 202/337-5220.

This national association is a membership organization comprised of parents, professionals, and adults with hearing impairments. The goal is the development of listening skills and spoken language in children and adults with hearing impairments. The Bell Association provides newsletters, journals, conventions, conferences, lending library, and other membership benefits. Since the association recognizes that parents are a vital part of the organization, new parents are eligible for a one-year free membership. To receive a free membership request one in writing from Elizabeth Quigley, Bell Association, in care of the above address.

Can Your Baby Hear?

ALEXANDER GRAHAM BELL ASSOCIATION FOR THE DEAF

3417 Volta Place N.W., Washington, D.C. 20007-2778. 202/337-5220. 1 p. flier.100 copies, $4. Available in Spanish.

For families concerned about the hearing of their children, this simple checklist describes the warning signs of hearing loss in babies. The material is useful as an introductory resource for families.

Choices in Deafness: A Parents Guide. Cued Speech, Oral Approach, Total Communication

SCHWARTZ, SUE (ED.)

1987. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468-8800. 215 pp. $12.95.

This is a guide designed to help families make the best choices for their children with hearing impairments or deafness by addressing the major approaches to assist individuals with these disabilities. Each chapter is written by an expert and is complemented by the personal accounts of parents who speak honestly about their concerns and the challenges faced by their children and families.

Hearing Alert! Brochure

ALEXANDER GRAHAM BELL ASSOCIATION FOR THE DEAF

3417 Volta Place N.W., Washington, D.C. 20007-2778. 200/337-5220. 4-panel brochure. 50 copies, $5., 100 copies. $8.

This brochure introduces parents to the problem of hearing loss and suggests available resources.

Listen! Hear!
For Parents of Hearing-Impaired Children
ALEXANDER GRAHAM BELL ASSOCIATION FOR THE DEAF
1979. 3417 Volta Place N.W., Washington, D.C. 20007-2778. 202/337-5220. 6-panel brochure. 10 copies, $6.50; 25 copies, $15; 50 copies, $25. Available in Spanish. 10 pp. 10 copies, $5; 25 copies, $8; 50 copies, $15.

This brochure gives stage-by-stage guidance for families of hearing impaired (deaf and hard-of-hearing) children ages birth to 6 years in developing speech, spoken language, audition, and cognition.

The National Association of the Deaf
814 Thayer Avenue, Silver Spring, MD 20910. 301/587-1788. (V/TDD).

This large consumer advocate organization serves as a clearinghouse for information and offers for sale more than 200 books on various aspects of deafness.

The National Information Center on Deafness (NICD)
Gallaudet University, Washington, D.C. 20002. 202/651-5488. A free catalog of materials is available.

This resource center is a centralized source of information on all aspects of deafness and hearing loss, including education of deaf children, assistive devices, and communication with hearing-impaired people.

Schedules of Development in Audition, Speech, Language, Communication, for Hearing-Impaired Infants and Their Parents
LING PHILLIPS, AGNES
1977. Alexander Graham Bell Association for the Deaf. 3417 Volta Place N.W., Washington , D.C. 20007-2778. 202/337-5220. 16 pp. $4.75.

An assessment guide and record of verbal learning for use by parents and teachers, this reference material allows parents to evaluate the development of their children.

When Your Child is Deaf: A Guide for Parents
LUTTERMAN, DAVID M. AND ROSS, MARK
1991. Alexander Graham Bell Association for the Deaf. 3417 Volta Place N.W., Washington, D.C. 20007-2778. 202/337-5220. $17.95.

A book providing information to parents on the emotional and educational processes of helping a hearing-impaired child, the material gives information, encouragement, and advice, as well as a balanced description of teaching approaches. It includes a thorough review of audiology procedures and amplification systems. The guide recognizes the importance of the parent's role in educating a child to speak and understand.

Language or Speech Disorders of Voice, Fluency, and Articulation

American Speech and Hearing Foundation (ASHA)
10801 Rockville Pike, Rockville, MD 20852. 800/638-8255. Information and resource line. For materials: 301/897-5700 Ext. 218.

This organization of speech and language pathologists publishes a number of valuable, well-designed, illustrated brochures for families who have concerns about the speech and language development of their children. Free brochures include Answers and Questions about Stuttering, Answers and Questions about Articulation Problems, Answers and Questions about Otitis Media, How to Buy a Hearing Aid, How Does Your Child Hear and Talk? and Recognizing Hearing Disorders (English and Spanish versions available).

Human Communication Disorders: An Introduction
SHAMES, G.H. AND WIIG, E. H.
1990. 3rd ed. MacMillan & Co., Mail Order Department, 100 Front Street, Riverside, NJ 08075. 800/428-3750. 624 pp. $40. plus $4. shipping.

A guide to speech and language disorders, this textbook offers comprehensive information for readers investigating various communication problems. The material is aimed at a professional audience, but parents who need detailed, research-based information on communication disorders will find useful information here.

Speech and Language Disorders
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1990. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

This fact sheet on speech and language disorders is useful as a brief introduction for families and includes definitions, general information about speech and language disorders, educational considerations, and a listing of resources and national organizations.

Your Child's Speech and Language: Guidelines For Parents
BROOKS, MARY M. AND ENGMANN-HARTUNG, DIEDRE
1978. Pro-Ed, 8700 Shoal Creek Blvd., Austin, TX 78758. 512/451-3246. 52 pp. $13. plus $1.30 shipping. Free shipping for prepaid orders.

This is a practical reference booklet for parents for understanding their child's speech and natural ways they can help contribute to speech and language development. The booklet contains information on normal speech and language development, guidelines and activities for speech and language stimulation organized by age level from birth to 5 years, and early identification of communication disorders, including stuttering. A bibliography followed by a form for recording speech and language milestones is also included.

Multiple Disabilities

Educating Children With Multiple Disabilities: A Transdisciplinary Approach
ORELOVE, FRED P. AND SOBSEY, DICK
1991. 2nd ed. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 367 pp. $28.

The transdisciplinary team model approach, in which professionals from a variety of disciplines and family members share information, jointly assess and plan services, is outlined in this text. It includes suggestions for a functional approach to assessment, intervention and evaluation techniques. Chapters include material useful for enhancing the functional abilities of children with multiple disabilities, integrating health care, and educational programs effectively, dealing with pertinent family issues, and field trends. This guide is aimed at a professional audience and young children are not a specific focus of the text, yet some families seeking in-depth information on teaching and caring of children with multiple disabilities will find the material useful.

Journal of The Association for Persons With Severe Handicaps
THE ASSOCIATION OF PERSONS WITH SEVERE HANDICAPS (TASH)
11201 Greenwood Avenue North, Seattle, WA 98133. 206/361-8870. Annual membership: $94. Professional, $60. Student, family or paraprofessional.

This quarterly journal is available to TASH members. A monthly newsletter also is included with membership. Members also receive discounts on TASH conferences. The organization is involved in national advocacy for quality education services for individuals with severe disabilities and their families from birth through adulthood. TASH focuses on all educational services and programs, vocational concerns, and community living. The organization provides information on major trends in the field, research into best practices, and offers referral service to educational, health clinic and vocational rehabilitation programs.

Physical Management of Multiple Handicaps
FRASER, B.A., AND HENSINGER, R.N.
1992. 2nd ed. (Formerly titled Managing Physical Handicaps: A Practical Guide for Parents, Care Providers and Educators) Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285. 800/638-3775. 352 pp. $34. plus $3. shipping.

This problem-solving book for families and professionals provides practical guidance around the day-to-day care and handling of children with severe physical disabilities. Information on communicating with these children is included.

Severe and/or Multiple Disabilities
1988. National Information Center for Children and Youth with Disabilities (NICHCY), P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

An introductory fact sheet for families, this material includes a definition of these disabilities, their characteristics and incidence in the general population, educational considerations, and related resources and organizations.

Orthopedic Impairments

Cerebral Palsy
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1990. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

An introductory fact sheet for families, this material includes general information on cerebral palsy including a definition, its incidence in the general population, its characteristics, educational considerations, and a listing of resources and organizations.

Children With Cerebral Palsy: A Parent's Guide
GERALIS, ELAINE
1991. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468-8800. 350 pp. $14.95.

This reference guide is a thorough overview edited by the mother of a child with cerebral palsy. Sections include diagnosis, family life, daily care, medical concerns, and treatment, early intervention, therapies, surgery, long-term planning, legal rights, and special education.

Children With Spina Bifida: Early Intervention and Preschool Programming
WILLIAMSON, G. GORDON (ED.)
1987. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285. 800/638-3775. 231 pp. $20.

Written for professionals by professionals from a variety of disciplines, this comprehensive and practical book contains useful information and medical, therapeutic and educational research on spina bifida. Some parents will find this technical material useful in gaining a deeper understanding of effective programs and practices for young children with spina bifida.

Handling the Young Cerebral Palsied Child at Home
FINNIE, NANCY R.
1975. Plume Publishing, available through Penguin USA, 375 Hudson Street, New York, NY 10014. 800/526-0275. 337 pp. $9.95 plus $1. shipping.

This reference contains descriptions and diagrams of handling techniques for everyday activities for young children with cerebral palsy such as toileting, eating, and dressing. The material in this classic text is valuable for parents and professionals.

Positioning for Infants and Young Children With Motor Problems

UNIVERSITY OF COLORADO HEALTH SCIENCES CENTER

1988. Distributed by Learner Managed Designs, Inc., 2201 K West 25th Street, Lawrence, KS 66047. 913/842-9088. $179. $4.50 shipping. VHS Videotape.

This videotape and manual familiarize the viewer with basic principles and techniques of positioning and handling infants with motor problems. The video demonstrates positioning infants in daily activities such as dressing, diapering, carrying, and transporting in carriers, strollers and car seats. Parents can use the videotape to teach babysitters, respite workers, day care givers, and other family members. (30 min.)

The manual, *Positioning for Infants and Young Children with Motor Problems* ($4.95 plus $.50 shipping) , contains the same information and is available separately as stand-alone material.

Teaching the Young Child With Motor Delays: A Guide for Parents and Professionals

Hanson, Marci J., and Harris, Susan R.

1986. Pro-Ed, 5700 Shoal Creek Blvd., Austin, TX 78758. 512/451-3246. 228 pp. $26. plus $2.60 shipping. Free shipping for prepaid orders.

A guide for families of young children with movement difficulties, this reference supplies readers with practical information and ideas for developing skills in the motor, cognitive, social and communication areas. Developmental milestone charts and sheets for recording infant progress are included. A variety of resources including adaptive equipment suppliers, organizations, and a glossary of professional terms are also featured.

Other Health Impairments

Become Informed About Your Child's Special Health Needs: Collaboration Among Parents and Professionals

PACER CENTER, INC.

1989. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 2 pp. $1.

Health issues are often key concerns for families of children with disabilities. This resource includes strategies and checklists to help families get organized, ask questions, make contacts, and find information. A list of publications is also included.

CPR and Emergency Choking Procedures for Infants and Young Children

UNIVERSITY OF COLORADO HEALTH SCIENCE CENTER SCHOOL OF NURSING

1988. Learner Managed Designs, Inc., 2201 K West 25th Street, Lawrence, KS 66047. 913/842-9088. $179. plus $4.50 shipping. VHS Videotape.

People who care for infants or young children should know emergency first aid information. The video is not intended as a replacement for actual CPR training, but is an introductory overview of the material. (37 min.)

The manual *CPR and Emergency Choking Procedures for Choking for Infants and Young Children* (16 pp. $4.95 plus $.50 shipping) contains the same information as the video and may be purchased separately and used as a stand-alone product.

Caring for Your Baby and Young Child Birth to Age 5: The Complete and Authoritative Guide

SHELOV, STEVEN P., M.D. (ED).

1991. Bantam Books, 666 Fifth Avenue, New York, NY 10103. 212/765-6500. 676 pp. $29.95.

Produced by the American Academy of Pediatrics, the primary medical organization with responsibilities for the care of young children, this current, state-of-the-art reference book addresses key medical and parenting issues. This comprehensive guide, written in a warm and accessible style, includes a month-by-month guide for normal growth and development, nutritional guidelines, and suggestions for appropriate toys, and child safety measures. The second half of the book contains a guide to health problems. Illustrated with over 300 fine drawings, this guide is a key family reference to childrearing and medical concerns.

Children With Epilepsy: A Parent's Guide

REISNER, HELEN.

1988. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468-8800. 314 pp. $12.95.

A complete and compassionate guide, this text provides up-to-date and accurate information which is clearly presented by a mother of a child with epilepsy. Written contributions are included from doctors, therapists, educators, lawyers and parents. The book is a winner of the National Book Award from the Epilepsy Foundation of America.

Children with Handicaps: A Medical Primer

BATSHAW, MARK L. AND PERRET, YVONNE M.

1986. 2nd ed. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 473 pp. $26.

This comprehensive text helps answer questions about possible causes of developmental disabilities before, during, and after birth. The guide includes an introduction to genetics and heredity and concise information on a variety of disabilities.

Epilepsy: You and Your Child

EPILEPSY FOUNDATION OF AMERICA

1990. Epilepsy Foundation of America, 4351 Garden City Drive, Suite 406, Landover, MD 20785. 800/332-1000. 30 pp. $.95

This guide is a useful introduction to epilepsy for family members. The foundation maintains a large database of information on epilepsy and seizure disorders for fami-

lies and professionals. The organization also publishes a newsletter, *Epilepsy USA*, free to members, which includes up-to-date information on medications, legislation and issues as well as a letter/pen pal exchange for children and adults with epilepsy. Low-cost brochures for families on epilepsy are available in Spanish and African-American. An Allied Health Packet is also available through 800/332-4050. A free catalog listing books, pamphlets, brochures and videos is available.

Feeding Infants and Young Children with Special Needs

UNIVERSITY OF COLORADO HEALTH SCIENCE CENTER SCHOOL OF NURSING

1989. Learner Managed Designs, Inc. 2201 K West 25th Street, Lawrence, KS 66047. 913/842-9088. $179. $4.95 for accompanying manual. $4.50 shipping. VHS Videotape.

This instructional video shows many problems that can occur at birth or as an infant matures that may prevent development of the sucking and swallowing natural to most babies. The material addresses how to overcome feeding problems and to help develop more satisfying feeding patterns. (26 min.)

The manual, *Feeding Infants and Young Children with Special Needs* ($4.95 plus $.50 shipping) contains the same information and may be purchased seperately and used as a stand-alone product on this subject.

First Aid Reference Guide

OREGON TRAIL CHAPTER, PORTLAND, OREGON OF THE AMERICAN NATIONAL RED CROSS

1990. Available through the local Red Cross Office, or Sacramento Chapter, American National Red Cross, 8928 Volunteer Lane, Suite 100, Sacramento, CA 95826. 916/368-3131. 76 pp. $5. plus $2. shipping.

This guidebook was designed to be a quick reference that can be carried in a pocket or purse in responding to emergencies. Adult, infant and child first aid, CPR and choking rescue techniques are covered. Critical topics are illustrated. The guide is not intended as a substitute for taking classes on CPR and first aid, but is a valuable resource for families.

Home Gastrostomy Care for Infants and Young Children

UNIVERSITY OF COLORADO HEALTH SCIENCE CENTER SCHOOL OF NURSING

1990. Learner Managed Designs, Inc., 2201 K West 25th Street, Lawrence, KS 66047. 913/842-9088. $179. $4.95 for accompanying manual. $4.50 shipping. VHS Videotape.

Advances in health care technology allow many infants and young children who can not take adequate food or fluids by mouth to live at home and be fed through a gastrostomy. This video covers all aspects and safety considerations around the use of gastrostomy tubes. The importance of maintaining a warm and loving environment for the child is shown. (27 min.)

The manual, *Home Gastrostomy Care for Infants and Young Children* (18 pp. $4.95 plus $.50 shipping), contains the same information and is available as a stand-alone product on this subject.

Home Tracheostomy Care for Infants and Young Children

UNIVERSITY OF COLORADO HEALTH SCIENCE CENTER SCHOOL OF NURSING

1989. Learner Managed Designs, Inc., 2201 K West 25th Street, Lawrence, KS 66047. 913/842-9088. $179. $4.95 for accompanying manual. $4.50 shipping. VHS Videotape.

This video presentation is a valuable guide to tracheostomy care. It focuses on a medical condition that has moved out of the realm of hospital care and into the home. The material covers the spectrum of home care families need to assist their children. (37 min.)

National Epilepsy Library

4351 Garden City Drive, Suite 406, Landover, MD 20785. 800/EFA-4050 or 301/459-700.

Free 1991-1992 catalog of videos, pamphlets, posters and books.

Nutrition for Infants and Toddlers with Special Needs

UNIVERSITY OF COLORADO HEALTH SCIENCE CENTER SCHOOL OF NURSING

1991. Learner Managed Designs, Inc., 2201 K West 25th Street, Lawrence, KS 66047. 913/842-9088. $99. for videotape. Includes viewing guide. $4.50 for shipping. VHS Videotape.

Children with special health care needs often have special nutritional needs. Because of medications that must be taken or the condition itself, these children often are unable to maintain healthy growth and development. This slide-based video gives information on food nutrients. Some misconceptions about nutrition are covered. How the caregiver's relationship with the child can affect nutrition are discussed. A team of professionals and caregivers is shown developing a feeding plan.

The Ostomy Book: Living Comfortably with Colostomies, Ileostomies, and Urostomies

MULLEN, BARBARA DORR AND MCGINN, KERRY ANNE, R.N.

1990. Bull Publication Co., P.O. Box 208, Palo Alto, CA 94302. 415/322-2955. 236 pp. Limited copies available through the Special Needs Project, 1482 East Valley Road, #A- 121, Santa Barbara, CA 93108. 800/333-6867. Fax 805/969-5449. $11.95.

Written by women personally familiar with ostomy, this newly revised book answers the questions of families with these needs. The guide describes ostomies and practical information for parents on their management through the child's life.

Parenting the Infant With Prolonged Hospitalization

POLYMORPH FILMS. POKORNI, JUDITH M.D.

PEDS Series (Parent)1990. 118 South Street, Boston, MA 02111. 617/542-2004. $175. VHS Videotape.

A videotape which addresses issues families face when their babies must spend extended periods in the hospital, this presentation includes practical suggestions for making the best of a challenging situation. The tape shows ways parents can contribute to the care of the infant, ways sisters, how hospital staff members can be resources, and ways family members can deal with their feelings and find support. (12 min.)

Physical Disabilities and Special Health Problems

NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)

1991. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

A brief introductory fact sheet for families and the public, this material includes an overview of some of the most common forms of physical disabilities and health problems, their relative incidence and a listing of resources and national organizations.

Pre-Feeding Skills: A Comprehensive Resource for Feeding Development

MORRIS, SUZANNE EVANS AND KLEIN, MARSHA DUNN M. (ED.), OTR.

1987. Communication Skill Builders, 3830 East Bellevue /P.O. Box 42050-E92, Tucson, AZ 85733. 602/323-7500. 602/325-0306 Fax. 414 pp. $49. plus $4.90 for shipping.

From anatomy and normal development to assessment and treatment, this guide provides a framework for developing plans for a variety of feeding problems. Reproducible checklists and charts are included for tracking the progress of the child. It is a helpful resource for parents, professionals or for inservice training.

Promoting Health Through Part H: Promoting the Health of Infants and Toddlers with Disabilities through Part H of the Individuals with Disabilities Education Act

THE HEALTH FOCUS GROUP OF THE NATIONAL EARLY CHILDHOOD TECHNICAL ASSISTANCE SYSTEM (NEC*TAS)

National Center for Clinical Infant Programs. NEC*TAS, CB# 8040, Suite 500 NCNB Plaza, Chapel Hill, NC 27599-8040. 919/962-2001.

Part H of the Individuals with Disabilities Act (IDEA) is a significant part of a growing national effort to improve health and developmental outcomes for vulnerable infants and toddlers. Part H emphasizes family-centered care, service coordination, comprehensive services, outreach to traditionally underserved groups, and systematic, and appropriate training. Recently enacted maternal and child health, mental health, Medicaid, and child care legislation at the federal level share these emphases, as do many recent state and local legislative and administrative initiatives. This document is the result of a two-day meeting of the Heath Focus Group of NEC*TAS. Illustrates the complex issues involved in providing appropriate care to infants and toddlers who are at-risk of having disabilities and their families. The document makes several recommendations for agencies, training institutions, and governmental bodies involved in early intervention services. The material is intended for a professional audience but may be of interest to parents concerned with local planning or policy or those involved in Part H interagency council activities within the state's local planning areas.

Standard First Aid Workbook

AMERICAN NATIONAL RED CROSS

1991 Revised Edition. Available through local Red Cross Offices or Sacramento Chapter, American National Red Cross, 8928 Volunteer Lane, Suite 100, Sacramento, CA 95826. 916/368-3131. 180 pp. $8.50 plus $2. shipping. English and Spanish versions are available.

A clear and useful workbook accompanying Red Cross community training courses, this guide includes a wealth of accurate and up-to-date information on first aid, CPR and emergency choking procedures for adults. Excellent illustrations are included in the text. Although the workbook was designed for use in the training course, the information is valuable for an introduction or review of the material. The guide serves as an ideal home reference companion material to the Red Cross First Aid Reference Guide.

Premature, Medically Fragile, At-Risk Infants

Developmental Steps: A Guide For Parent to Infant Development In the Intensive Care Nursery

FLUSHMAN, BETTE L. AND VANDENBERG, KATHLEEN A.

1986. Children's Hospital Medical Center. Distributed by Education Programs Associates, Inc., 1 West Campbell Avenue, Building D, Campbell, CA 95008. 54 pp. $10. plus $4. shipping and handling. 408/374-1210.

This illustrated guide suggests sensitive ways that parents of premature infants in the intensive care nursery (ICN) can help their baby in the first months of life in a hospital setting. The useful text includes various stages that the premature infant passes through, the special needs child, and bringing the baby home. Lists of books and pamphlets are also included.

Parenting the Growing Premie

POLYMORPH FILMS. PEDS VIDEO SERIES (PARENT)

1990. 118 South Street, Boston, MA 02111. 617/542-2004. $175. VHS Videotape.

This video portrays developmental intervention in a hospital setting. An overview of premie development is

presented. The program encourages sensitive handling of the premature child, appropriate interactions with the infant and attempts to prepare family members for the infant's discharge from the hospital. (9 min.)

Parenting the Infant With Prolonged Hospitalization
POLYMORPH FILMS. POKORNI, JUDITH M.D.
PEDS Series (Parent)1990. 118 South Street, Boston, MA 02111. 617/542-2004. $175. VHS Videotape.

A videotape which addresses issues families face when their babies must spend extended periods in the hospital, this presentation includes practical suggestions for making the best of a challenging situation. The tape shows ways parents can contribute to the care of the infant, ways sisters, how hospital staff members can be resources, and ways family members can deal with their feelings and find support. (12 min.)

Premature Baby Book: A Parent's Guide to Coping and Caring in the First Year
HARRISON, H. AND KOSITSKY, A.
1983. Communication Skill Builders, 3830 East Bellevue, P.O. Box 42050-P90, Tucson, AZ 85733. 602/323-7500. 273 pp. $16.95.

A comprehensive reference for parents and therapists, this book provides specific developmental and medical information, and "how to's" when the baby comes home from the hospital. The text includes interviews with neonatalogists, intensive care workers, and therapists balanced with the actual experiences of parents of premature babies. A list of resources is also included.

Special Care Parents Bibliography of Resources on Premature Infants
SARMENTO, D. (ED.)
1991. Special Care Parents, P.O. Box 22322, Sacramento, CA 95822. 10 pp. Free.

This bibliography was prepared by a community-based volunteer organization of parents. It is a valuable resource for parents who have experienced a high risk pregnancy or delivered a high risk infant. The bibliography includes many useful books, magazines, cassette tapes, videos and newspaper articles.

Understanding My Signals: Help for Parents of Premature Infants
HUSSEY, BRENDA
1988. Vort Publications, P.O. Box 60680, Palo Alto, CA 94306. 415/322-8282. Available in English and Spanish. An accompanying user's guide for professionals is available. 14 pp. $3.95 for single copy of sample set (one user's and professional guide). 20 booklets with a professional guide for $29.95 plus $3. shipping.

This practical photo booklet was designed to help families of premature infants learn to recognize and respond to their baby's various behavioral signals. The material is written from an infant's point of view.

Serious Emotional Disturbance and Autism

Autism
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1991. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

A brief fact sheet introducing parents and the public to autism, the material covers a definition of autism, its rate of incidence in the general population, its characteristics, educational implications, a list of resources and national organizations.

Behavioral Disorders in Children: A Book for Parents
LOVE, HAROLD D.
1987. Charles C. Thomas Publishing Co., 2600 First St., Springfield, IL 62794-9265. 217/789-8980. 8[illegible] pp. $16.75.

Written in a direct and informative style, this text summarizes behavior problems in children, describes symptoms, and offers families resources. A variety of problems are addressed including mild and severe emotional disorders. Information on prevention is featured. Assessment and diagnostic tools are discussed and educational strategies are suggested.

Children With Autism: A Parent's Guide
POWERS, MICHAEL D. (ED.)
1989. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468-8800. 200 pp. $12.95.

Beginning with thorough background information about autism, this guide also includes chapters on adjustment, treatment, daily care, development, special education, and legal rights. It is especially helpful for parents at the time of the child's initial diagnosis.

The Difficult Child
TURECKI, STANLEY, M.D.
1989, second printing. Bantam Books, 666 5th Street, New York, NY 10103. 800/223-6834 or 212/765-6500. $9.95.

The focus of this text is on a variety of types of "difficult" children although not solely on young children. Sound advice is offered for raising children with difficult temperaments, with specific suggestions for discipline; mediating conflicts; getting the support needed from schools, doctors, and other parents; and making the most of the creativity and potential of the child.

Portland State University Research and Training Center

REGIONAL RESEARCH INSTITUTE FOR HUMAN SERVICES

P.O. Box 751, Portland, OR 97207-0751. 503/725-4040.

A center which focuses on research and training to improve services for children with severe emotional disabilities publishes resources for families. The Research and Training Center provides a free list of organizations, books, training materials on parent professional collaboration, journals, newsletters, films, and videotapes and publishes free fact sheets: *Mental, Emotional , and Behavioral Disorders in Children and Youth* (1990, 4 pp.), *Attention Deficit Hyperactivity Disorder* (1990, 2 pp.), and *Early Intervention Services* (1990, 2 pp.). A parent workbook, *Taking Charge: A Handbook for Parents Whose Children Have Emotional Handicaps* (1987, 109 pp. $7 including shipping, prepaid orders by check only) is also available. The institute prints a free quarterly newsletter, *Focal Point.*

Specific Learning Disabilities

Attention Deficit Disorder

FOWLER, MARY

1991. NICHCY Briefing Paper. National Information Center for Children and Youth with Disabilities (NICHCY). P.O. Box 1492, Washington, D.C. 20013-1492. 800/999-5599. 8 pp. Free.

This briefing paper defines Attention Deficit Disorder (ADD), possible causes, signs of ADD in children, assessing and diagnosing ADD, treatment components, ways to promote self esteem, special education, legal rights and support groups. A bibliography of print materials and a listing of organizations is included. A table is provided with diagnostic criteria for Attention Deficit Hyperactivity Disorder (ADHD) as listed by the American Psychiatric Association's 1987 guidelines.

A Child's First Words: How Speech and Language Development in Children Under Age 4 Can Affect Their Ability to Learn

ORANGE COUNTY CHAPTER OF LEARNING DISABILITIES ASSOCIATION OF CALIFORNIA

P.O. Box 25772, Santa Ana,CA 92799-5772. 714/846-0133. $24.50 including shipping and tax. VHS Videotape.

A videotape for families and professionals which stresses the importance of early identification and intervention with young children with speech problems, this presentation shows the relationship between early speech and language problems and later learning disabilities. Includes interviews with researchers, early intervention program staff, and parents involved with children 2-5 years old. Developmental milestones are discussed to help identify speech and language problems. The tape is useful as an introduction to family and community members about identifying youngsters who may need help and services available for young children. (18 min.)

Learning Disabilities

NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)

1991. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

This brief fact sheet introduces families to the subject of learning disabilities. Young children with learning disabilities are not specifically addressed. The material includes general information and characteristics, educational considerations, and a listing of resources and organizations.

The Misunderstood Child: A Guide For Parents of Learning Disabled Children

SILVER, LARRY B., M.D.

1984. 2nd ed. McGraw-Hill, 11 West 19th Street, New York, NY 10011. 800/722-4726 or 212/512-2000. 21 pp. $14.95.

With special attention directed toward the child, this clear guide by a child psychiatrist contributes to a greater understanding of learning disabilities. The book encourages an informed advocacy role for parents and professionals. Advice is offered for problems typically connected with this diagnosis. Some of the "controversial therapies" are summarized, with cautions concerning their use. Assessment, treatment, and programming are covered, and the author offers practical suggestions for families in home and educational settings.

A Parent's Guide to Attention Deficit Hyperactive Disorder in Children

GOLDSTEIN, SAM AND GOLDSTEIN, MICHAEL, M.D.

1989. 2nd ed. The Neurology, Learning and Behavior Center. 230 South 500 East, Suite 100, Salt Lake City, UT 84102. 801/532-1484. 801/532-1486 Fax. 22 pp. $3.50 plus $.50 shipping.

A concise booklet for families and professionals, this guide contains chapters on the definition of Attention Deficit Hyperactive Disorder (ADHD), hypothesized causes, behavior and issues in preschool, elementary, and secondary settings. The text also discusses the use of medications and practical behavioral interventions for classrooms.

Sourcebook for Children With Attention Deficit Disorder: A Management Guide for Early Childhood Professionals and Parents

JONES, CLARE B.

1991. Communication Skill Builders, 3830 E. Bellevue, P.O. Box 42050, Tucson, AZ 85733. 602/323-7500. 184 pp. $29.95 plus $3. shipping.

This guide includes practical suggestions and hands-on activities for management of these behaviors in the classroom and at home. A list of resources for families is also included.

What Every Parent Should Know About Learning Disabilities
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1991. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 10 pp. Free.

An article which presents key facts and information about learning disabilities, this is a useful introductory resource for family members on learning disabilities in children. Infants and preschoolers are not the focus of the material.

Visual Impairments

American Foundation for the Blind (AFB)
15 West 16th Street, New York, NY 10011. 212/620-2155. Region VI Office, San Francisco, CA 415/392-4845. 1991-92.
Publications catalog in print or Braille. Free.

A national organization that provides resources, information and consultation for persons who are blind or visually impaired, AFB carries a variety of print publications and videos listed in a free publications catalog. *Preschool Vision Stimulation: It's More than a Flashlight!* by Lois Harrell and Nancy Akeson (1987, 60 pp., $9. plus $3. shipping) offers information on the special needs of preschool children with visual impairments, and a parent guide for seeing the opthalmologist. *Show Me How: A Manual for Parents of Preschool Visually Impaired and Blind Children* (1982, 56 pp., $8.95 plus $3. shipping) is a manual of activities for development, play and daily living skills for families of preschool children; *Parenting Preschoolers: Suggestions for Raising Young Blind and Visually Impaired Children* (1984, 28 pp., available only in packages of 25, $30. plus $3. shipping) is another helpful booklet for families of preschoolers. Building Blocks (1991, text in English or Spanish, $18.95 plus $3. shipping. In VHS Videotape: $19.95 plus $3.50 shipping) presents common causes of visual impairments, foundations for learning, teaching strategies for young children with visual impairments, activities and games, the importance of preschool interventions, tips for parents and professionals, sources of information, supplies and equipment.

Blind Children's Center
4120 Marathon Street, P.O. Box 29159, Los Angeles, CA 90029-0159. 213/664-2153 or 800/222-3567.

This center offers a number of useful publications of interest to families. These inexpensive materials encourage fun and meaningful interactions between parent and child. Publications include *Dancing Cheek to Cheek: Nurturing Beginning Social Play and Language Interactions* ($3.) and *Learning to Play* ($1.). Guides available in English and Spanish versions include *Talk to Me I and II* ($1. each), *Move with Me* ($1.00), and *Heart to Heart: Parents of Blind and Partially Sighted Children Talk about Their Feelings* ($1.).

Blindness and Early Childhood Development
WARREN, DAVID H.
1984. rev. ed. American Foundation for the Blind, 15 West 16th Street, New York, NY 10011. 800/232-5463 or 212/620-2155. 384 pp. $19.95 plus $3.50 shipping.

This book is a scientific and comprehensive text on understanding the effects of visual impairments on the development of young children in the perceptual, motor, cognitive, language, emotional, and personality areas. It will be of interest to families seeking an in-depth understanding of this topic. The author also includes suggestions for fostering overall development in children with visual impairments.

Can't Your Child See ?: A Guide for Parents of Visually Impaired Children
SCOTT, EILEEN P., JAN, JAMES E., AND FREEMAN, ROGER D.
Second Edition. 1985. Pro-Ed, 8700 Shoal Creek Blvd., Austin, TX 78758. 512/451-3246. 248 pp. $22. plus $2.20 shipping. Free shipping with prepaid orders.

A practical guide for families, this resource covers the effect of blindness on all stages of a child's development from birth through adulthood. It includes guidance for the family in contributing to the development and welfare of the child with visual impairments and contains information on children who have other disabilities in addition to the limitations of their sight.

National Library Services for the Blind and Physically Handicapped. Northern California: Braille and Talking Book Library
California State Library, 600 Broadway, Sacramento, CA 95818. 800/952-5666 or 916/322-4090. Southern California: Braille Institute Library Services, 741 North Vermont Avenue, Los Angeles, CA 90029. 800/252-9485 or 213/660-3880. A catalog of printed materials and videos is available through both libraries.

This free library service features "Talking Books," books which have been recorded on audio cassette tape. The tapes can be checked out by families and played on a free, loaned audio cassette player. Braille materials are also available.

An Orientation and Mobility Primer For Families and Young Children
DODSON-BURK, BONNIE AND HILL, EVERETT, W.
1989. American Foundation for the Blind (AFB), 15 West 16th Street, New York, NY 10011. 212/620-2000. 800/232-5463. 48 pp. $8.95 plus $3.00 shipping.

This primer is filled with practical suggestions for guiding families of blind or visually impaired children in the area of mobility. The guide tells how to help children learn about their environment. Information about sensory training, concept development, motor development and orientation skills is included.

Parents' Guide to the Development of Preschool Children with Disabilities: Resources and Services. Reference Circular. No. 92-1.
1992. National Library Service to the Blind and Physically Handicapped, Library of Congress, Washington, D.C. 20542. 1992. 22 pp. Free.

This reference includes listings and descriptions of national resources and services for families of preschool children with visual or physical disabilities to assist them in promoting the development of their child from infancy to age five. The listing includes organizations, producers, and distributors. The circular includes special-format materials in braille, cassettes, large print, and records, educational games, toys and play equipment, articles, books, magazines, and the following pamphlets: *A Selected Bibliography and National Organizations Concerned with Infants,Toddlers*, and *Preschool Children with Disabilities.*

Other Reference Circulars include:

Building a Library Collection on Blindness and Physical Disabilities Basic Materials and Resources. 1990.

Learning Disabilities: National Information and Advocacy Organizations. 1990.

Sources of Audiovisual Materials about Handicapping Conditions. 1985.

Sources of Braille Reading Materials. 1985.

Bibliographies published by the Reference Section: (All free on request.)

Assistive Technology: A Selective Bibliography. 1992.

Disability Awareness and Changing Attitudes. 1991.

Library and Information Services to Persons with Disabilities. 1989.

Selected Readings for Parents of Preschool Handicapped Children. 1986.

Preschool Learning Activities for the Visually Impaired Child: A Guide for Parents
NATIONAL ASSOCIATION FOR PARENTS OF THE VISUALLY IMPAIRED (NAPVI)
1986. 2180 Linway Drive, Benoit, WI 53511. 800/562-6265. 91 pp. $9.50. NAPVI also has a free basic information packet for families and professionals and a free catalog of publications and videotapes.

The Illinois Department of Education produced this practical guide for families. The pages of this book are filled with ideas for games and activities for families that build skills for young children with visual impairments.

Reach Out and Teach
FERRELL, KAY ALICYN
1985. American Foundation for the Blind (AFB), 15 West 16th Street, New York, NY 10011. 212/620-2155. 254 pp. $40. plus $4.50 shipping.

A handbook and accompanying workbook for parents of visually impaired children or children with multiple disabilities, these texts are full of information on ways families can contribute to the motor and cognitive development of their children. Fine photographs and drawings illustrate this book. A resource bibliography is also included.

Visual Impairments
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1991. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 2 pp. Free.

An introductory fact sheet for families, this material discusses general information about visual impairments including a definition, characteristics, incidence, educational considerations, and a brief listing of resources and national organizations.

Other Disabilities and Rare Disorders

Direct Link
P.O. Box 1036, Solvang, CA 93463. 805/688-1603.

Direct Link is a nonprofit organization that offers information and referral services for anyone questions or topics, including rare disorders. The organization specializes in linking people with disabilities, families, and agencies.

National Organization for Rare Disorders (NORD)
P.O. Box 8923, New Fairfield, CT 06812. 800/447-6673 or 203/746-6581.

This organization serves families of children with rare disorders by supplying specific disability information and the names and addresses of parents of children in their regions with the same syndromes or disorders.

EARLY INTERVENTION RESOURCES

Overviews

About Children With Special Needs
CHANNING L. BETE COMPANY, INC.
Rev.1990. 200 State Road, South Deerfield, MA 01373-0200. 800/628-7733. 15 pp. For 1-24 copies, $.85 each, for 25-99 copies, $.75 each, and for 100-499 copies, $.50 each. Also available in Spanish.

This booklet uses short text and many illustrations to orient caregivers and families about who children with special needs are, reasons to learn more about them, early identification and programs, and how to seek and provide help for children with exceptional needs.

Handicapped Infants and Children: A Handbook for Parents and Professionals
TINGEY-MICHAELIS, CAROL
1983. PRO-ED, 8700 Shoal Creek Boulevard, Austin, TX 78758-6897. 512/451-3246. 224 pp. $24. plus $2.40 shipping. Free shipping with prepaid orders.

This guide has information on how to meet the needs of children with disabilities with the least disruption to the family. The book helps parents organize daily routines and family and neighborhood interactions as well as collaboration and cooperation to obtain the necessary medical, educational, and public services required by children with disabilities and their families.

If Not Now...When? The Story of Early Intervention
California Department of Education. Special Education Division. Available from Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. $20. VHS Videotape.

This video discusses the needs for early services for young children with disabilities and documents the variety of programs available to infants and their families in California through education agencies, hospitals, regional centers, and other agencies. (23 min.)

Parent Resource Guide
FAMILY EMPOWERMENT PROJECT, WASHINGTON PAVE.
Rev. 1990. 12208 Pacific Highway South West, Tacoma, WA 98499. 206/588-1741. 110 pp. $2.50.

This comprehensive guide in notebook form helps families get oriented and organized to deal with their child's special needs. It includes sections on Parent Help, Communication, Washington State and Federal Law, Record Keeping, and Medical Concerns. This notebook should be considered core family material.

Schools Meet the Challenge: Educational Needs of Children At Risk Due to Prenatal Substance Exposure
POULSEN, MARIE KANNE
1993. Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 66 pp. $10.

This guide is intended for educators and service providers serving children who are at risk due to substance exposure. The resource presents prenatal and neonatal risk factors, infant neurodevelopmental characteristics, and behavioral and learning risk factors of young children prenatally exposed to substances. Issues around providing services to at-risk children are described. Successful, comprehensive intervention programs used in two California districts are described. The material is clearly directed toward a professional audience, but interested caregivers and family members involved with at-risk children will find information of value in these pages.

Special Education Rights and Responsibilities
COMMUNITY ALLIANCE FOR SPECIAL EDUCATION (CASE)
1991. 3rd ed. 1031 Franklin Street, Suite B5, San Francisco, CA 94109. 415/928-2273. Chapters may be purchased separately for $1. each.

Early Intervention Services, Chapter 13. (5 pp.) This chapter addresses Public Law 99-457, federal law that expanded services for children birth through 5 and their families. It includes information on services mandated by law, what children are served, who provides services, and the individualized family service plan (IFSP).

Preschool Education Services, Chapter 12. (7 pp.). This chapter presents information on Public Law 99-457, referral and eligibility criteria for special education services, eligibility for related services such as speech therapy, physical therapy, least restrictive environment, and hours of service.

Assessment

Assessment Booklet
PACER CENTER, INC.
1989. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 41 pp. $4.

This booklet looks at assessments currently used in schools. It is designed to help parents understand the tests used with their child, what qualities the test evaluate, and what other assessments may be appropriate. Assessments include intelligence, speech/language, perceptual motor, adaptive behavior, diagnostic systems, reading, writing/speech math, academic achievement, screening devices, personality, preschool, and vocational/transitional measurements. References and an 8-page section on instruments and procedures for assessing young children are included.

Early Childhood Assessment Tools: Annotated Bibliography

GUARNERI, G. AND CARR, A. (EDS.)

1990. Personnel Development for Infant Preschool Programs, 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5920. 54 pp. Free.

This concise annotated bibliography is designed to assist early childhood personnel in the selection of appropriate assessment tools for young children. Assessment tools that are available, valid, reliable, appropriate for young children and widely used in the state are listed with approximate prices. The selected materials are grouped into four categories: Developmental Screening Tools, Parent Report Measures, Standardized Measures, and Assessment Tools for Program Planning. The primary audience for this helpful resource will be professional, but some parents may find the material of interest in gaining a greater understanding of the assessment process.

Team Assessment in Early Childhood Special Education: A Trainer's Resource Guide

PERSONNEL DEVELOPMENT FOR INFANT PRESCHOOL PROGRAMS

1988. Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 204 pp. $30.

This manual provides a detailed curriculum for professionals in the early childhood special education field. The text presents a philosophy and framework for implementing team assessment, emphasizing a child and family-focused approach. Creative training activities and annotated bibliographies are included in each chapter. Information is provided on foundations for a family approach, development of the team, clinical procedures and interpretations of infant-toddler, and preschool assessment, observations of play behavior, foundations for understanding parent-child interaction, crosscultural issues and the linking of assessment to program planning. Although this training and reference work was written for professionals, families interested in a thorough understanding of team assessment will find the guide useful.

Testing of Young Children: Concerns and Cautions

NATIONAL ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (NAEYC)

1988. 1834 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. 8-panel brochure. $10. for 100 copies, single copy $.50.

This concise brochure presents a summary of NAEYC's position on the standardized testing of young children ages 3 - 8. It describes the types of tests used with young children and discusses cautions regarding the use of standardized tests. A summary of NAEYC's assessment recommendations for families and teachers is included.

Early Intervention Strategies in Group, Program, and Home Settings

Character Development: Encouraging Self-Esteem and Self-Discipline in Infants, Toddlers, and Two-Year Olds

GREENBERG, POLLY

1991. National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460 or 202/232-8777. 197 pp. $8.

Twelve essays, with practical, problem solving points of view, are included in this book for family child care providers and infant toddler teachers. The author challenges her readers to consider many issues about the development of infants and toddlers and their proper care. Although the book is written largely for a professional audience and children with exceptional needs are not a focus of the material, families with interest in key child care issues for very young children will find many ideas and suggestions to consider.

Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth Through Age 8

BREDEKAMP, S.

1986. Expanded ed. National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460 or 202/323-8777. 92 pp. $5.

This material includes NAEYC's position papers and program descriptions on developmentally appropriate practice in early childhood programs (for varying age groups), and a chapter on informing others about developmentally appropriate practices. This information is valuable to family members and specialists in summarizing best present knowledge about how children typically develop and learn and the key components of quality early childhood programs.

Developmentally Appropriate Practice: Birth Through Age 5

National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460. $39. VHS Videotape.

This videotape depicts teachers and children in action in developmentally appropriate programs and also points out inappropriate practices. Based on NAEYC's position statement, this video is valuable for teachers, directors, trainers, and parents. (27 min.)

Discipline:
Appropriate Guidance of Young Children
1988. National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460. $39. VHS Videotape.

This videotape illustrates how positive guidance of young children toward healthy social and emotional development is the foundation of a good early childhood program. It also shows ways to handle difficult situations that inevitably arise among preschool children in early childhood centers and family day care homes. (28 min.)

Getting in Tune: Creating Nurturing Relationships with Infants and Toddlers
CALIFORNIA DEPARTMENT OF EDUCATION, CHILD DEVELOPMENT DIVISION
1989. Available through Bureau of Publications, Sales Unit, P.O. Box 271, Sacramento, CA 95802-0271. 916/445-1260. $65. Available in English, Spanish and Chinese. 50 video magazines $12.50. VHS Videotape.

This video illustrates the importance of responsive caregiving and provides a four-step process for getting in tune with infants and toddlers in a child-care setting. Steps include studying child development and temperament differences in infants; learning about the infants' families and their cultures; developing self-awareness; and mastering the responsive process of watch, ask, and adapt. The videocassette comes with a guide in English. (24 min.)

Good Talking With You:
Language Acquisition Through Conversation Series
Educational Productions, Inc., 7412 South West Beaverton Hillsdale Highway, Suite 210, Portland, OR 97225. 800/950-4949. $295. plus $7. for each videotape. Entire series is $1250. plus $15 shipping.

A series of informative videotape presentations for professionals and families that provide a comprehensive program for facilitating language development in children.

Between You and Me: Facilitating Child-to-Child Conversations. 1988. A 24-page facilitator's guide and viewer's guide is included. This videotape includes information on how to help children attend to each other in conversations, how to help children establish and maintain a topic, how to refer questions and comments from one child to another, and how to interpret for children who lack speech or language skills. (30 min.)

Let's Talk: First Steps to Conversation. 1987. A 24-page facilitator's guide and viewer's guide is included. This videotape includes information on how to show a child you want to talk, how to start a conversation of interest to a child, how to avoid asking questions that stop conversations, and how to correct a child's speech/language errors in a positive way. (30 min.)

Now You're Talking: Techniques that Extend Conversations. 1987. A 24-page facilitator's guide and viewer's guide is included. This videotape presents information on what topics children want to talk about, how to add to a child's topic and extend conversations, and how to ask questions that stimulate thinking and problem-solving. (30 min.)

Oh, Say What They See: An Introduction to Indirect Language Stimulation Techniques. 1988. A 12-page facilitator's guide and viewer's guide is included. This videotape includes information on how children acquire language, how we help children build receptive and expressive language and vocabulary, and how to follow a child's lead in conversation. (30 min.)

Space to Grow: Creating an Environment That Supports Language Acquisition. 1988. A 30-page facilitator's guide and viewer's guide is included. This videotape includes information on what elements in the environment help children feel comfortable and competent, how to arrange materials to help children act independently, and how to set up effective learning centers, including a block play area, sensory table, art area, carpentry area, dramatic play and language arts areas. (30 min.)

Good Teaching Practices for Infants
Good Teaching Practices for Toddlers
Good Teaching Practices for 4-5-Year-Olds
1986. National Association for the Education of Young Children (NAEYC), 1844 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. $10 for 100 copies, single copy $.50.

These three excellent brochures are a must for parents, teachers, and school administrators as a brief guide defining appropriate ways of teaching young children.

Helping Children Learn Self-Control
1986. National Association for the Education of Young Children (NAEYC), 1824 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. $10. for 100 copies, single copy $.50.

This helpful material covers basic techniques to help children develop self-discipline. Many practical and effective suggestions are included in this brief guide.

How to Choose a Good Early Childhood Program
NATIONAL ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (NAEYC)
1990. 11844 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. 8-panel brochure. $10. for 100 copies, single copy $.50.

This brochure addresses important issues parents should consider when selecting a program to serve their young children. The material focuses on the key components of quality programs for all children without specific mention of special education programs. The guide includes information on who will care for the child, what program activities and equipment are offered, how do the staff relate to the family and the community, and if the facility and program are designed to meet the varied demands of young children, their families and the staff.

Is My Baby OK?
A Guide for Parents About the Puzzling Behavior of Infants and Toddlers
EARLY CHILDHOOD CENTER

1990. Cedar Sinai Hospital, 8730 Alden Drive, Los Angeles, CA 90048. E 103. Attn. Matt Lowentron. 310/855-3639. Warm Line: 310/855-3500. The audio tapes come with a guidebook. Entire series costs $44.75 including shipping and tax. Tapes are available separately for $3.95 each plus $2. shipping. Audio Tape.

Since 1970, thousands of southern California parents have received guidance over the telephone from the Warm Line, a free telephone information service founded by Helen Reid of Cedar Sinai Hospital to help them deal with common problems of rearing children. New parents can get the Warm Line's help on a variety of topics from audio cassette tapes. Eleven tapes cover topics most frequently discussed on the Warm Line. These tapes do not specifically focus on children with exceptional needs but address challenges faced by all parents. The tapes include: *The New Baby, The Security Blanket, Infant and Toddler Sleep Disruptions, Separation, Temper Tantrums, Toilet Training, Problem Eaters, Biting, Head Banging, Choosing a Pediatrician,* and *Preparing Your Child for the Hospital.*

Look at Me: Creative Learning Activities for Babies and Toddlers
BUHAI HAAS, CAROLYN

1987. Chicago Review Press, Inc., 814 North Franklin, Chicago, IL 60610. 312/377-0747. $9.95. 228 pp.

A comprehensive resource for parents, grandparents and teachers. With a wealth of fun ideas and activities for young children in their daily family life, this guide promotes good parenting skills. Based upon the principle that babies learn through play, family members are encouraged to observe, enjoy, talk with and have a good time with the baby to help the child develop self-esteem and become a communicator and problem solver. The text is organized into sections by developmental levels. Activities can be adapted for older children such as siblings. A brief description of the child's needs, month by month, in the first year is included.

NAEYC and NAECS/SDE Position Statement on Guidelines for Appropriate Curriculum Content and Assessment in Programs Serving Children Ages 3 Through 8
From the March 1991 Issue of Young Children

National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460 or 202/232-8777. $1.

A concise and significant statement reflecting the understanding of best practice in early childhood education, this document clearly states what are the key components of appropriate curriculum for preschoolers through 8-year-olds. The child with special needs is not specifically addressed, but families with an interest in program curriculum will find this material valuable.

The Parent's Helper
SHEPHARD, LINDA

1981. VORT Corp., P.O. Box 60880, Palo Alto, CA 94306. 415/322-8282. 59 pp. $6.95 plus $2.50 shipping.

A workbook filled with practical ideas for families of children one to five years, this book emphasizes six developmental areas of learning embedded in everyday activities: motor, language, perceptual, thinking, social, and readiness. The material also focuses on how children learn and identifies routine care activities with learning opportunities parents may consider.

Parent Helper: Handicapped Children Birth to Five
MARYLAND DEPARTMENT OF EDUCATION

1981. Baltimore, MD. Special Education Division of Maryland State Department of Education. Attn: 13400, 200 West Baltimore Street, Baltimore, MD 21201-2595. 410/333-2000. In English and Spanish. Free.

This is the introductory resource text of a series of handbooks designed to help parents and their children form a partnership with special educators to foster their child's growth and self-esteem. Each book in the series presents general information for family members in specific topic areas.

Parent Helper: Handicapped Children Birth to Five: Motor Development. 1984. 21 pp.

Parent Helper: Handicapped Children Birth to Five: Socialization. 1982. 16 pp.

Parent Helper: Handicapped Children Birth to Five: Communication. 1982. 22 pp.

Parent Helper: Handicapped Children Birth to Five: Cognition. 1983. 17 pp.

Sensory Integration and the Child
AYERS, A. JEA

1979. Tenth printing 1991. Western Psychological Services, 12031 Wilshire Blvd., Los Angeles, CA 90025-1251. 310/478-2061. 191 pp. $19.50. $2 shipping.

Intended as an introductory guide, this text is designed to help families and teachers to recognize sensory integration dysfunction and understand its treatment. The information is based on the author's extensive research into how the brain processes information from eyes, ears, and other parts of the body and how this relates to children with sensory processing and integrative problems. The information is quite technical, but a wider audience can gain from this information common to the field of occupational therapy.

Steps to Independence:
A Skills Training Guide for Parents and Teachers of Children with Special Needs
BAKER, BRUCE L., ET AL.

1989. 2nd. ed. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285. 800/638-3775. 329 pp. $24.

For families and specialists, this text covers essential skill areas including self-help skills, readiness skills, toilet training, play, independent living, self-care skills. Addresses needs over the child's lifetime and takes a systematic approach to training specific skills. A Basics of Teaching section helps translate training philosophy to the home environment.

Talking to Babies and Talking to Toddlers
KLEIN, DIANNE

1987. Mother-Infant Communication Project, Division of Special Education, California State University, Los Angeles, 5151 State University Drive, Los Angeles, CA 90032. 213/343-4414. $40. for the set. 1987. VHS Videotape.

These videotapes illustrate techniques for enhancing language for toddlers and describes communication development. The material offers current information for families and professionals. An outstanding treatment of an important topic, this videotape should be reference material for families. (12 min.)

Teaching Social Skills to Youngsters With Disabilities:
A Monograph for Parents of Children With Disabilities
LEHR, SUSAN AND TAYLOR, STEVEN J.

1987. Federation for Children with Special Needs, 95 Berkeley Street, Suite 104, Boston, MA 02116. 800/331-0688. 92 pp. $5. each. 10 or more, $4.50 each (prepaid orders only to FCSN/Monographs).

This manual suggests practical ideas and strategies for contributing to the social skills and socialization of their children with exceptional needs. The value of children being socially integrated with their typical peers and belonging in their community environment is supported by the authors. The material includes information on socialization, social skills, and the development of social skills as the child grows and develops. Young children's social needs are examined at the birth-to-3 age level and the preschool age level in terms of interpersonal relationships, community integration, and safety.

Things to Do With Toddlers and Twos
MILLER, KAREN

1984. TelShare Publishing Co., 24 Breakwater Drive, Chelsea, MA 02150. 617/884-4404. 168 pp. $10.95 plus $3 shipping.

A practical resource of simple, homemade toys, art materials and creative ideas for parents, teachers or caregivers, this text is organized according to different types of toddler behaviors and interests. Areas covered include Cause and Effect; Playing with Water; Banging, Twanging, and Shaking; Sensory Exploration; Mimicking; Language Development; How Things Work; and Different Ways of Moving. One chapter is devoted to Teaching Strategies to Help with Special Problems of Toddlers in Groups and discusses common difficult challenges with children 1-to-3 years old. An annotated bibliography of helpful resources and a list of toys and equipment suppliers is also included.

Toddlers Learn by Doing:
Toddler Activities and Parent/Teacher Activity Log
SHRANK, RITA

1992. Humanics Limited, P. O. Box 7400, Atlanta, GA 30309. 800/874-8844. 139 pp. $12.95. plus $4 shipping.

Written for parents and teachers, this work book is an outgrowth of the Infant Development through Enriching Activities at Home (IDEA) workshops. Based on the concepts of Maria Montessori and Emmi Pikler, the 103 activities reflect how children from ages 1-3 years learn. Activities are organized according to toddler learning modes, including Playing Actively, Playing Quietly, Being Free to Play Alone, Feeding Their Senses, Talking About it, Working Together, and Going It On Their Own. The workbook format encourages adults to prepare an environment for the toddler to freely explore, individualize activities, and keep a log of the child's responses.

101 Ways to Make Your Child Feel Special
LANSKI, VICKI

1991. Contemporary Books, Inc., 180 North Michigan Avenue, Chicago, IL 60601. 312/782-9181. 108 pp. $5.95 plus $2.50 shipping.

This small book contains some very simple, creative and joyous ways to help any child feel good and grow in self esteem.

You and Your Small Wonder:
Activities for Busy Parents and Babies, Book 1 (Birth-18 Months)

You and Your Small Wonder:
Activities for Parents and Toddlers On the Go, Book 2 (18-36 Months)
KARNES, MERLE B.

1982. American Guidance Service, 4201 Woodland Road Circle Pines, MN 55014. 612/786-4343 or 800/328-2560. Book 1, 161 pp. Book 2, 157 pp. $12.95 each.

These two instructive books are collections of activities parents can use during regular family routines, at minimum cost, to enhance their interaction and their baby's development. The activities are grouped by particular daily routine and arranged by age range. Developmental milestones are listed and readers learn how the activities relate to the child's development. The purpose of these activities is not to promote parents teaching their babies, but to increase the enjoyment of their time together and to understand how the baby develops.

Least Restrictive Environment and Full Inclusion

Discover the Possibilities: A Curriculum for Teaching Parents About Integration

PEAK PARENT CENTER, INC.

1988. 6055 Lehman Drive, Suite 101, Colorado Springs, CO 80918. 719/531-9400. $14.50 includes shipping. Prepaid orders only.

This booklet contains introductory information for families, teachers, and administrators about the value of including children with disabilities with their nondisabled peers in programs, schools and services. Topics include Learning Basics About Integration, Making Integration Happen, Teaching Others About Integration, and Challenges for the Future. A list of resources, books, videotapes, and articles is included in this useful guide.

In the Middle

GOLD, BEA

1989. Child and Family Services (CFS), 626 North Coronado Terrace, Los Angeles, CA 90026. 213/413-0777. 213/483-9253. $50. VHS Videotape.

A provocative and warm presentation that shows what happens when Ryanna, a 4-year-old with spina bifida who can not walk, attends a Head Start program. The video tells the story of her successful participation in the preschool classroom, her preparation for transition into public school, and the dynamic impact that these experiences have on Ryanna, her parents, teachers, and classmates demonstrated through candid interviews and classroom scenes. (28 min.)

Inclusive Education for Learners with Severe Disabilities: Print and Media Resources

VANDERCOOK, TERRI, YORK, JENNIFER, AND JOHNSON, SUSAN

November 1991. Institute on Community Integration (UAP), University of Minnesota. Minnesota Inclusive Education Technical Assistance Program, Institute on Community Integration, University of Minnesota, 112 Pattee Hall, 150 Pillsbury Drive S.E., Minneapolis, MN 55455. 612/624-1349. 64 pp. $3.

This listing of resources for families and professionals contains information about integrating preschool and school-age children with severe disabilities with nonhandicapped peers in general education classes and school community life. The booklet is updated annually. The text includes resources about full inclusion models and strategies for integrating learners into regular school environments as well as materials that provide a sound rationale and empirical evidence through educational research for inclusion. Categories of resources listed include journals, journal articles, books and book chapters, newsletters, newsletter issues and articles, audiotapes, videotapes, organizations, and Institute on Community Integration publications. Resources are organized into topics including rationale, systems change and restructuring, collaborative teamwork, curriculum and instruction, social interactions and friendships, family perspectives and issues, and personnel training. Description and ordering information for each listing is provided. This resource guide is a key reference material for readers interested in integration and inclusion.

Integrated Teaching in Early Childhood: Starting in the Mainstream

SAFFORD, PHILIP L.

1989. Longman, Inc., 95 Church Street, White Plains, NY 10601. 914/682-3344. 400 pp. $31.25 plus $2.50 shipping.

A guide for integrating children with identified disabilities into day care centers, nursery schools, kindergartens and primary classes in the least restrictive environment, this reference material recommends a team approach in providing early childhood special education. Part I of the guide includes chapters on Early Childhood and the Mainstreaming Movement, Identifying Special Needs in Children, Integrating the Intervention and Developmental Philosophies in Early Childhood, and Why Integration in Early Childhood Works. The text suggests ways to adapt typical learning activities in the early childhood curriculum for children with disabilities. Part II addresses Methods for Meeting Special Needs of Young Exceptional Children. Part III features Teaching in an Integrated Early Childhood Classroom: Issues in the Mainstream. A chapter on supplementary and supportive resources is included. The guide is directed at teaching professionals in the field, but parents seeking more detailed information on integration will find the information useful.

Just A Kid Like Me

GOLD, BEA

1991. Child and Family Services (CFS), 626 North Coronado Terrace, Los Angeles, CA 90026. 213/413-0777. Fax 213/483- 9253. $25. VHS Videotape.

An awareness training and informational video designed to promote expanded opportunities for children with disabilities in child care programs, this production was funded by the Child Development Division of the California Department of Education. It demonstrates child care environments, a family day care home, a child care center, and a school-age program, integrating children with disabilities. The tape shows the benefits of mainstream settings through interviews with parents, child care providers and observation of children at play. (28 min.)

The Least Restrictive Environment: Knowing One When You See It

News Digest Number 5

NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTHS WITH DISABILITIES (NICHCY)

1988. P.O. Box 1492, Washington, D.C. 20001. 800/999-5599 or 703/893-8614. 8 pp. Free.

This guide helps parents and professionals understand the nature of the least restrictive environment (LRE) as defined by law and how it can be put into operation not only in education but throughout the life of a person with a disability. Although it does not specifically focus on the LRE issues within early childhood special education, the guide is valuable in showing the major concerns which must be addressed when seeking the appropriate placement of individuals with disabilities.

Least Restrictive Environment — Questions and Answers

LEHR, SUSAN

PACER Center. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. $6.

Answers to frequently asked questions about Least Restrictive Environment (LRE) are presented in this informative material. Additional resources on this topic are listed for families and specialists.

Mainstreaming Ideas for Teaching Young Children

1981, reprint 1990. National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460 or 202/328-8777. 800/424-2460. $5.

A guide for special education and early childhood staff, this text describes the philosophy, approach, strategies, and sample activities used by the Early Education Center staff of the Amhers-Pelham Public Schools in Massachusetts in which children with a range of severity of disabilities were served in regular early childhood settings with their nondisabled peers. Chapter titles include Questions about Mainstreaming, Developing the IEP, Setting Up the Classroom, Planning Each Day, and Parent Education. A bibliography is included. Even though the material is addressed to a professional audience, parents may find the book a helpful resource.

NEC*TAS Resource Packet: Least Restrictive Environment for Infants, Toddlers, and Preschoolers

A Program of the Frank Porter Graham Child Development Center, University of North Carolina at Chapel Hill. 1990, rev. 1991. NEC*TAS, CB# 8040, Suite 500 NCNB Plaza, Chapel Hill, NC 27599-8040. 919/962-2001. 103 pp. Free.

The least restrictive environment has become an increasingly familiar concept among those who work within special education serving the school-aged population with disabilities, but the passage of Public Law 99-457 challenges professionals to look again at what this principle means for infants and preschoolers. As programs are being redesigned to comply with federal law this subject requires thoughtful consideration. This resource packet was designed by the LRE Expert Team of NEC*TAS to assist states to develop a philosophy of LRE that will meet the needs of children, families and communities. The document includes NEC*TAS Issue Papers on LRE, Federal Statutory and Legal References to LRE, and reference materials on LRE from several states. The resource packet is written for a professional audience but will interest parents who seek a federal policy perspective on LRE considerations for young children with disabilities.

Opening Doors: Strategies for Including All Students in Regular Education

SCHAFFNER, C. BETH AND BUSWELL, BARBARA E.

1992. Peak Parent Center, Inc., 6055 Lehman Drive, Suite 101, Colorado Springs, CO 80918. 719/531-9400. 55 pp. $10. Includes shipping. Prepaid orders only.

This guide describes practical "how-to" strategies which have been used by educators, administrators, therapists, and families to include students who were educated separately. Rather than a recipe book, the authors have described the processes and approach that successful implementers have used. Chapter titles include: Using a Team Approach, Focusing on Strengths, Building Relationships, Adapting Curriculum, Varying Teaching Methods, Supporting Unique Needs, Supporting Students With Challenging Behaviors, and Planning for Inclusion. Early childhood special education is not a focus of this text, but there is information of value for readers with interest in the integration of young children with exceptional needs.

Preschool Special Education Mini-Guide

PERSONNEL DEVELOPMENT FOR INFANT PRESCHOOL PROGRAMS.

Revised 1991. Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 17 pp. $3.

This guide contains an overview of the necessary components of preschool special education programs and services in California. Also includes a section on various kinds of Least Restrictive Environment settings for preschool children with disabilities in California.

Policy Statement on Least Restrictive Environment

APPROVED BY THE CALIFORNIA STATE SCHOOL BOARD, OCTOBER 10, 1986.

California Department of Education, Special Education Division. Available through PAI, 100 Howe Avenue, Suite 185-N, Sacramento, CA 95825. 916/488-9910. 3 pp. Free.

For families and professionals seeking a definition of the least restrictive environment LRE), this document is a statement of the California Department of Education policy. This LRE policy statement is required reading for this key component of special education services.

Purposeful Integration...Inherently Equal
TAYLOR, STEVEN J., ET AL.
1987. TAPP Project. Available through PACER Center, 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 55 pp. $6.

This resource discusses integration, mainstreaming, least restrictive environment (LRE) and the history of segregation of individuals with disabilities. The effect of federal legislation on integration is also presented. It describes how children can benefit from integration and how parents can facilitate the integration process. A checklist is included which can gauge to what degree a child has been integrated as an equal member of the school community.

Recommended Practices to Assure the Delivery of Special Education Services in the Least Restrictive Environment (LRE)
UNIQUE LEARNER NEEDS UNIT,
MINNESOTA DEPARTMENT OF EDUCATION.
1990. Capitol Square Building, 550 Cedar Street, St. Paul, MN 55101. 612/297-3619. 50 pp. Free.

This report examines current LRE policy, defines appropriateness and restrictiveness, prereferral, referral and LRE, parent involvement, and more. The material does not specifically address the LRE requirements for children birth-through-5 with exceptional needs. Although it refers specifically to Minnesota, the report brings up many important considerations around the general topic of least restrictive environment for California readers.

Special Education Rights and Responsibilities
COMMUNITY ALLIANCE FOR SPECIAL EDUCATION (CASE)
1991. 3rd ed. 1031 Franklin Street, Suite B5, San Francisco, CA 94109. 415/928-2273.
13 pp. Single chapters are available. Call for prices.

Information on the least restrictive environment. Chapter 7 (17 pp.) is a key family reference material. This chapter, updated annually, offers information on how least restrictive environment is interpreted in California under today's legislation and court rulings. LRE, mainstreaming, integration, full inclusion, and reverse mainstreaming are defined and discussed. The main provisions of the law are also presented. LRE in early childhood special education is not specifically addressed.

Preschool Education Services, Chapter 12, discusses how the least restrictive environment requirements in California are interpreted for children 3 to 5 years of age. This chapter is required reading for families to make informed decisions about service options for their young children.

Play

Adaptive Play for Special Needs Children: Strategies to Enhance Communication and Learning
MUSSELWHITE, C.R.
1986. PRO-ED, 8700 Shoal Creek Boulevard, Austin, TX 78758-6897. 512/451-3246. 249 pp. $27. plus $2.70 shipping. Free shipping with prepaid orders.

This book for teachers, therapists, and parents emphasizes the use of play with young children with disabilities. It includes suggestions for materials, and practical strategies and also features an annotated bibliography, and national organization and manufacturers list.

Helping Young Children Develop Through Play
ROGERS, C. S., AND SAWYERS, J. K.
National Association For the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. 60 pp. $5.

Focusing on the practical rather than theoretical side of play in the development of young children, this resource speaks clearly to parents with direct information and advice.

The Language of Toys: Teaching Communication Skills to Special Needs Children
A Guide for Parents and Teachers
SCHWARTZ, SUE AND HELLER MILLER, JOAN E.
1988. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468- 8800. 280 pp. $12.95.

This guide explains to parents and teachers how to use everyday toys, both manufactured and homemade, to create activities that stimulate young children with special needs to develop and express their language skills. The material is organized by developmental age rather than chronological age, allowing for the most appropriate toys and activities to be chosen.

Play in the Lives of Children
ROGERS, C.S. AND SAWYERS, J.K.
1988. National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. 134 pp. $6

This book explores the vital role play has in the development of children and includes material on different ways to look at play, how play changes as children develop, how play relates to other behavior factors that influence play, and six ways to encourage play. A reference list is included.

Play is FUNdamental

1987. National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. 8-panel brochure. $10. for 100 copies, single copy $.50.

A valuable material for families and professionals, this concise brochure describes the key role that play has in the development and learning of young children. The brochure is rich in information and insight.

Play Power Series

EDUCATIONAL PRODUCTIONS, INC.

7412 South West Beaverton Hillsdale Highway, Suite 210, Portland, OR 97225. 503/292-9246. $295. for each package. VHS Videotape.

This outstanding series has been well received by both professional and family audiences. Lively, spontaneous adult-child interaction filmed in infant/toddler, preschool Head Start and kindergarten programs is portrayed. The videos show how play and learning go hand in hand.

Child's Play includes a 24-page facilitator's guide and viewer's guide. This videotape shows how play helps build thinking and language skills, large and small motor skills, and social-emotional skills. (30 min.)

Time Together—Learning to Play with Young Children includes a 24-page facilitator's guide and viewer's guide. This videotape demonstrates when to join a child's play, when to step back, and how to follow the child's lead during play. (30 min.)

Together We're Better

BOSS, BEV

1990. Turn the Page Press, 203 Baldwin Avenue, Roseville, CA 95678. 916/444-7933. 175 pp. $17.95

This text is directed toward parents and educators of preschoolers, deals with ways to encourage the socialization of young children. The book advocates a "coaching" approach in which "participants more often simply act together in a spontaneous way ...with an emphasis on process rather than product." The book advises readers to be "concerned with the whole child — the social, emotional, intellectual, physical, spiritual child." The text includes activities, resources, ideas, and lots of fun. Many suggestions are provided for using ordinary things for play experiences.

Your Child at Play: One to Two Years

SEGAL, MARILYN AND ADCOCK DON

1985. New Market Press, 18 East 48th Street, New York, NY 10017. 212/832-3575. 288 pp. $10.95 plus $1.50 shipping. $21. for hard cover.

This volume is one of a series and is a practical guide for families containing suggestions for coping with a toddler in everyday situations such as what to do in public, toilet training, and sibling rivalry. There are toys and activity suggestions. The focus is on successful parenting of normally developing toddlers which foster self-esteem and a zest for learning in the young child. The *Your Child at Play* starter set of three volumes, *Birth to One Year* (288 pp.), *One to Two Years* (224 pp.), *Two to Three Years* (208 pp.), and *Three to Five Years* (224 pp.), contains 700 photographs and is available in gift box set for $29.95.

Technology

AbleNet Catalog

AbleNet, Inc., 1081 Tenth Avenue S.E., Minneapolis, MN 55414. 800/322-0956.

Switch devices and sources are adapted tools designed to control the environment, to use a computer, to communicate, and for work or play. This catalog lists sources of equipment such as a Jelly Bean Switch, Battery Device Adapters, a Universal Switch Mounting System, and other items and devices for children with disabilities.

Assistive Technology News Digest #13.

NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)

1989. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 20 pp. Free.

This article presents information on the use of assistive technology for children with exceptional needs. Information is included on becoming an informed consumer, technology from a parent perspective, federal legislation and assistive technology, effective use of technology with young children, integrating technology into a student's individualized education program (IEP), and starting the funding process. A bibliography of computerized databases, product availability resources and information sources for toys, games and switches is included.

Assistive Technology Sourcebook

ENDERS, ALEXANDRA AND HALL, MARY (EDS.)

1990. Available through the Special Needs Project, 1482 East Valley Road, Suite A-121, Santa Barbara, CA 93108-1200. 805/565-1914. Fax805/969-5449. 576 pp. $60.

This guide contains a wealth of material for those interested in the use of computers and assistive technologies. This reference text informs readers of where and how these technologies are employed and future trends in their use. Sources of the most current information on devices, programs, resource people, and related materials are included.

Augmentative and Alternative Communication Systems for Persons With Moderate and Severe Disabilities

BAUMGART, DIANE, ET AL.

1990. Paul H. Brookes Publishing Co., P. O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 272 pp. $22.

Written primarily for special educators and speech language pathologists, this guide demonstrates strategies for assessing, designing, implementing, and evaluating a communication system for a person who does not have a communication system of any kind. Concise case histories of persons aged 3 1/2 to 37 provide clear examples of how to collect needed information. Parents with a need for more information in communication will find this text useful.

The Catalyst

Western Center for Microcomputers in Special Education, 1259 El Camino Real, Suite 275, Menlo Park, CA 94025. 415/326-6997. $15. annually for organizations, $10. for individuals.

This quarterly newsletter published since 1981 provides comprehensive coverage of the uses of microcomputers in special education and rehabilitation.

Closing the Gap

P.O. Box 68, Henderson, MN 56044. 612/248-3294. One year bimonthly subscription $26., two year subscription $42.

This journal is published six times per year and features information and reviews of technology for individuals with disabilities. It has an annual Resource Directory (February/March Edition, $12.95 plus $2. shipping) that includes descriptions of software and hardware and categorizes their use according to skill development, age appropriateness, adaptive potential, and type of disability. Issues may also be purchased separately.

Computer Monitor

PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.

4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612)/827-2966. Free.

This newsletter of the PACER Computer Resource Center (PCRC) discusses new developments in adaptations and software for people with disabilities and contains information on PCRC workshops and activities, as well as articles and tips on adapting computers for use by children with disabilities and updates on the Software Lending Library. Printed three times a year.

High Scope Survey of Early Childhood Software: A Reference Book for Parents

A Comprehensive Review of 435 Computer Programs for Children Aged 3 to 8 for Apple, IBM, Commodore, Macintosh, Atari and More

BUCKLEITNER, WARREN

1990. The High Scope Press, 600 North River Street, Ypsilanti, MI 48198. 313/485-2000. Fax 313/485-0704. 268 pp. $19.95 prepaid.

A listing of software for young children, this guide is illustrated with graphics from the programs that it features, ratings of the programs, dates, prices, publishers with addresses, and appropriate age ranges for the software. Comments also accompany each reviewed software program and compatibility with computers.

Homemade Battery-Powered Toys and Educational Devices for Severely Handicapped Children

BURKHART, LINDA J.

1985. 3rd ed. L.J. Burkhart Publishing. Available through the Special Needs Project, 1482 East Valley Road, Suite A-121, Santa Barbara, CA 93108-1200. 805/565-1914. Fax 805/969-5449. 79 pp. $7.50.

This practical guide describes low-cost ways to make simple switches and toy adaptations. Excellent illustrations and complete instructions are included.

Key Notes

THE ACCESS GROUP

(Jointly funded by the Agent Orange Class Assistance Program and United Cerebral Palsy Associations, Inc.)

1776 Peachtree Road N.W., Suite 310 North, Atlanta , GA 30309. 800/621-8580 or 404/888-9096 (TT).
The publication is also available on audiotape. Free.

These introductory orientation materials, created by the Access Group, provide information on assistive technology. Their services are limited to the families of Vietnam veterans who have children with disabilities. The group serves as a resource for veteran families and the professionals who work with them to obtain assistive technology. Current materials include: *What is Assistive Technology and What Can It Do For Me or My Family?* 2 pp. 1991., *But We Don't Have the Money.* 7 pp. 1991., *Creating a Family-Driven Technology Team* 4 pp. 1991., and *Misconceptions on Buying a Computer!* 2 pp. 1991.

More Homemade Battery Devices for Severely Handicapped Children With Suggested Activities

BURKHART, LINDA J.

1985. rev. ed. L.J. Burkhart Publishing. Available through the Special Needs Project, 1482 East Valley Road, Suite A-121, Santa Barbara, CA 93108-1200. 805/565-1914. Fax 805/969-5449. 161 pp. Spiral bound $14.95.

A practical text for families of children with severe disabilities, this guide contains suggestions for many useful, "low tech" assistive devices. The book also suggests ideas for using switches.

Real Times
DISABLED CHILDREN'S COMPUTER GROUP (DCCG)
A quarterly newsletter. $5. annually for members. 2525 8th Street, Berkeley, CA 94704. 510/841-3224. Annual membership: $30. on a sliding scale. Membership entitles families to a private consultation to assess equipment and resource needs of the child.

DCCG provides workshops for people with disabilities, teachers, other professionals, and parents. Services include demonstrations of new products and user group for the children with multiple handicaps, visual impairments, and others.

Transition

Four Critical Junctures
NATIONAL CENTER FOR EDUCATION IN MATERNAL AND CHILD HEALTH/NATIONAL MATERNAL AND CHILD HEALTH CLEARINGHOUSE. (NCEMCH)
1989. 38th and R Streets N.W., Washington, D.C. 20057. 202/625-8400. Four-panel brochure. Free.

This brochure provides guidelines for family-centered services for the changing needs of families of children with exceptional needs throughout their first five years. Parents who have been associated with NCCIP's Project Zero to Three Grant offer suggestions to professionals and policymakers about improving the ongoing support offered to infants with special needs, toddlers, and their families throughout the birth to five period and at four critical times in the child's life: birth or diagnosis of special need, discharge from the hospital after diagnosis, entry into early intervention, and transition.

Transition Issues: A Model for Early Childhood Special Education
BREKKEN, L. AND KNOWLTON, A.
1990. Personnel Development for Infant Preschool Programs, 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5920. 32 pp. Free.

A useful analysis of transition issues for young children birth to 5 receiving special education services and their families, this concise booklet addresses the major transition experiences and proposes practical suggestions for professionals in planning and coordinating these changes for children and parents. Even though professionals are the target audience for this material and will find helpful guidance in the text, family members seeking a greater understanding of best practice in the field around transition will also find information of value. A listing of other print resources on transition for young children with exceptional needs is included.

RESOURCES IN OTHER LANGUAGES

A Bibliography of Selected Resources on Cultural Diversity for Parents and Professionals Working with Young Children Who Have, or Are at Risk for, Disabilities
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
1989. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 63 pp. $6.

Compiled by the PACER Center in conjunction with the National Early Childhood Technical Assistance System (NEC*TAS), this bibliography lists printed and organizational resources on a wide range of disabilities for selected cultural and ethnic populations. The material is directed largely at a professional audience but may be of use to some families.

Basic Care of Newborn Baby and Mother
SOUTH EAST ASIAN DEVELOPMENTAL DISABILITIES (SEADD) PROJECT
Media Technology Services, San Diego State University, San Diego, CA 92182-0524. 619/576-2965. $30. for one VHS video. $125. for five VHS videos including shipping. VHS Videotape.

This excellent video developed with Dr. James Cleveland presents information needed in the care of infants. The video has been used with success at Sharp Hospital Newborn Center in San Diego with parents. The material is especially helpful for new immigrant families and is available in five languages: English (49 min.), Cambodian (44 min.), Lao (43 min.), Hmong (1 hr. 24 min.), and Vietnamese (30 min.).

Child and Parental Rights in Special Education
CALIFORNIA DEPARTMENT OF EDUCATION
1986-89. Bureau of Publications, Sales Unit, P.O. Box 271, Sacramento, CA 95802-0271. 916/445-1260. 6 pp. Free.

This publication briefly reviews parent and child rights under federal law and the California State Education Code. The guide is available in English and Chinese.

Child Development Guide
(Y Sigo Creciendo Para Los Padres Como Se Desarrolla Su Bebe Desde El Nacimiento Hasta Los 5 Anos)
BISHOP, C.D.

1989. Arizona Department of Education, 1535 West Jefferson, Phoenix, AZ 85007. 602/542-3088. 28 pp. $.42 per booklet. $3.50 shipping.

This guide to child development from ages birth to 5 is helpful for Spanish-speaking families in understanding major milestones in the development of young children. Although it is somewhat reflective of mainstream middle-class cultural values, the book contains important information on child development.

Directory of Parent Training and Information Projects (1991-92)
TECHNICAL ASSISTANCE FOR PARENT PROGRAMS (TAPP)

312 Stuart Street, B2-11, Boston, MA 02116. 617/482- 2915. The Directory's information is available through calls. A brief packet of information sheets is available. 119 pp. Free.

A national directory of federally funded Parent Training and Information Centers for families and professionals, this resource includes information about parent training materials on special education topics in many languages, listed by parent center, and organized by state. Copies of the directory are not available, but families may call the project for this information.

Early Warning Signs
That Your Child May Need Help
CALIFORNIA DEPARTMENT OF EDUCATION

1988. Bureau of Publications, Sales Unit, P.O. BOX 271, Sacramento, CA 95802-0271. 916/445-1260. 6-panel brochure. 1 pp. Free.

This brochure outlines indicators related to the activities of seeing, moving, playing, hearing, thinking and talking that may suggest that a child has special needs. It serves as an introduction for families with questions or concerns about their child's development or behavior. Brochures are printed in English, Spanish, Chinese, and Vietnamese.

The Growing Path:
Traditional Infant Activities for Indian Children
SOUTHWEST COMMUNICATION RESOURCES

1983. P.O. Box 788, Bernalillo, NM 87004. 505/ 867-3396. 16 pp. $10. plus $1. shipping.

Illustrated with attractive line drawings, this book describes traditional infant development practices that have been shared by grandmothers and mothers who are concerned about maintaining and fostering Indian child-rearing patterns.

Help for Special Children
(Ayuda Para Ninos Especiales)

1992. National Information Center for Children and Youth With Disabilities (NICHCY), P.O. Box 1492, Washington, D.C. 20013-1492. 800/999-5599 or 703/893-8614. 30 pp. Free.

This illustrated booklet is an introduction for new parents or the general public. Many photographs and limited, easy- to -read text make it friendly to a wide variety of parents. This booklet presents important concepts in a simple and direct way. English and Spanish versions are available.

How to Choose a Good Early Childhood Program
(Como Escoger un Buen Programa de Education Pre-Escolar)

1988. National Association for the Education of Young Children (NAEYC), 1824 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. 8-panel brochure. $10. for 100 copies, single copy $.50.

This brochure, in Spanish, offers advice to families on what to look for in selecting a program for young children. Children with disabilities are not specifically addressed in the material, but the guidelines have value for parents of these children as well.

Parent Helper:
Handicapped Children Birth to Five
(Ayuda Para Los Padres: Ninos Incapacitados del Nacimento a Los Cinco Anos)
MARYLAND DEPARTMENT OF EDUCATION

1981. Special Education Division of Maryland Department of Education, Attn: 13400, 200 West Baltimore Street, Baltimore, MD 21201-2595. 410/333-2000. In English and Spanish. 22 p. Free.

This is the introductory resource text of a series of handbooks designed to help parents and their children form a partnership with special educators to foster their child's growth and self-esteem. Each book in the series presents general information for family members in specific topic areas.

Parent Helper: Handicapped Children Birth to Five: Motor Development. 1984. 21 pp.

Parent Helper: Handicapped Children Birth to Five: Socialization. 1982. 16 pp.

Parent Helper: Handicapped Children Birth to Five: Communication. 1982. 22 pp.

Parent Helper: Handicapped Children Birth to Five: Cognition. 1983. 17 pp.

Parent Information Packet
(Informacion Para Los Padres)
TEAM OF ADVOCATES FOR SPECIAL KIDS (TASK)

1990. 100 West Cerritos Avenue, Anaheim, CA 92805. 714/533-8275.

Special Education Laws (Repaso General de la Ley) 10 pp.; What is an Assessment (Que es un Assessment?) 4 pp.; and Individual Education Plan (IEP) (Plan Educativa

Individual (IEP)) 11 pp. All free. English and Spanish versions are available. The TASK staff is available for family questions about the materials.

Parents Can Be the Key
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
1981. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 32 pp. $3.

A handbook that describes federal and Minnesota state special education laws and procedures, parent and child rights, and communication tips, this guide is available in Spanish/English or Hmong/English.

Parents...If You See Any of These Warning Signs...Don't Delay! (Padres...Si Ven Algunas de Estas Senales...No Demoren!)
ILLINOIS CHAPTER OF THE AMERICAN ACADEMY OF PEDIATRICS
1990. Pathways Awareness Foundation, 123 North Wacker Drive, Chicago, Ill 60606. 800/955-2445. 4-panel brochure. 1 pp. 100 copies for $17.

This illustrated brochure in Spanish and English versions clearly states warning signs to watch for in the first fifteen months of an infant's life. Normal development is illustrated and contrasted with signs of developmental problems. The brochure also contains brief parent stories of early identification and intervention and the positive results for the child. Helpful as a public service brochure and an introduction for new parents.

Partners in Language: A Guide for Parents of the Young Child (Companeros en el Idioma: Guia Para Los Padres El Nino De Corta)
AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION (ASHA)
1991. 10801 Rockville Pike, Rockville, MD 20852. 301/897-5700. Available as a set of three books. $10.50 plus $4.50 shipping.

Three books, in Spanish and English, show parents how their children learn to talk and how they can help with the development of language. It includes a developmental guide. The Baby (El Bebe), 54 pp., $3.75 plus $1.75 shipping; The Toddler (El Nino Que Empitza Andar), 50 pp., $3.75 plus $1.70 shipping; The Young Child (El Nino De Corta Edad), 49 pp., $3.75 plus $1.75 shipping.

Play is FUNdamental
NATIONAL ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (NAEYC)
1987. 1834 Connecticut Avenue N.W., Washington, D.C. 20009. 800/424-2460. Four panel brochure. 1 pp. $10. for 100 copies, single copies $.50. Available in English and Spanish.

A valuable resource for families and professional, this brochure describes the key role that play has in the development and learning of young children. The brochure is rich in information and insight.

Special Care for Special Babies
University of California, Los Angeles (UCLA) Infant and Family Services Program. UCLA Intervention Program. 1000 Veterans Avenue, Suite 23-10, Los Angeles, CA 90024-1797. 310/825-4622. 8-panel brochure. 1 pp. English version, $.17 each, Spanish Version, $.19 each.

This brochure was developed to help the caregiver (or parent) better understand the infant who has been prenatally exposed to drugs and how to best care for the special baby. Topics covered include signs and symptoms, health problems, feeding, caregiving, taking care of yourself, services, development, and play activities of children aged birth through 12 months. The brochure is available in English and Spanish.

Special Education Rights and Responsibilities
COMMUNITY ALLIANCE FOR SPECIAL EDUCATION (CASE)
1991. 3rd ed. 1031 Franklin Street, Suite B5, San Francisco, CA 94109. 415/928-2273. 13 pp. Single chapters are available. Call for prices. The following chapters are available in English and Spanish.

Basic Rights and Responsibilities. Chapter 1 (17 pp.). Discusses federal and state regulations in special education, special education services, related services, responsibilities of families in special education, referral, assessment, and the individualized education program (IEP) process.

Evaluations/Assessments. Chapter 2 (18 pp.). Provides information on evaluation and assessment in California special education through a clear question and answer format.

Eligibility Criteria. Chapter 3 (8 pp.). Focuses on who is eligible for special education services, and how eligibility is determined.

Information on the Individualized Education Program (IEP) Process. Chapter 4 (14 pp.). Clear information on all aspects of the IEP process in planning for special education services is provided.

Information on Due Process Hearings/Complaints. Chapter 6 (17 pp.). Describes due process hearings, and complaints. It informs families about the process for resolving concerns, disagreements, or complaints around special education services in California.

Thoughts About My Child
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
1988. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 16 pp. $1.

This booklet is a useful way for families to organize information about their young children. Forms and sheets to record the child's health history, needs, names of medical and educational numbers, and other necessary information are included. The booklet is available in English, Spanish and Hmong.

ADDITIONAL SOURCES

Resource Bibliographies

A Resource List of Selected Video Materials

National Early Childhood Technical Assistance System (NEC*TAS), CB # 8040, Suite 500 NCNB Plaza, Chapel Hill, NC 27599-8040. 919/962-2001. 20 pp. Free.

This document lists videos produced by state agencies, universities, professional organizations, and commercial vendors to increase public awareness about issues relating to early intervention and federal legislation addressing education for young children with disabilities, and to train personnel to serve these children and their families. The material is divided into three sections: an annotated list of individual video materials, a list of video catalogs, and information forms. The annotated video list is organized around five topic areas: advocacy and awareness, law and implementation, training for implementation, intervention techniques and training, and general training. Includes information on publishers or distributors.

Beginner's Bibliography

GREENBERG, P. (ED.)

The National Association for the Education of Young Children (NAEYC)

1991. 1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460 or 202/232-8777. 4 pp. $10. for 100 copies, single copies are $.50.

An annotated list of the best resources about young children. Although children with disabilities are not the focus of this bibliography, the references will be useful for some parents, students, and others new to the field. Both books and periodicals are listed. $10. for 100 copies, single copy $.50.

The Complete Directory for People with Disabilities

MACKENZIE, LESLIE (ED.)

1992. Grey House Publishing, Inc., Pocket Knife Square, Lakeville, CT. 06039. 203/435-0868. Fax 203-435-0867. 580 pp. $85. plus $7.50 shipping.

This comprehensive directory was developed to provide a single resource for people with disabilities, their families, and professionals. The directory is organized into 17 chapters with multiple subchapters, in four major groupings: institutions, products, media, and programs. The directory includes institutional listings of associations and organizations, camps, governmental agencies, housing, adult residential facilities, libraries and research centers. Media resources include books, newsletters and magazines, videotapes and films, and conferences and shows. The products section includes assistive devices, clothing and computers. A variety of programs are listed in the areas of education, funding, recreation, travel, and transportation. The information is an updated compilation from databases, directories, and product catalogs. Reccommended as a primary reference for families and professionals.

Early Childhood Special Education Curriculum Bibliography

PERSONNEL DEVELOPMENT FOR INFANT PRESCHOOL PROGRAMS

1991. 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5920. Call for price information.

An annotated bibliography of selected curriculum materials for the early childhood special education field, this booklet is a resource for professionals working with infants and preschoolers with disabilities and their families. The material is organized into four major categories: Infant Curriculum, Infant Activities (for professionals and families), Preschool Curriculum, and Preschool Activities (for professionals and families). Materials included reflect best practices in early childhood special education services. Parents interested in curriculum and learning activities for their children will find descriptions and ordering information for all listings.

Good Books about Disabilities and Health for Children and Families

SPECIAL NEEDS PROJECT

October 1991. 1482 East Valley Road, #A-121, Santa Barbara, CA 93108. 805/565-1914. For orders: 800/333-6867. Fax 800-969-5449. 16 pp. Free.

This listing of materials about physical and mental disabilities, hospitalization, general health, and parenting covers resources available for purchase from the Special Needs Project. In addition to the materials listed, the project has information on other books addressing disabilities and health matters. The project consults with public and private agencies, schools and libraries on selection and application of appropriate titles. The project can assist in locating hard-to-find resources. The group also offers free "short lists" on particular topics for parents, teachers, and young people.

A Reader's Guide for Parents of Children with Mental, Physical or Emotional Disabilities

MOORE, CORY

1990. 3rd ed. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468-8800. 248 pp. $14.95. $3.50 shipping.

A comprehensive, annotated bibliography available for families of children with exceptional needs, this guide includes a listing of materials for parents and professionals on materials for all disabilities, specific disabilities, specific topics of interest for parents, books for younger readers, journals, magazines, newsletters, directories, and a useful index section. Listings are included for a wide range of disabling conditions and to address lifelong needs. This guide should be considered a primary resource for any family/professional library.

Libraries, Collections

California Early Intervention Library

650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925.

A catalog is available listing all of the materials in the California Early Intervention Library for participants in California's 26 local planning areas (LPAs) including LPA coordinators, participants in local interagency groups, families, or early intervention service providers. The library includes copies of written materials for family and professional use that have been developed by California's local planning areas. New materials are added daily to the library to maintain a timely resource collection for staff development and personnel training. In response to a specific request from an individual involved in a local planning area, the database is searched to provide a computerized listing of the materials available for two-week loans. Requests can be made by telephone, SpecialNet, fax, or mail. To obtain any item, a library application must be on file. Applications and a copy of the California Early Intervention Library Catalog are available by calling 916/641-5925. FAX 916/641-5871. SpecialNet: CA.RISE.

The Children With Special Needs Collection

REGGIO, STEVE

B. Dalton Bookseller, 122 Fifth Avenue, New York, NY 10011. For more information contact Donna Passannante at 212/633-3311.

Barnes & Noble, Inc., the largest bookseller in the nation, has developed a special section for books on children with disabilities. This collection is found in B. Dalton and Barnes & Noble bookstores nationwide. The collection is designed to serve as a single location of resources on children with disabilities. Materials include information on specific problems, development, family resources, and various therapies. The books have been endorsed by the National Parent Network on Disabilities. Stores involved will display the books in the Family and Child Care sections. A brochure about the collection is available free in all participating stores or through the address above. Customers may send suggestions, request additional books be added to the collection, and share comments on the collection. There are 50 titles on the core list with an additional 200 titles that can be ordered.

Guidelines for Establishing a Family Resource Library

STEELE, BARBARA AND WILLARD, CAROLYN

1991. 2nd ed. Association for the Care of Children's Health (ACCH), 7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814. 301/654-6549. 96 pp.$8. plus $1.50 shipping.

This guide provides direction in forming a family resource library. Suggestions are directed to community agencies, hospitals, schools, public libraries, and others providing services. Reviewers from areas of community service have contributed to make the guidelines relevant to a broad audience. Topics include policies and procedures, library services, promotion and outreach, accountability and evaluation, selected sources for bibliographies and other materials, and references.

Helping Your Child Use the Library

OFFICE OF EDUCATIONAL RESEARCH AND IMPROVEMENT, U.S. DEPARTMENT OF EDUCATION

1989. Available through R. Woods, Consumer Information Center, Booklet #455X, Pueblo, CO 81009. 719/948-3334. 22 pp. Free (include $.50 for postage).

This booklet includes valuable tips on encouraging children to read and how to take advantage of the wealth of resources that libraries offer including a description of programs and services the local library may provide.

National Library Services for the Blind and Physically Handicapped

Northern California: Braille and Talking Book Library

California State Library, 600 Broadway, Sacramento, CA 95818. 800/952-5666 or 916/322-4090.

Southern California: Braille Institute Library Services, 741 North Vermont Avenue, Los Angeles, CA 90029. 800/252-9485 or 213/660-3880. A free catalog of printed materials and videos is available through both.

This free library service features "Talking Books," selected books which have been recorded on audio cassette tape. The tapes can be checked out by families and played on a free, loaned audio cassette player. Braille materials are also available.

Resources in Special Education (RISE) Materials and Library Resources

Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925.

This lending library is a centralized collection of special education books, videos, and articles. A valuable resource for teachers, professors, administrators and parents. Includes materials for personnel development, deaf-blind education, alternative teaching strategies, cross-cultural special education, parent issues, and transition. Items are available for a two-week loan to California residents, videos for a two-week period for a $10. fee. Research articles are available to all for the cost of duplication. RISE also has over 95 books and videotapes available for purchase. Call for a catalog.

Young Children and Picture Books: Literature From Birth To Six
JALONGO, MARY RENCK
1988. National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460 or 202/232-8777. 119 pp. $10.

A guide for families on children's literature and the selection of appropriate books. This text includes: The Importance of Children's Literature, Bringing Picture Books and Young Children Together, and How Children Respond to Literature. Although the material does not focus on children with disabilities, the materials listed celebrate cultural diversity and the universality of human experience. A selected bibliography of picture books on videocassette is also included.

State and National Organizations

National Information Center for Children and Youth With Disabilities (NICHCY)
P.O. Box 1492, Washington, D.C. 20013-1492. Free. 800/999-5599 or 703/893-8614.

NICHCY offers a complete and current listing of major federal and state organizations clearinghouses, and toll-free numbers. NICHCY also publishes a wide variety of free materials to families including prepared information packets and a complete listing of all their materials. The organization offers personal responses to specific questions from parents through their databases of information. NICHCY makes referrals to other organizations and sources of help and provides information on local, state, or national disability groups. The group publishes *State Resource Sheet: California* (1991, 2 pp.) which lists all the names, addresses, phone numbers and directors of all major state departments and agencies serving children with disabilities and their families. The sheet also lists state disability organizations, university affiliated programs, and parent training and information projects. The organization also publishes *NEWS DIGEST*, an issue paper which is a compilation of current research and relevant program information. NICHCY should be considered a critical key family resource and its materials should be in the hands of every parent and resource library. All NICHCY materials are free.

The Association for the Care of Children's Health (ACCH)
7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549.

ACCH is recognized as a national organization which promotes health care programs, and environments to meet the needs of all children. The organization is active in health care policy leadership. The ACCH publishes a bimonthly newsletter, *ACCH News*, and a quarterly journal, *Children's Health Care*. The organization's excellent resource catalog is the source for many useful materials for families and children and includes publications such as *Activities for Children with Special Needs* (1986. 38 pp. $9.90), *Your Child with Special Needs in the Home and in the Community* (1989. 29 pp. $2.75), and *Community Checklist for Care of Children with Special Needs* (3-panel brochure, 1 pp., sold only in units of 40 brochures. $4.40).

Direct Link
P.O. Box 1036, Solvang, CA 93463. 805/688-1603.

Direct Link is a non-profit organization that offers computerized information and referral services for anyone interested in any disability or chronic condition. Information in Direct Link's extensive database is constantly updated. More than 11,000 organizations from every county in the nation are included. The staff will do direct research on any topic or question on disability or services. Direct Link also publishes a free quarterly newsletter, *Direct Connect*.

ERIC Clearinghouse on Handicapped and Gifted Children
COUNCIL FOR EXCEPTIONAL CHILDREN
1920 Association Drive, Reston, VA 22091-1589. 703/620-3660.

Associated with this major national organization, the ERIC Clearinghouse's product flier lists many 2-page digests that provide general information on specific topics, practices, and research in special education.

National Association for the Education of Young Children (NAEYC)
1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460 or 202/232-8777.

NAEYC is the nation's largest membership organization of early childhood professionals and others dedicated to improving the quality of services to young children and their families. Longtime champions of young children, this important organization publishes a wide variety of materials for professionals and family members interested in children with special needs.

National Center for Clinical Infant Programs (NCCIP)
733 15th Street N.W., Washington, D.C. 20005. 202/347-0300.

The NCCIP is an organization concerned with improving and supporting professional efforts in infant health, mental health, and development. Project Zero to Three works in 15 states to increase the effectiveness in coordinating services for disabled and at-risk infants, toddlers and their families. The organization publishes a variety of materials for professionals and parents.

National Center for Education in Maternal and Child Health/National Maternal and Child Health Clearinghouse (NCEMCH)
38th and R Streets N.W., Washington, D.C. 20057. 202/625-8400.

This valuable family resource has information for organizations, agencies, and individuals who have an interest in maternal and child health, provides information on request, and produces publications on this topic.

Parent Advocate Coalition for Educational Rights (PACER) Center, Inc.
4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966.

This coalition of 18 Minnesota disability organizations is a center of "parents helping parents." Staffed largely by parents, PACER offers information about laws and procedures, parent rights and responsibilities, and more. A free catalog of material is available.

Journals, Periodicals, and Newsleters

Beach Center on Families and Disability Newsletter
UNIVERSITY OF KANSAS,
BEACH CENTER ON FAMILIES AND DISABILITY
c/o Institute for Life Span Studies, 3111 Haworth Hall, Lawrence, KS 66045. 913/864-7600. Free.

Published by the first federally funded national rehabilitation and training center on families and disabilities, this family newsletter is edited by a national parent leader. The publication is printed three times per year and covers many topics of interest for families. It brings a national perspective to the long-term or life-long approach to raising or serving individuals with disabilities.

Coalition Quarterly-Technical Assistance for Parent Programs (TAPP) Network
FEDERATION FOR CHILDREN WITH SPECIAL NEEDS
95 Berkeley Street, Suite 104, Boston, MA 02116. Free.

This resource is written for parents and professionals interested in the latest developments in major parent training and information centers across the U.S. and updates of progress by states in implementing services for young children with disabilities and their families under Public Law 99-457 legislation. The newsletter is published quarterly and includes information on national family involvement.

Early Childhood Connection
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. Free.

PACER's Early Childhood newsletter focuses on issues of interest to families with young children (ages birth through 5) who have disabilities or special needs. This informative newsletter is mailed three times a year.

The Exceptional Parent
PSY-ED CORPORATION
P.O. Box 3000, Department EP, Denville, NJ 07834. 800/247-8080. $18 yearly for individuals. $24 yearly for schools, organizations, programs, and agencies.

This periodical addresses all disabilities and is directed toward parents of children with exceptional needs. Each issue includes articles on a variety of topics important to families raising children with disabilities such as education, diagnosis, attitudes and care. The magazine is published eight times a year and has a wide following with families of children with disabilities.

The Family Resource Connection Newsletter
FAMILY RESOURCE COALITION
230 North Michigan Avenue, Suite 4625, Chicago, IL 60601. 312/341-0900. Annual membership in the Coalition is $35. for individuals, $70. for organizations. For members the newsletter is free.

Published bimonthly by an organization with a history of advocating for families, this newsletter addresses a variety of issues. Although it does not focus on families of children with special needs, many of the same advocacy and support concerns are represented. The coalition's mission is to build supported resources within communities to strengthen and empower families, enhance the capabilities of parents and foster the optimum development of children. This coalition provides national leadership by developing resources for programs, affecting public policies, and increasing public understanding.

Kaleidoscope Newsletter
Written and published by the parent representatives of the CALIFORNIA INTERAGENCY COORDINATING COUNCIL (ICC).
To be placed on the mailing list, contact Kaleidoscope, CEI*TAN, 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-2927 or Diane Hall at 209/535-5135 for more information. Free.

This bimonthly newsletter updates families on the planning process of the state ICC. The council is composed of appointed representatives from five major state agencies providing services to infants and toddlers with exceptional needs and their families and is responsible for planning activities for the implementation of Public Law 99-457, Part H. The newsletter is written from the perspective of the family representatives on the council, and informs parents of issues the ICC is addressing in which parents can have oral or written input.

National Fathers Network Newsletter
NATIONAL FATHERS NETWORK
Available through the Association for the Care of Children's Health (ACCH), 7910 Woodmount Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549. Four issues per year. Free.

A quarterly publication devoted to issues of fathers and parenting, this newsletter features articles by fathers of children with exceptional needs. The focus is on support and the sharing of information. Resources for fathers and articles on key family topics are included.

National Parent Network: A Newsletter For and By Parents and Families With Individuals Who Are Deaf-Blind
PUBLISHED PERIODICALLY BY THE NATIONAL PARENT NETWORK, HELEN KELLER NATIONAL CENTER
111 Middle Neck Road, Sands Point, New York 11050-1299. 516/944-8900. Free.

This newsletter provides provides important updates including federal legislation news and conference information for families of children who are deaf-blind.

The Networker
PUBLISHED BY MATRIX
320 Nova Albion Way, P.O. Box 6541, San Rafael, CA 94903. 415/499-3877. Free.

This regional newsletter updates families on important local and Northern California events, educational and support resources, and articles of interest from the state and national level. It is published bimonthly by one of the state's Parent Training and Information center projects.

OSERS News in Print
THE OFFICE OF SPECIAL EDUCATION AND REHABILITATIVE SERVICES (OSERS)
Clearinghouse on Disability Information, Room 3132, Switzer Building, 330 C Street S.W., Washington, D.C. 20202-2524. 202/732-1723. Free.

Published quarterly, this newsletter contains information of national interest from the federal special education perspective. It is a helpful source for those family members and professionals who are interested in developments from across the country.

The PACER Advocate
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. Six issues per year. $12.

This newsletter is for people who are actively involved in special education issues and are interested in current state and federal legislation news. Annual subscription (September 1 through August 31) includes six or more issues.

The Pacesetter
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. Three times per year. Free.

This newsletter is by and for parents of children with disabilities and provides an overview of legislation, court cases, federal and state financing for special education programs, PACER Center programs, and new developments in the special education field.

reSOURCES Newsletter
CALIFORNIA DEAF/BLIND SERVICES (CDBS)
650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5855 or TDD 800/822-7884. Free.

This bimonthly newsletter provides a statewide perspective on services, programs, and resources for individuals with varying degrees of deafness and blindness. The publication spotlights best practice programs, books, videos, conferences, policy and issues of importance for families. Braille and large print copies of reSOURCES are available through CDBS.

Sibling Information Network Newsletter
SIBLING INFORMATION NETWORK
The A.J. Pappanikou Center on Special Education and Rehabilitation
A University Affiliated Program
991 Main Street, Suite 3A, East Hartford, CT 06108. 203/282-7050. Membership is $7. per year for individuals, $15. for organizations or institutions.

Approximately 1800 parents and professionals from the U.S., Australia, Canada, Great Britain and Israel are members of the network. Other free resources for members include: *Issues Relating to Developmental Disabilities: A Bibliography for Families*. 1992. 16 pp.; *Children's Literature for Sisters and Brothers of Children With Special Needs*. 1991. 15 pp.; *An Annotated Bibliography of Children's Literature, Siblings of Individuals*. 1992. 17 pp.. A bibliography of journal articles about siblings of children with disabilities. *Videotapes Issues Relating to Developmental Disabilities*. 1992. 17 pp. An annotated listing of audiovisual materials. *Sibling Groups and Programs*. 1992. 15 pp. descriptions of support services developed for siblings organized by state by Network members and *Guidelines for Starting a Sibling Program*. 1992. 3 pp. Published quarterly, this newsletter features information for and about siblings of persons with disabilities and the resources and issues related to their families.

The Special EDge
RESOURCES IN SPECIAL EDUCATION (RISE)
650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. Free to California residents, $10 out of state, $15 in Canada, $20 international.

The bimonthly newsletter of the California Special Education Division provides descriptions of innovative programs and model programs, timely reports on legislative developments, student success stories, profiles on policy makers and educators, and details on personnel development programs, technology, resources, conferences and instructional materials. This nationally recognized monthly newsletter reaches an estimated 50,000 individuals across the United States.

The Special Edition
PUBLISHED BY PARENTS HELPING PARENTS (PHP)
535 Race Street, Suite 220, San Jose, CA 95126. 408/288-5010.

This parent newsletter is published quarterly by one of the California Parent Training and Information Center projects and includes a variety of helpful articles, listed resources, updates, and a calendar of local and regional events.

The TASK Newsletter and Flier
PUBLISHED BY
TEAM OF ADVOCATES FOR SPECIAL KIDS (TASK)
100 West Cerritos Avenue, Anaheim, CA 92805. 714/533-2533. $20. per year donation.

A newsletter for families of children with exceptional needs in the Los Angeles region of Southern California, this resource is published by one of California's Parent Training and Information center projects. The newsletter includes articles on issues of regional, state, and national interest to families. An accompanying flier lists training opportunities for families sponsored by TASK in the region.

UCP Family Support Bulletin
United Cerebral Palsy Association, Inc., Community Services Division, 1522 K Street N.W., Suite 1112, Washington, D.C. 20005. 202/842-1266 or 800/872-5827. Free.

This newsletter takes a national perspective on developments within the educational arena of individuals with exceptional needs and issues around family support and community involvement. Articles on a variety of issues of importance to families with children with disabilities are featured. National and state resources and networks are often included in this newsletter.

Task Force Reports

California: The State of Our Children
What's Happening to Our Children?
A County-By-County Guide
1991. Plus: California Report Card 1991

Children Now
926 J Street, Suite 413, Sacramento, CA 95814. 916/441-2444, Oakland Office 510/763-2444, Los Angeles Office 213/399-7444. 48 pp. Free.

This report reviews conditions in California for young children. Although children with special needs are not the focus, readers with interest in the status of youth will find this material of interest. The guide is in its third year and includes a *County-By-County Guide, California State Report Card 1991, Resources for County Data (Looking at the Status of Children in Your County), A Guide to the Facts (State Benchmarks for Children: Data)* which examines 27 key indicator areas, and an *Action Agenda for California's Children* which includes suggestions for group and individual action.

Here They Come: Ready or Not!
Report of the School Readiness Task Force
CALIFORNIA DEPARTMENT OF EDUCATION
1988. Bureau of Publications, P.O. Box 271, Sacramento, CA 95812-0271. 916/445-1260. Full report, $4.25, summary report $4.25.

This important report focuses on the instruction of young children, aged 4 through 6. Recommendations set a clear direction for parents, and program and school staff in creating effective early primary programs. The initial report was followed by a Program Advisory from the Department of Education in June 1989 entitled "Educating Young Children: Next Steps in Implementing the School Readiness Task Force Report," which advises school districts and the providers of preschool and early primary programs on how to implement the recommendations of the report.

Lanterman 2000:
New Directions For A New Decade
LANTERMAN 2000 STEERING COMMITTEE
1990. Available through Westside Regional Center, 5901 Green Valley Circle, Suite 320, Culver City, CA 90230-6902. 213/337-1155. Ext. 520. 25 pp. Free.

In 1977, California passed the Lanterman Developmental Disabilities Services Act, a bill that held great promise for Californians with disabilities. The act articulates a dream because it recognizes "the same legal rights and responsibilities guaranteed all other individuals," calls for services that enable the disabled to approximate the pattern of everyday living available to others, defines program effectiveness in terms of "more independent, productive, and normal lives for the person served;" and calls for a continuum of services to meet the needs of each person with developmental disabilities, regardless of age or degree of handicap, and at each stage of life.

SECTION II

FAMILY SUPPORT

GENERAL RESOURSES

RESOURCES FOR FORMING FAMILY SUPPORT GROUPS

FAMILY EXPERIENCES

FOR THE WHOLE FAMILY

OTHER CAREGIVERS

CHILD CARE RESOURCES

CHILDREN'S BOOKS

LONG-TERM PLANNING

General Resources

Acceptance is Only the First Battle: How Some Parents of Young Children Have Coped With Common Problems

Rural Institute on Disabilities

1984. 2nd printing 1990. University of Montana Affiliated Program, 52 Corbin Hall, University of Montana, Missoula, MT 59812. 406/234-5467. 44 pp. $4.45.

A booklet in which mothers write on a variety of topics including Being a Detective, Choosing from Conflicting Advice, Support Groups, and Surviving the First Three Years. The accounts from parents are honest and clear.

Early Services For Children With Special Needs: Transactions For Family Support

Healy, Alfred M.D., et al.

1989. 2nd ed. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285. 800/638-3775 or 301/337-9580. 256 pp. $21.

A clear, easy-to-read guide focusing on the early children special education legislation of Public Law 99-457, this book examines the intent of the law to offer meaningful support for families to enhance the development of their children. The book helps readers understand the 14 major steps of this significant law and recognize the importance of family/professional collaboration. An annotated bibliography is also included.

Exploring Support Systems: A Family Education Program

Mendoza, Jeanne

1991. 2nd ed. Communication Skill Builders, 3830 East Bellevue, P.O. Box 42050, Tucson, AZ 85733. 602/323-7500. 160 pp. Spiral bound manual. $39.

A training curriculum designed to assist families, this manual includes material developed to provide the necessary skills for families to access resources at the state and local level. The material covers effects of the high-risk child on the family, family dynamics, how to build family support, how to develop skills to effectively obtain support in the community. The training program features six sessions and two optional home visits with parents and professionals co-presenting all trainings.

Family Resource Program Builder: Blueprints for Designing and Operating Programs for Parents. Part 2.

Pooley, Lynn E. and Littell, Julia H.

1986. Family Resource Coalition, 200 South Michigan Avenue, Suite 1520, Chicago, IL 60604-2404. 312/341-0900. 193 pp. $30. plus $3. shipping.

This guide was developed in response to growing interest in programs that strengthen family support services in communities.

Family Support Opportunities for Action

City of Seattle

Human Service Strategies Planning Office

1991. 618 2nd Avenue, Room 1350, Seattle, WA 98104. 206/684-8057. 14 pp. Working draft copy: Free.

Staff representatives from 15 governmental departments and offices have worked together as the City of Seattle Family Support Team to create a document that identifies potential actions the local government can take. This draft includes broad goals and describes different roles that the city can play. The focus is on prevention, early intervention, removal of barriers to service and the importance of cultural diversity and participation of family members in planning and delivery of services. Although the focus is not in the area of children with disabilities, this comprehensive examination of one city's services is valuable information for parents and professionals interested in harnessing the resources of their communities to meet family needs.

Families of Handicapped Children: Needs and Supports Across the Lifespan

Powell, R., Meyer, D., and Vadasy, P.

1986. PRO-ED, 8700 Shoal Creek Boulevard, Austin, TX 78758-6897. 512/451-3246. 475 pp. $34. plus $3.40 shipping. Free shipping for prepaid orders.

This book looks at the needs of the family as their children grow and change. The text focuses on the developmental nature of experiences in caring for a child with disabilities. Excerpts from interviews and statements by family members offer unique perspectives.

Guidelines for Establishing a Family Resource Library

Steele, Barbara and Willard, Carolyn

1991. 2nd ed. Association for the Care of Children's Health (ACCH), 7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814. 301/654-6549. 96 pp. $8. (plus $1.50 shipping).

The guide provides direction in forming a family resource library. Suggestions are directed to community agencies, hospitals, schools, public libraries, and others who provide services. Reviewers from areas of community service have contributed to make the guidelines relevant to a broad audience. Topics include policies and procedures, library services, promotion and outreach, accountability and evaluation, sources for bibliographies and other materials, and references.

Hope for the Families — New Directions for Parents of Persons With Retardation or Other Disabilities

PERSKE, ROBERT

1981. Abingdon Press, 201 Eighth Avenue, South, Nashville, TN 37202. 800/251-3320 or 615/749-6000. 96 pp. $9.95.

A book which honestly and optimistically deals with the feelings, thoughts and dreams of parents of children with exceptional needs, this work sets a hopeful path for families. The beautiful drawings of Martha Perske complement the text.

How to Write an IEP

ARENA, JOHN

1989. Academic Therapy Publishers, 20 Commercial Boulevard, Novato, CA 94949-6191. 415/883-3314. 128 pp. $8 plus $2.50 shipping. Prepaid only.

When a child is identified as having a disability, an Individual Education Plan (IEP) must be developed for the child. Parents are expected to work with the school in developing this plan. This book is a guide to help families make certain that all of the factors in the child's case are taken into consideration. The author demonstrates his concern for the needs of children in this informative book.

Into Our Lives: A Guidebook to the IFSP Process for Families Raising Children with Developmental Disabilities

FAMILY CHILD LEARNING CENTER

1991. 90 West Overdale Drive, Tallmadge, OH 44278. 216/633-2065. Fax 216/633-2658. 45 pp. $5 including shipping.

This booklet was based on a program of family support and information called Building Family Strengths that was developed by a group of mothers of children with disabilities. The guide focuses on the Individualized Family Service Plan (IFSP) process and covers topics of key interest to families with young children. The subjects include material on coping skills, communication, decision-making, transition, developing family-centered plans and the parent/professional team.

Lost Dreams and Growth

MOSES, KEN

Resource Networks, Inc., 1618 Orrington Avenue, Evanston, IL 60201. 708/864-4522. $95. plus $5 shipping. VHS Videotape.

This excellent video production of a Ken Moses presentation was made with and for parents with special-needs children. It is useful for professionals as well. The video focuses on the processes of grieving and coping with the loss of a dream and includes vignettes of parents sharing their experiences. (72 min.)

Meeting the Challenge of Disability or Chronic Illness: A Family Guide

GOLDFARB, L.A., ET AL.

1986. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 181 pp. $18.

This significant book covers the issues faced by families who must care for a family member with a disability or serious illness. It discusses in detail the common problems that these families face, suggests ways families can get support based on their strengths and needs, and offers advice on how each family can define and take steps to solve the unique problems it faces. The book contains an extensive resource section and practical exercises for defining problems; assessing family needs, strengths, and weaknesses; and for solving problems.

New Directions For Exceptional Parenting

DOWNEY, PAT

1986. Association for the Care of Children's Health (ACCH), 7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549. 16 pp. $4.50.

This booklet was written by the mother of a child with multiple disabilities and addresses subjects of interest to many families. Key topics include Feeling the Emotional Impact of Exceptional Parenting, Identifying Three Major Responsibilities, Maintaining a Positive Outlook, Working Out Family Relationships, and Developing a Support Network.

Parent Resource Guide

Revised 1990. Family Empowerment Project. 12208 Pacific Highway S. W., Tacoma, WA 98499. 206/588-1741. 108 pp. $2.50 plus $2. shipping.

This parent folder was written to orient and support families learning about a child with disabilities and resources and information they will need for finding help. The folder includes three-ring sections for Parent Helps-Coping, Sharing and Adjusting, Communication-Confidence, Assertiveness, Problem-Solving, and Positive Relationships, State and Federal Laws — Understanding Rights, Protections and Services, Record Keeping/Organizing Home Files and Medical Issues, Resources, Insurance Payment Options. Chapters may not seem necessary to a parent now, but may be helpful in the future. The guide will continued to be revised to meet family needs. The major focus of the guide is on information that is useful to families nationally. Some material is specific to Washington state residents.

Respite Care: A Gift of Time
NICHCY News Digest #12
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1989. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 11 pp. Free.

A news digest report on respite care, this article provides information on options for the care of children with disabilities. An overview of respite care is featured with information on the benefits of these services, how to establish a community respite care program, networking, model respite care programs and suggestions for parents on respite care. A list of references, a bibliography of print materials, and listing of organizations and family support projects is included.

You Are Not Alone: For Parents When They Learn That Their Child Has a Handicap
SMITH, PATRICIA MCGILL
1984. National Information Center For Children and Youth with Disabilities (NICHCY), P.O. Box 1492, Washington, D.C. 20013. 800)/999-5599. 4 pp. Free.

This direct and thoughtful exploration of a family's needs upon their child's diagnosis of disabilities offers sensitive guidance and useful suggestions. It touches on common reactions to the diagnosis and a wealth of ideas and actions which help orient families to the challenges they face and sources of support to assist them.

RESOURCES FOR FORMING FAMILY SUPPORT GROUPS

California Nonprofit Corporation Handbook
MANCUSO, ANTHONY
Nolo Press, 950 Parker Street, Berkeley, CA 94710. 510/549-1976. 250 pp. $29.95 plus $4. shipping.

This handbook is a complete legal guide to the process of becoming a nonprofit organization. In addition to supporting groups with an effective organizational plan of advisory boards, once incorporated, a group or organization has many opportunities to access sources of community support from other agencies and organizations and in applying for a variety of grants and foundation support to increase and diversify their funding base and provide greater stability for programs.

California Nonprofit Corporation Start-up Program
Nolo Press, 950 Parker Street, Berkeley, CA 94710. 510/549-1976. $69.96 plus $4. shipping and local taxes.

This computer software program of the step-by-step process required to incorporate as a nonprofit organization in California may be ordered with either a Macintosh or IBM-compatible program. The program structures the process with the necessary forms and explanatory information. A manual similar to the California Nonprofit Corporation Handbook is included.

Circle of Care and Understanding: Support Programs for Fathers of Children With Special Needs
MAY, JAMES
1992. Association for the Care of Children's Health (ACCH),7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549. 87 pp. $6.95 plus $2.50 for shipping.

A hands-on approach to starting and maintaining a support program for fathers of children with exceptional needs, this guide is useful for parents and professionals. The material describes how to form an initial group, how to organize the program, how to market the program, and how to develop effective leadership. The author has taken a family-centered approach to support programs for fathers in which open discussion, education, social needs and father-child interaction are addressed. The appendices include a variety of useful reproducible forms, handouts and worksheets. A survey for programs and service providers to self-assess how they are meeting the needs of fathers is also featured.

Educators and Parents Working Together to Develop Special Education Parent Support Groups

DUGANNE, M.A., FERRARA, M., AND JUSTICE, T.

1986. Special Education Resource Network (SERN). Available through Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 40 pp. $6.

This booklet describes a process for creating successful special education parent support groups. It describes what a school agency parent support group is and how one works. The booklet also includes a clear presentation of the potential benefits to parents and school systems that family or professional partnerships foster.

A Guide for Developing Self-Help/Advocacy Groups for Parents of Children With Serious Emotional Problems

DONNER, RICHARD AND FINE, GLENDA Z.

1987. Georgetown University Child Development Center. Available through the Parent Advocate Coalition for Educational Rights (PACER) Center, Inc., 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 800/537-2237. 36 pp. $5.

This concise booklet offers practical suggestions from the author's parent group experience for forming self-help groups. Although the focus of the groups is around children with serious emotional problems, family members and professionals interested in forming or fostering parent groups will find the material in this booklet useful.

How to Organize an Effective Parent/Advocacy Group and Move Bureaucracies

DES JARDIN, CHARLOTTE

1992. Revised and Updated. Family Resource Center on Disabilities, 20 East Jackson Blvd., Room 900, Chicago, IL 60604. 312/939-3513. 126 pp. Available August, 1992. $10. plus $1.50 shipping.

This frank, step-by-step guide offers many practical suggestions for family members who are involved in advocating on behalf of their children's needs or creating new options within the system.

Organizing and Maintaining Support Groups For Parents of Children With Chronic Illnesses and Handicapping Conditions

NATHANSON, MINNA NEWMAN

1986. Association for the Care of Children's Health (ACCH), 7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549. 162 pp. $15.

A handbook in loose-leaf format which represents five years of work with more than 200 parent groups connected with childhood cancer, this guide is designed as a working tool. It offers resources for meeting new needs as a group changes. The materials can be placed in a binder so that each group can add its own resource materials. The text includes activities, ideas for forming and organizing a group and strategies to maintain a group. Families form self-help groups to offer mutual support, share information, and to develop programs and services to meet the needs of their children, families and communities. This book is intended as an aid for families who are forming new groups or are striving to revive old groups.

Steps to Starting a Family Resource Center of a Self Help Group

POYADUE, FLORENE

1991. Parents Helping Parents (PHP), 535 Race Street, Suite 220, San Jose, CA 95126. 408/288-5010. 65 pp. $22. plus $5. shipping and handling.

This helpful guide addresses many important considerations for designing and starting a family resource center. Written by the director of a large resource center, the book is filled with practical guidance. A family-directed resource center model in which parent/professional collaboration is built into the design is recommended. The book also suggests ways of starting a parent-to-parent self-help group for families of children with exceptional needs.

FAMILY EXPERIENCES

After the Tears:
Parents Talk About Raising
A Child With A Disability
SIMONS, ROBIN

1987. Harcourt, Brace Jovanovich, , 6277 Sea Harbor Drive, Orlando, FL 32821. 1-800-543-1918. 89 pp. $7.95 plus $2. shipping.

This book about parenting a child with a disability is told by parents of children with disabilities. Their stories provide insight into the complexity of emotions and events experienced in their efforts to resume a normal life. Dealing with feelings of isolation, relatives, siblings, the school system and the future are some of the issues addressed. Each of the 18 excellent essays is followed by an exercise suggestion.

Before and After Zachariah
KUPFER, FERN

1982, Re-issued 1989. Academy Chicago Publishers, 213 West Institute Place, Chicago, IL 60610. 312/751-7300. 241 pp. $10. plus $3. shipping.

This powerful book chronicles the story of one family's experience with a child with severe disabilities. Written by Zachariah's mother, this is an intimate and honest account of the family's long struggle to come to grips with their son's disabilities. Although many parents would not support the final decision this family made in terms of an out-of-home placement of their son, the book is valuable in its very real exploration of issues families face.

The Broken Cord:
A Family's Ongoing Struggle
With Fetal Alcohol Syndrome
DORRIS, MICHAEL

1989. Harper and Row, 10 East 53rd Street, New York, NY 10022. 800/242-7737. 300 pp. $11. plus $2.

This compelling tale was awarded the 1989 National Book Critics Circle Award for Nonfiction. The author, a Native American and recognized writer, tells the story of his family's adoption in 1971 of a 3-year-old boy with fetal alcohol syndrome from the Sioux tribe. The book describes the family's experiences raising a child with a variety of physical and behavioral disabilities.

A Child Called Noah
GREENFIELD, JOSH

1986. Revised. Harcourt Brace Jovanovich, 6277 Sea Harbor Drive, Orlando, FL 32821. 800/543-1918. 204 pp. $7.95 plus $2. shipping.

This book describes life with a 3-year-old boy with developmental delays. It had great impact on the public when excerpts appeared in *Life* magazine in 1969. The text is a gripping, often painfully honest account in journal form of his family's struggle with Noah's illness in the first six years of the boy's life. Later books in this series by the author, *A Place For Noah* ($7.95 plus shipping), and *A Client Called Noah* ($7.95 plus shipping) follow Noah's life as he and the family grow and change.

A Difference in the Family:
Life with a Disabled Child
FEATHERSTONE, HELEN

1981. Penguin USA Books, 375 Hudson Street, New York, NY 10014. 800/526-0275. 288 pp. $9.

This book is a description of the common features of families having a child with a disability. The author draws from her own experiences, parent group discussions, and other first-person accounts to look closely at some common themes – fear, anger, guilt, and marital stress – that can be part of such family experiences. Although she describes many special characteristics, the author emphasizes the basic normality of the families and the insights, triumphs, and acceptance possible for family members.

Equals in This Partnership: Parents of Disabled and At-Risk Infants and Toddlers Speak to Professionals
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

1985. National Maternal and Child Health Clearinghouse (NMCHC), 38th and R Streets N.W., Washington, D.C. 20057. 202/625-8410. 43 pp. Free.

In this booklet, parents share ideas and insights into the joys and difficulties of raising children with special needs, including their experiences with the medical profession and other service providers.

The Long Dying of Baby Andrew
STINSON, R. AND STINSON, P.

1983. Order Dept., Little, Brown & Company, 200 West Street, Waltham, MA 02154. 800/343-9204 or 617/227-0730. 375 pp. $17.45 plus $3.50 shipping.

From a joint husband and wife journal, a vivid history of the short, half-year life of their premature son. The book takes a very intimate and honest look at the life of this fragile child and family in crisis revealing the extraordinary demands and difficult decisions that this complex event places on family members. Although the authors' anger sometimes comes to the surface in their attempts to deal with many challenges, readers will find a compelling tale here.

BEST COPY AVAILABLE

Parents Speak Out: Then and Now
TURNBULL, A.P. AND TURNBULL, H.R. (EDS.)
1985. 2nd ed. MacMillan Publishing Co., Front and Brown Streets, Riverside, NJ 08075. 800/257-5755. 304 pp. $26.

This is a new edition to the classic book of essays by parents, many of whom are also professionals in the area of services for people with disabilities. This has an especially interesting approach to revision. The work is divided into three sections. The first contains essays from the original book, followed by updated additions with comments on changes since the previous edition, new insights on services, philosophy, and goals. The second section contains two of the original parent essays without updates. The third section contains three new essays by parents, including one by Senator Lowell Weicker. In addition to the updates, photographs and questions to guide exploration of some of the issues discussed are provided for each contribution.

Retarded Isn't Stupid, Mom!
KAUFMAN, S.Z.
1986. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 212 85-0624. 800/638-3775. 230 pp. $15.

A heart-warming story by a parent describing what it was like for her child to grow up labeled "retarded," this is a candid account of a girl growing to adulthood and struggling for independence and a place in the community. The author discusses many of the challenges her daughter with mild retardation has faced in this honest and provocative book.

Some Just Clap Their Hands
MANTLE, MARGARET
1985. Modan Publishing Co., P.O., Box 1202, Bellmore, NY 11710. 516/679-1380. 516/679-1448. 283 pp. $12.95 plus $4.50 shipping, soft cover.

A very intimate and personal account of raising a child with disabilities as a single parent, this book is filled with real experience, feeling, and raw emotion.

We Have Been There
DOUGAN, TERRELL, ISBELL, LYNN AND VYAS, PATRICIA
1983. Abington Press, 201 Eighth Avenue South, Nashville, TN 37202. 800/251-3320 or 615/749-6000. 206 pp. $10.95.

Families share the joys and struggles of living with a child with developmental delays with honesty, insight, and humor. This book is an excellent support resource for family members in its direct discussion of many important topics. It also includes a section in which persons with developmental delays speak from their own experiences.

FOR THE WHOLE FAMILY

For Fathers

Circle of Care and Understanding: Support Programs for Fathers of Children with Special Needs
MAY, JAMES
Association for the Care of Children's Health (ACCH), 7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549. 87 pp. $6.95 plus $2.50 shipping.

A hands-on approach to starting and maintaining a support program for fathers of children with exceptional needs, this guide is useful for parents and professionals. The material describes how to form an initial group, how to organize the program, how to market the program, and how to develop effective leadership. The author has taken a family-centered approach to support programs for fathers in which open discussion, education, social needs, and father-child interaction are addressed. The appendices include a variety of useful reproducible forms, handouts, and worksheets. A survey for programs and service providers to self-assess how they are meeting the needs of fathers is also featured.

Fathers of Children With Special Needs: New Horizons
MAY, JAMES
1990. Available through the Association for the Care of Children's Health (ACCH), 7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549. 51 pp. $5. plus $2. shipping.

A useful resource, this text is the first document totally devoted to fathers. Topics include research, the special role of fathers, parent professional collaboration, support groups, and resources. The book is filled with personal stories and includes a current section on resources for parents and professionals.

Special Kids, Special Dads — Fathers of Children With Disabilities
MERRY WOOD SCHOOL
1989. Bellevue, WA. Available through the Association for the Care of Children's Health (ACCH), 7910 Woodmont Avenue, Suite 300, Bethesda, MD 20814-3015. 301/654-6549. $83. plus shipping. VHS Videotape.

This videotape takes an in-depth look at the emotional needs of fathers and is useful for both professionals and parents. Fathers share their experiences with raising a child with disabilities and their efforts to gain and share support. Includes a discussion guide. (23 min.)

For Siblings

Brothers and Sisters —
A Special Part of Exceptional Families
POWELL, THOMAS H. AND OGLE, PEGGIE A. (EDS.)

1992. 2nd edition. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 248 pp. $16.95.

This sensitive and informative book gives guidance to parents and professionals on methods of assisting siblings in exceptional families. An annotated guide to resource organizations and further suggested readings is included.

Brothers and Sisters Talk with PACER
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.

1987. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 36 pp. $4.

This is a collection of first person accounts based on PACER interviews with 11 siblings of children and young adults with disabilities directly presents family experiences.

Brothers, Sisters and Special Needs: Information and Activities for Helping Young Siblings of Children With Chronic Illnesses and Developmental Disabilities
LOBATO, DEBRA J.

1990. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 190 pp. $28.

A book packed with definitive information, and special understanding and sensitivity, this comprehensive guide addresses sibling and family needs. The practical material in this text shows parents and professionals how they can contribute to a child's understanding of disabilities or chronic illness in a healthy, adaptive way during the preschool and elementary years. The book is available with the Leader's Companion Packet, a 64-page collection of laminated flash cards containing illustrations, photographs, star charts, activity and evaluation cards. The packet may be used to conduct workshops which help brothers and sisters identify their strengths and learn new strategies for coping with family challenges.

Children With Disabilities: Understanding Sibling Issues
NICHCY News Digest #11
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)

1988. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 11 pp. Free.

An article on issues for brothers and sisters of children with disabilities, this material contributes to the understanding of families about these relationships. It includes information on nondisabled sibling reactions and the family environment, family stress factors, the impact on a sibling with a disability or chronic illness, an adult sibling's suggestions on planning for the future, and suggestions to parents. Patricia McGill Smith provides a first hand parent perspective with her article, "Where Was Marianne?" A listing of references and a bibliography is included.

Living With a Brother or Sister With Special Needs: A Book For Sibs
MEYER, DONALD J., ET AL.

1985. University of Washington Press, P.O. Box 50096, Seattle, WA 98145. 800/ 441-4115 or 206/543-8870. 110 pp. $12.95.

Based on the material developed by the University of Washington Child Development and Retardation Center with their workshops for primary school siblings of children with disabilities. This guide is a realistic and informative resource. The guide contains information on various disabilities, an exploration of the feelings and issues of brothers and sisters, and practical suggestions for addressing the day-to-day problems that these young children encounter.

Other Caregivers

Grandparent Workshops:
How to Organize Workshops
for Grandparents of Children with Handicaps
MEYER, DONALD J. AND VADASY, PATRICIA F.
1987. University of Washington Press, P.O. Box 50096, Seattle, WA 98145-5096. 800/441-4115.
100 pp. $40. 3-ring binder.

When a child is born or diagnosed with disabilities, the whole family is strongly affected including grandparents. This resource provides guidelines for establishing and maintaining a program tailored to the needs of grandparents. Programs are designed to help grandparents meet each other and professionals and to obtain support and information.

Surrogate Parents
in California Special Education:
An Overview
SURROGATE PARENT WORKING COMMITTEE,
CALIFORNIA DEPARTMENT OF EDUCATION
1992. Available through Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 60 pp. $10.

This text is a definitive guide for administrators of local education and other agencies who appoint surrogate parents under recent California legislation. The text explains who can be a surrogate parent, who needs a surrogate parent and describes an effective appointment process. The responsibilities of local education agencies, placing agencies, service providers and other agencies are addressed. The guide will also be a core reference material for surrogate parents and prospective surrogate parents.

Surrogate Parent Appointment Program:
A Resource Notebook
BY OLIVIA MANDILK, LINDA BOURGAIZE, AND DIANE CORDS
1992. Available through Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 228 pp. (shrink wrapped) $10.

Developed for administrators responsible for implementing surrogate parent appointments and for volunteers interested in being trained as surrogate parents. Provides a basic overview of special education processes, specific information for surrogate parents, issues for local administrators to address and sample local policies, procedures and communications, relevant federal and state legislation, and support materials for trainings and presentations.

Children's Books

About Handicaps:
An Open Book For Parents and Children Together
STEIN, SARAH BONNETT
1984. 2nd ed. Walker & Co., 720 Fifth Avenue, New York, NY 10019. 212/265-3632. 800/289-2553.
47 pp. $8.95 plus $3 shipping.

This sensitive story of a 6-year-old boy with cerebral palsy, Joe, and his friend Matthew honestly portrays the thoughts, fears, and uncertainties of a young child trying to come to grips with physical differences and disabilities. A separate section,which also features suggestions for helping children cope with death, is included to promote and guide discussion between adults and children.

The Balancing Girl
RABE, BERNIECE
1981. Penguin USA Publications, 375 Hudson, New York, NY 10014. 800/526-0275. 29 pp. $12.95 plus $2 shipping, $3.95 soft cover plus $2. shipping.

This story of Margaret, a child in first grade who uses a wheelchair or leg braces, is attractively illustrated with color drawings. Margaret is shown as a contented member of a regular classroom and her imaginative idea for a school fair demonstrates the talents she brings to the school setting.

The Everlasting Hills
HUNT, IRENE
1985. Charles Scribner's and Sons, MacMillan Publishing Co., 866 Third Avenue, New York, NY 10022. 800/257-5755. 192 pp. $14.95 plus $1.50 shipping.

A story with appeal for children between the ages of 10-14, this tale focuses on the eventful summer of Jeremy, a young person with developmental delays. Written by a winner of the Newberry Awards for Children's Literature, the book sensitively speaks of the emotional struggle in a family arising from the very different views of Jeremy held by his sister and father. The story reveals the boy's growing understanding and development.

I Have a Sister, My Sister is Deaf
Peterson, Jeanne Whitehouse
1977. Collins Publishing Co., P. O. Box 588, Dunmore, PA 18512. 800/242-7737 or 800/331-3761.
Unpaginated. $13.89 plus $2.75 shipping. $4.95 plus $2 shipping (paper).

This warm book for children ages 5 to 9, is written from a child's perspective. A young child sensitively describes the abilities and challenges of her younger sister who is deaf.

My Friend Leslie:
The Story of a Handicapped Child
ROSENBERG, MAXINE B.

1983. Lothrop, Lee & Shepard, 105 Madison Avenue, New York, NY 10016. 212/261-6500. Unpaginated. $13.95 plus shipping.

A description of the kindergarten world of a young girl, Leslie, with multiple physical disabilities from the view of her young friend, this book on true friendship for children 5 to 8 years is illuminated with sensitive photographs and large print. The book brings out Leslie's many gifts and ties to the other children, as well as portraying the feelings that a child with differences elicits in the children and adults around her.

My Sister's Special
PRALL, JO

1985. Children's Press, 5440 N. Cumberland Avenue, Chicago, IL 60656. 800/621-1115 or 312/693-0800. 32 pp. $10.95 hard cover.

A story told by the brother of a child with multiple disabilities, this book focuses on all the things that this young girl can do and what she brings to her family. The book, suitable for children ages 4 to 8, is illustrated with excellent black and white photographs.

Our Brother has Down's Syndrome:
An Introduction for Children
CAIRO, SHELLY

1985. Annick Press, 15 Patricia Avenue, Willowdale, Ontario M2M 1H9, Canada. 416/221-4802. Unpaginated. $4.95 soft cover, $12.95 hard cover.

Illustrated with extraordinary color photographs, this charming and heartfelt account from two sisters describes their world with their younger brother, Jai, who has Down Syndrome. The intended audience is children from the ages of 5 to 8.

Sesame Street Sign Language ABC
BOVE, LINDA

1985. Random House Publishing Company, 201 East 50th Street, 31st Floor, New York, NY 10022. 800/726-0600. 212/751-2600. 32 pp. $5.99 hardback, $2.25 paper.

As an introduction to the world of sign language, this short book with inviting, colorful illustrations and large type serves as an ideal resource. Sign language is presented in a way that is especially friendly to children. Photographs are also included in this outstanding orientation to manual communication for children in grades 3 to 8.

Sesame Street Sign Language Fun
SESAME STREET STAFF

1980. Random House Publishing Co., 201 East 50th Street, 31st Floor, New York, NY 10022. 800/726-0600. 212/751-2600. 72 pp. $8.95.

An inviting guide for children, this book continues the introduction to sign language by "Susan" of Sesame Street. The book is an excellent resource for family members and draws children into the excitement of communication through sign. The book is appropriate for children preschool to third grade.

Someone Special, Just Like You
BROWN, TRISHA AND ORTIZ, FRANK

1984. Henry Holt & Co., 115 West 18th Street, New York, NY 10011. 800/488-5233. 64 pp. $15.95 plus $1.50 shipping.

This photo-essay book written for children between the ages of 3 and 7 focuses on young children with a range of disabilities at four preschool sites in Northern California. The text and fine photographs by Frank Ortiz help preschoolers understand all that they share in common with children with special needs.

Where's Chimpy?
RABE, BERNIECE

1988. Albert Whitman & Co., 6340 Oakton Street, Morton Grove, IL 60053. 800/255-7675 or 708/581-0033. 32 pp. $12.95. $5.95 softbound.

An irresistible material for children ages 4 to 8, this book tells a realistic tale of a young child with Down syndrome who has lost a prized stuffed animal. Charming color photographs illustrate the engaging text.

CHILD CARE RESOURCES

Babies and Child Care

DITTMAN, L. L.

1834 Connecticut Avenue N.W., Washington, D.C. 20005. 800/424-2460 or 202/232-8777. $39. VHS Videotape.

National authority Burton White describes the needs of infants in this video presentation that is helpful for parents, caregivers, and teachers. (47 min.)

California Child Care and Preschool Programs

On the Capitol Doorstep, 926 J Street, Suite 1007, Sacramento, CA 95814. 916/442-5431. 4 pp. $1.50.

A concise and comprehensive overview of the various child care and preschool programs in the state, this booklet is helpful for those interested in understanding this complex system in California. Families who wish to learn more about available services for their children will find this a valuable orientation and reference material. Brief information on services and family and child eligibility for the programs are offered on the programs listed. A variety of Public Child Care Services (State Child Care and Development Programs) are described. AFDC-linked child care services, other state child care programs, other federal programs and other local programs are included. Public preschool programs including Head Start, state preschool, adult education parent participation programs, cooperative preschool programs, and special education infant preschool programs are featured. Private programs are outlined including private centers, family child care homes, in-home care, and employer child care. The material includes state funding levels.

Caring for Infants and Toddlers

National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N. W., Washington, D.C. 20005. 800/424-2460. $39. VHS Videotape.

A discussion with Bettye M. Caldwell, a recognized child development authority, is presented in this videotape. She clearly addresses how the unique needs of infants and toddlers can be met in group care. This tape will be of particular interest to care providers. (17 min.)

Day Care for Our Kids: Parents of Children with Special Needs

CO-TEACH OUTREACH PROJECT

Division of Educational Research, School of Education, University of Montana, Missoula, MT 59812. 406/243-5344. $20 VHS Videotape.

Although the film quality is a bit limited in this video production, the content is clear, direct, and insightful. A parent panel presentation for community day care providers which stresses the normalcy of children with disabilities, the material focuses on the considerations and concerns parents of these children have. The information portrayed is of particular interest to caregivers serving children with exceptional needs. (120 min.)

Finding the Best Care for Your Infant or Toddler

DITTMAN, L.L.

National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue N.W., Washington, D.C. 20009-5786. 800/424-2460 or 202/232-8777. $10 for 100 copies, single copy $.50.

This excellent brief brochure is filled with many ideas to help families make informed choices about caring for their infants and toddlers.

Handbook for the Care of Infants and Toddlers With Disabilities and Chronic Conditions

UNIVERSITY OF COLORADO HEALTH SCIENCES CENTER SCHOOL OF NURSING

1991. Learner Managed Designs, Inc., 2201 K West 25th Street, Lawrence, Kansas 66047. 913/842-9068. 250 pp. $29.95 plus $4 shipping.

More infants and preschoolers with exceptional needs are being cared for in centers in their home communities. This guide was developed as part of the university's intensive training program, First Start, to prepare child care personnel to serve young children with disabilities. The text is a reference for caregivers and parents on a wide variety of disabilities and chronic conditions. The guide has a section on human development including considerations for children with special needs, social-emotional development, and communication skills. Child care needs are featured with information on first aid and CPR, infection control, environmental concerns, positioning and handling, nutrition, adaptive equipment, behavior management, feeding, and infant and child abuse/neglect.

Program for Infant Toddler Caregivers
CALIFORNIA DEPARTMENT OF EDUCATION,
CHILD DEVELOPMENT DIVISION, AND FAR WEST
LABORATORY FOR EDUCATIONAL RESEARCH
AND DEVELOPMENT, CENTER
FOR CHILD AND FAMILY STUDIES.

1986-1991. Bureau of Publications, Sales Unit, P.O. Box 271, Sacramento, CA 95802-0271. 916/445-1260. The videotapes are available in English, Spanish and Chinese with accompanying manuals in English. VHS Videotape.

Launched in 1986, this comprehensive and acclaimed program of broadcast quality videotapes, curriculum guides, and other related training information has been written and reviewed by nationally recognized authorities. The materials in the four module areas focus on normal child development and child care for care providers serving young children. Although the materials do not specifically address young children with disabilities and their families, caregivers and some parents will find valuable information on development and care in this excellent series.

Module I: Social-Emotional Growth and Socialization

First Moves: Welcoming a Child to a New Caregiving Setting $65. video, $12.50 for 50 video magazines. (27 min.)

Flexible, Fearful, or Feisty: The Different Temperaments of Infants and Toddlers $65. video, $12.50 for 50 video magazines. (29 min.)

Getting in Tune: Creating Nurturing Relationships with Infants and Toddlers $65. video, $12.50 for 50 video magazines. (24 min.)

Infant/Toddler Caregiving: A Guide to Social Emotional Growth and Socialization. A curriculum guide for Module I in booklet form. $8.25

Special package price for Module I (including three videos, three accompanying video magazines and one curriculum guide). $179 plus tax.

Module II: Group Care

It's Not Just Routine: Feeding, Diapering, and Napping Infants and Toddlers.(English only) $65. video, $12.50 for 50 video magazines. (24 min.)

Respectfully Yours: Magda Gerber's Approach to Professional Infant/Toddler Care. $65. video, $12.50 for 50 video magazines. (58 min.)

Space to Grow: Creating a Child Care Environment for Infants and Toddlers. $65. video, $12.50 for 50 video magazines. (22 min.)

Infant/Toddler Caregiving: A Guide to Routines. Module II curriculum guide. $8.25.

Infant/Toddler Caregiving: A Guide to Setting Up Environments. Module II curriculum guide. $8.25.

Special package price for Module II (Includes three videos, three accompanying video magazines and two curriculum guides). $195 plus tax.

Module III: Learning and Development

The Ages of Infancy: Caring for Young, Mobile, and Older Infants (English only) $65. video, $12.50 for 50 video magazines. (26 min.)

Infant/Toddler Caregiving: A Guide to Communication. Module III curriculum guide. $8.25

A Caregiver's Guide to Language Development. Module III curriculum guide. $8.25

A Caregiver's Guide to Cognitive Development and Creativity. $8.25

Module IV: Culture, Family and Providers

Infant/Toddler Caregiving: A Guide to Creating Partnerships with Parents. Module IV curriculum guide. $8.25

Other publications to be purchased separately:

Infant/Toddler Caregiving: An Annotated Guide to Media Training Materials. $8.75

Visions for Infant/Toddler Caregiving: Guidelines for Professional Caregiving. $5.50

Selecting a Day Care... When Your Child Has a Handicap
RURAL INSTITUTE ON DISABILITIES

University of Montana Affiliated Program, 52 Corbin Hall, University of Montana, Missoula, MT 59812. 406/243-5467. $1.65.

This brochure provides a summary of guidelines for families of children with disabilities in the selection of a day care setting. The material contains practical information on key components of quality care programs.

Special Babies Book
UNIVERSITY OF CALIFORNIA,
LOS ANGELES INFANT AND FAMILY SERVICES PROGRAM
UCLA INTERVENTION PROGRAM

1000 Veterans Avenue, Suite 23-10, Los Angeles, CA 90024-1797. 310/825-4622. 52 pp. $2.

Meeting the needs of caregivers and foster parents caring for infants who have been prenatally exposed to substances, this booklet includes practical worksheets for record-keeping and organization. The book was designed to encourage a continuity of information and medical, social, and developmental histories for those infants in out-of-home placements.

LONG-TERM PLANNING

The Advocacy Guide to SSI for Children

CLARK, JULIA AND MANES, JOSEPH

1992. Mental Health Law Project (MHLP), 1101 15th Street N.W., Washington, D.C. 20005. 390 pp. $75. (10% discount for payment accompanying order).

This guide was designed for the use of advocates, health care and social service providers as a comprehensive manual for working with the laws and regulations, policies and procedures that govern the eligibility of children with disabilities for Supplemental Security Income (SSI),. The thorough treatment of the material walks readers through the Social Security Administration's complex application and appeal procedures and the agency's new procedure for determining whether a child qualifies for benefits. This is particularly important because research by MHLP concludes that less than half of the families who qualify now receive benefits. Appendices with relevant federal regulations, SSI application forms, a list of tests used to screen and access disability in children, and lists of state Disability Determination Service Officers is included. The text also features SSI Key Facts, 28 loose pages summarizing key issues, designed as a handout for training for parents and advocates. This manual is primary reference material for those in need of in-depth knowledge on SSI benefits for children.

Disability Reviews

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, SOCIAL SECURITY ADMINISTRATION

Room 45-10, West High Rise Building, 6401 Security Blvd., Baltimore, MD 21235. 800/772-1213. Free.

A selection of fact sheets with titles including *Supplementary Security Income* (SSI), *Medicare*, and *Understanding Social Security* can be obtained through this office. A free copy of a *Summary Guide to Social Security Income* with *Incentives for the Disabled and Blind* (1991. 55 pp.) is available through local Social Security Offices.

Estate Planning Guidelines for Families Who Will Have an Heir Who Has Disabilities

PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.

1989. 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 2 pp. $1.

Financial planning for the future is very important for families of children with disabilities. This article contains information and practical advice on taking steps to handle money wisely to anticipate family needs in the coming years.

Guardianship, Conservatorship, Trusts and Wills for Families with Mentally Retarded or Other Disabled Members

ROSS, STERLING L., JR.

COMMISSIONED BY THE ASSOCIATION FOR RETARDED CITIZENS-CALIFORNIA (ARC-C)

1991. 5th ed., Available through Protection and Advocacy, Inc. (PAI), 100 Howe Avenue, Suite 185-N, Sacramento, CA 95825. 916/488-9950. 19 pp. Free.

This handbook, originated by a San Francisco attorney with 20 years experience assisting families, is designed to present complex legal issues in the area of guardianship, conservatorship, and limited conservatorship. The language used in the text can be understood by the "average California reader." Changes in the laws since July 1990 have been included.

Health Care Financing: A Guide for Families

BECKETT, JULIE

PROGRAM ASSOCIATE FOR IOWA'S CHILD HEALTH SPECIALTY CLINICS.

National Maternal and Child Health (MCH) Resource Center, c/o Gayle Brumble 319/335-9009. 78 pp. $5.50 plus $2.50 shipping.

This publication has been prepared to help families of children with special health care needs (i.e. children with handicaps, disabilities, chronic conditions, and health-related educational and behavioral problems) understand the system for delivery and financing of health care. This handbook provides an overview of financing resources and identifies strategies families of children with special health care needs can use to get assistance in paying their children's health care bills. The manual is a general guide to the basics rather than a detailed "how to" manual. Health systems differ significantly by state, so readers will need more information specific to California for a complete understanding of the topic. The guide contains appendices on private insurance checklist for families, a medical insurance summary, and resource agencies and organizations.

How to Provide for Their Future

ASSOCIATION FOR RETARDED CITIZENS OF THE UNITED STATES (ARC/US)

1989. National headquarters, 500 E. Border Street, S-300, P.O. Box 1047, Arlington, TX 76004. 817/261-6003. 48 pp. $9.

Prepared by Elizabeth M. Boggs and the insurance committee of this national organization, this material is designed to provide helpful information for families, guardians, and attorneys interested in planning for the lifetime security of their children with developmental delays.

New Opportunities for Children with Disabilities
MENTAL HEALTH LAW PROJECT (MHLP)
1991. 1101 15th Street N.W., Suite 1212, Washington, D.C. 20005-2785. 202/467-5730. 12 pp. $3 each for 1-4 copies, $2.50 for 5-24 copies, $2 for 25-49 copies, and $1.50 for 50 or more copies.

Supplementary Security Income (SSI) provides income for children with disabilities in families with limited means. New eligibility rules established in 1990 for SSI may enable thousands of California children with disabilities to get cash benefits and free health services. Many children who formerly were not eligible for these benefits now qualify. This guide to the new Social Security Administration eligibility requirements answers many key questions and is a core reference for families. To find the nearest Social Security office, call 800/234-5772. TTY 1/800/325-0778.

Tax Considerations for Parents of Children with Disabilities
SAUTER, A.J.
1991. Parent Advocate Coalition for Educational Rights (PACER) Center, Inc., 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 1 p. article updated each year. Free.

Helpful tax information for families of children with disabilities is provided. The text is reprinted from the Winter 1990-91 issue of Courage Center's Meeting Ground Newsletter. The material in this brief publication is of value as a basic resource material to help families better understand the tax system.

Tax Guide for Parents
FAMILY RESOURCE CENTER ON DISABILITIES
1992. 20 East Jackson Boulevard, Room 900, Chicago, IL 60604. 312/939-3513. 6-panel brochure. Free

This brochure includes a listing of important federal Internal Revenue Service tax deductions allowed for families of children with disabilities for medical expenses, education services, transportation, professional services, medical treatments, evaluation, lab examinations, tests, medicine, equipment and supplies, and volunteers' expenses.

Understanding Your Health Insurance Options: A Guide for Families who have Children With Special Health Care Needs
MCMANUS, MARGARET A.
1988. Parent Advocate Coalition for Educational Rights (PACER) Center, Inc., 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 32 pp. $4.

Many parents are unclear on how to best plan for the health care protection of their families. This guide helps families look at options for health insurance for their children and select plans that best meet their needs. The consumer guide contains a section on factors affecting insurance choice, private insurance, options through traditional plans, Health Maintenance Organizations (HMOs), and Preferred Provider Organizations. Public insurance options are covered including Medicaid, and Title V programs for children with special health care needs. Blank insurance plan comparison and cost worksheets are included. This informative guide is an excellent basic reference for family members.

What Lies Ahead, Where Are We Going and How Will We Get There? A Workbook on Transition for Children and Young Adults With Disabilities and Their Families
ALLEN, WILLIAM, SHEA, JOHN, AND ASSOCIATES
1991. Family Resource Project. Available through MATRIX, P.O. Box 6541, San Rafael, CA 94903. 415/499-387. 38 pp. $3. plus $1. for shipping.

A workbook for family members, this book is a practical guide for parents on understanding and planning for the various transitions that children with disabilities typically experience. The material offers suggestions for families on important issues and considerations of transitions across the lifespan of their children. Notes on transition and transition planning defines and offers a historical look at the process and addresses key components of parent/professional relationships and effective transition planning. The Transition Activities section includes assessing the child's needs, support networks for families, and preparing for upcoming transitions. Short stories of the transition experiences of ten families with children 7 to 39 years of age are included. Notes on person-centered planning and circles of support provide helpful information on appropriate planning focus and developing needed support within the community.

SECTION III

ACCESSING SERVICES

UNDERSTANDING THE SYSTEM
LEGISLATION
FAMILY RIGHTS AND RESPONSIBILITIES
ADVOCACY MATERIALS

UNDERSTANDING THE SYSTEM

California Comprehensive System of Personnel Development Advisory Committee (CSPDAC)
1991. Special Education Division, California Department of Education, 721 Capitol Mall, 6th Floor, Sacramento, CA 95814. 916/657-4996. 6-panel brochure with accompanying 3-page list. Free.

This brochure describes the mission, goals, tasks, and values of CSPDAC. The Comprehensive System of Personnel Development section of the Individuals with Disabilities Education Act is charged with improving educational services to individuals with exceptional needs through expanding the competencies of educators, families, and others in their work with these individuals. The group acts as an advisory body to the Director of Special Education on issues related to local, regional, and statewide training and personnel development needs, legislation, cost efficiency and exemplary practices and programs. The group, which includes professional and parent representatives, serves as a link for identifying, coordinating and reviewing personnel development resources at the preservice (college, university) and inservice levels. An accompanying listing includes the names and contact information for all of the state's regional council representatives. The 12 CSPDAC regions of the state are included as well as other representatives from other groups including Special Education Local Plan Area (SELPA), California Association of Professors of Special Education (CAPSE), Commission for Teacher Credentialing, Special Education Community Advisory Committee Network of California (SECACNOC), and the California Commission on Special Education.

California's Developmental Disabilities Service System
Reprinted in part from Member's Handbook, Summer 1988, Area Board IV. Copies are available through Developmental Disabilities Area Board III, 2400 Glendale Lane, Sacramento, CA 95825. 916/924-2265. 9 pp. Free.

This material offers a brief history and overview of California's current developmental disabilities service system. Summary information on the state's six developmental centers, the 21 regional centers, and the 13 area boards is presented. Since each of the state's regional centers operates independently, family members need to contact their local regional center for handbooks and brochures on their organization, services and eligibility requirements. Some regional centers have developed libraries for family and professional use. Many have materials printed in other languages. Regional centers are a good source for introductory brochures on services of many other agencies within a region.

California's Preschool Special Education Program Mini Guide
BREKKEN, L., AND REYNOLDS, V.
PERSONNEL DEVELOPMENT FOR INFANT PRESCHOOL PROGRAMS
Revised 1991. Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. $3.

This concise document provides basic information on key aspects of the Assembly Bill 2666 legislation for children in California preschool special education programs. In an easy to read flip-top design, it provides an introduction to A.B. 2666 and describes who is served, who provides services, what services are provided, where children are served, how the children are served, and the benefits of the program.

California State Council on Developmental Disabilities
California State Council on Developmental Disabilities, 2000 "O" Street, Suite 100, Sacramento, CA 95814. 916/322-8481. 6-page booklet, undated. Free.

This brochure clearly describes the State Council and its activities in planning, policy development, monitoring, systems review, advocacy, priorities, and goals. Federal and state definitions of developmental disabilities are provided and compared. The booklet describes the location and functions of the 13 California Area Boards on Developmental Disabilities. Although a large focus of the activities of the State Council centers on services for older persons with disabilities, the council represents families of young children with exceptional needs, particularly in their federal mandated responsibilities around child care.

California Strategic Plan for Special Education: Ours for Tomorrow
CALIFORNIA DEPARTMENT OF EDUCATION, SPECIAL EDUCATION DIVISION
Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 35 pp. $4.

This is essential reading for all educators and families who want to see California's plan for improving special education programs. The text discusses the need for reform and what's special about special education. It describes short- and long-term goals in eleven areas: Early Intervention for Infants and Preschoolers, Prevention, Assessment, Student Outcomes and Quality Indicators, Service Delivery, Education in the Least Restrictive Environment, Regionalization for Students with Low Incidence Disabilities, Transition to Adult Life, New and Effective Partnerships with Parents, Sufficient Numbers of Qualified Special Education Personnel, and An Equitable, Responsive Funding Model.

California Strategic Plan for Special Education: Where Are We and Where Are We Going?
CALIFORNIA DEPARTMENT OF EDUCATION, SPECIAL EDUCATION DIVISION
Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. $25. VHS Videotape.

This is a videotaped presentation for families and professionals who are interested in services in the special education field and new directions that California supports to better serve children and families. This material focuses on key areas of the entire special education system. The video serves as an excellent instructional material to help further illustrate the written report, California Strategic Plan for Special Education: Ours for Tomorrow. (90 min.)

Community Advisory Committee Guidelines
WESTABY, SUSAN AND THE SPECIAL EDUCATION COMMUNITY ADVISORY COMMITTEE NETWORK OF CALIFORNIA (SECACNOC)
1988. Rev 2nd ed. Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. 76 pp. $2.

The Community Advisory Committee (CAC) (or Special Education Advisory Committee (SEAC)) is a local parent/professional organization, open to families of children with special needs, and dedicated to involving the community in active participation in the development, amendment and review of the Special Education Local Plan required by law for each of the 115 Special Education Local Plan Area (SELPA) regions in the state. These guidelines discuss the CAC legislative mandate, key elements of the local plan, suggested activities to fulfill CAC responsibilities, benefits of an effective CAC, and characteristics of an effective Community Advisory Committee. This guide also describes steps in organizing a CAC, focusing on recruiting a core group, orientation, membership development, organizational structure, participation and leadership, agenda development, and techniques for holding meetings. The text offers guidelines for developing action plans, outlines what CACs do best, stresses the importance of effective communication and presents approaches to conflict resolution and creative problem-solving.

Community Advisory Committee... Is Our Middle Name. SECACNOC brochure.
Special Education Community Advisory Committee Network of California (SECACNOC), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 800/894-0991. 4-panel brochure. Free.

This brochure describes the purpose and services of SECACNOC, a nonprofit organization connected with the Community Advisory Committee network in the state, serving parents, educators, and communities in their efforts to work as partners and to provide quality programs to children and adults with disabilities. The organization's services include information such as quarterly information packets, a current CAC/SELPA Directory, material on policy changes, legislation and research data, CAC-developed materials, materials about current issues and ideas and training, and advocacy resources. In terms of resources, they interact with community agencies, identify ways to increase "people" involvement, support disability (ability) awareness activities, share information on exemplary programs and practices, and share materials about local plan review and development. The organization helps with connections by linking people with mutual ideas, interests and needs, assisting individuals, groups and CACs through presentations and workshops, and works toward enhancing local school site, regional and state level partnerships. Parents and professionals may become free members of SECACNOC by calling the organization.

Getting Help for a Disabled Child: Advice from Parents
DICKMAN, I.R. AND GORDON, S.
Available through the Parent Advocate Coalition for Educational Rights (PACER) Center, Inc., 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 800/537-2237. $.60.

This brief public affairs pamphlet for families summarizes practical suggestions and considerations for obtaining needed programs and services for a child with exceptional needs.

A Guide to State Agencies Affecting Children
ON THE CAPITOL DOORSTEP
926 J Street, Suite 1007, Sacramento, CA 95814. 916/442-5431. 2 pp. $1.

A listing of agency and department titles, addresses, phone numbers, and contact persons, this brief reference has value for both families and professionals. Branches under the Department of Education, other education agencies, the Department of Social Services, the Department of Health Services, other state departments, and other state agencies are included.

Guidelines and Recommended Practices for the Individualized Family Service Plan (IFSP)
NATIONAL EARLY CHILDHOOD TECHNICAL ASSISTANCE SYSTEM (NEC*TAS)
1991. Available from the Parent Advocate Coalition for Educational Rights (PACER) Center, Inc., 4826 Chicago Avenue South, Minneapolis, MN 55417-1098. 612/827-2966. 67 pp. plus appendices. $15.

This excellent booklet proposes clear family-centered federal guidelines for identifying the concerns, priorities and resources of families through the Individualized Family Service Plan process. The material helps readers understand the philosophy behind the changing approach to serving at-risk or special needs infants aged 0 to 3 years and their families.

Local Planning Areas (LPAs)
CALIFORNIA EARLY INTERVENTION TECHNICAL ASSISTANCE NETWORK (CEI*TAN)
1992. 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-2927. 1 p. Free.

A list of all of California's 26 Local Planning Area Offices (LPAs) and LPA Coordinators funded through Public Law 99-457 Part H funds, this resource provides families and professionals with referral information for contacting offices in their regions. Each LPA has a local interagency council of representatives from agencies in that serve children birth to 3 with disabilities or at risk and their families. These councils plan and coordinate services for the infants and families they serve. A variety of useful written products designed to meet the needs of area families are available through local LPA offices.

North Bay Disability Service Guide
MATRIX
1991-92. 320 Nova Albion Way, P.O. Box 6541, San Rafael, CA 94903-0541. 415/499-3877. 82 pp. Free.

This practical guide was designed for parents of children with special needs in the Marin County area In addition to the local resources, the text contains information of value to all families about governmental services, family rights and responsibilities, services, and technology. Under the Governmental Services section summaries of services, eligibility requirements and fees of California Children's Services, the California Department of Rehabilitation, Special Education, Community Mental Health, Regional Center, Social Services, Medi-Cal, Head Start, and the Social Security Administration are featured. The guide is a key reference for orienting families to the state service system.

A Parent's Guide:
Accessing Programs for Infants, Toddlers and Preschoolers with Disabilities
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1990. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 20 pp. Free.

This national parent information center posed the most asked questions about early intervention services for children birth-through-2-years old and special education services for children ages 3 through 5 years old and tried to answer them. The material provides an overview and orientation for families new to services. A national perspective consistent with federal law is offered. For a complete understanding readers need to know the particulars of the early intervention and special education policies in California and their local areas. This guide includes questions and answers about early intervention services, special education services, and programs and services for rural, American Indian, adoptive/foster, and military families. A parent's dictionary of special education terms, information on Public Law 94-142 and Public Law 99-457, and a listing of books and other print materials for families is also included.

A Parent's Handbook
on Developmental Disabilities
California State Council on Developmental Disabilities. 1992. 2000 "O" Street, Suite 100, Sacramento, CA 95814. 916/322-8481. 106 pp. 3-ring binder format with organizational dividers provided. $8.50 in print (limited copies for families are available).

This orientation handbook can help make the service system more understandable to families. The manual is published by the State Council on Developmental Disabilities, a California board with responsibilities for planning and disseminating resources to protect the legal, service and civil rights of the state's individuals with disabilities. The handbook is designed to introduce parents to the developmental services system and suggest where to go for resources. It focuses on California's definition of developmental disability and the rights that have been guaranteed individuals with disabilities and describes key laws. Where a family should begin a search for services is discussed and descriptions for key state agencies that provide services are provided. Contact persons for specific information are included. Local planning areas for early intervention services within the state are listed with addresses. Parent advocacy is discussed. Blank sheets are also included for community resources and forms are provided for personal family records. A glossary of terms and acronyms is also featured. Readers are encouraged to make copies of the handbook.

Program Advisory:
Occupational Therapy and Physical Therapy
CALIFORNIA DEPARTMENT OF EDUCATION
SHIRLEY THORNTON, DEPUTY SUPERINTENDENT OF THE SPECIALIZED PROGRAMS BRANCH
September, 1991. 721 Capitol Mall, P.O. Box 944272, Sacramento, CA 95814-2720.
11 pp. Free.

This program advisory states policy recommendations of the Department of Education concerning occupational and physical therapy services for children with disabilities requiring special education and/or related services in section 3951.6 of the California Code of Regulations. The advisory includes information on referrals for fine or gross motor or physical assessment, referrals to local education agencies (LEAs) or California Childrens' Services (CCS), eligibility and therapy services, LEA and CCS assessments, Individual Education Programs (IEPs), requirements for parent notice, conflict resolution, due process, occupational and physical therapy for infants, and contracting and employing physical and occupational therapists.

Special Education in California: A Comprehensive Program to Serve All Individuals With Disabilities
SPECIAL EDUCATION LOCAL PLAN AREA (SELPA)
SELPA ADMINISTRATORS OF CALIFORNIA
Rev. 1990. Attention: Gary Seaton, Administrator, San Luis Obispo SELPA , P.O. Box 8105, San Luis Obispo, CA 93403. 805/543-7732. 13-panel brochure. $1.10.

In 1977, Assembly Bill 1250 required all school districts and county school offices to join to form geographical regions of sufficient size and scope to provide for all the special education needs of children residing within the region boundaries. Each region (Special Education Local Plan Area—SELPA) developed a local plan describing how it would provide special education services. Each SELPA has an administrative unit that receives state funding and is responsible for seeing that every eligible child receives appropriate services. There are approximately 115 SELPAs in California. In addition to developing a special education plan each year. The SELPA policy-making body makes policy decisions, approves the SELPA budget and contracts and establishes guidelines for the distribution of personnel units, staff development programs and staffing patterns throughout the SELPA area. This valuable brochure clearly explains the SELPA system's vital role in special education. The material includes an Overview, What is a SELPA?, the Goals of SELPAs, Special Education Programs, Legal Aspects, Financial Aspects, Acronyms and Special Terms, and Who Are the SELPAs? This brochure is a key reference material for those who wish to understand the complex educational system in California.

LEGISLATION

Americans with Disabilities Act (ADA) Toll-Free Number
DISABILITY RIGHTS EDUCATION AND DEFENSE FUND (DREDF)
2212 6th Street, Berkeley, CA 94710. 800/466-4232.

In response to the considerable confusion of the interpretation of this new federal law, a new toll-free telephone number for information regarding the Americans with Disabilities Act (ADA) is available through DREDF. Staff members, including attorneys familiar with the content of the law as well as its legislative intent, are available for questions from families and professionals. The ADA Hotline provides answers to simple and complex questions about Public Law 101-336. The Americans with Disabilities Act ADA) Title III, (Public Accommodations Operated by Private Entities), contact: 800/466-4232, a voice/TT number Monday-Friday, 9:00 a.m. Follow-up information will be sent to callers who need or request it. This is a project of DREDF funded by the U.S. Department of Justice, Washington, D.C.

California Special Education Programs: A Composite of Laws
CALIFORNIA DEPARTMENT OF EDUCATION,
SPECIAL EDUCATION DIVISION
1992. 721 Capitol Mall, P.O. Box 944272, Sacramento, CA 94244-2720. 916/445-4036. Free.

This comprehensive composite of all California Special Education laws is updated annually. It is a critical key reference book for any family member or specialist who needs an actual word-by-word copy of state special education law. It is also available to subscribers of CA SchoolCom (SpecialNet) as a database.

Commission on Mental and Physical Disability Law, American Bar Association
1800 M Street N. W., Suite 200, Washington , D.C. 20036. 202/331-2240. All orders must be paid for with personal check or credit card.

The American Bar Association created the multidisciplinary commission in 1976 to help persons with disabilities safeguard their legal rights and serve individuals with developmental and physical disabilities. Areas of concern include the Americans with Disabilities Act (ADA), involuntary Civil Commitment, Guardianship, Estate and Health Planning, AIDS/HIV and Court Related Needs of Persons with Disabilities. Free 1992 Catalog of Products and Services. Americans with Disabilities Act (ADA)-Reprinted articles from *The Reporter*:

Title III Analysis, Public accommodations (1992) $5.50

State and Local Government Services Under the ADA: A National Perspective (1991) $5.50.

Summary, Analysis and Commentary: The Americans with Disabilities Act (1990): A Comprehensive Overview $5.50.

Early Intervention Advocacy Network Notebook: The Public Law 99-457 Infant Toddler Program Guide to Part H Law and Regulations

MENTAL HEALTH LAW PROJECT

1990, Revised 1992. 2021 L Street N.W., Suite 800, Washington, D.C. 20036. 202/467-5730. 24 pp. $5. including shipping.

This guide offers an overview of the federal law. It includes an introduction, purpose of the federal program, who is eligible, how states will find eligible children, how individual needs are identified, timelines for assessment and services, required services under the law, where services are to be provided, what an Individualized Family Service Plan (IFSP) is, what case management involves, who provides Part H services, how children's and families' rights are protected, who pays for services, who is responsible for the infant-toddler program, what states must do in the five-year planning period and federal oversight and assistance to states. The material includes a listing of resources.

The Education of Children and Youth With Special Needs: What Do the Laws Say?

National Information Center for Children and Youth with Disabilities (NICHCY).

1991. NICHCY, P.O. Box 1492, Washington, D.C. 20013. 800/999-5599 or 703/893-8614 (TDD). 15 pp. Free.

This guide clarifies the educational and civil rights of individuals with disabilities from birth through 21 based on Public Law 94-142 [currently known as the Individuals with Disabilities Education Act (IDEA)] and the major amendments which have so shaped services. Among the guide's helpful features are its overview of the history of the major legislation, highlights of various laws, selected key federal statutes and a bibliography, and list of organizations.

Federal Americans with Disabilities Act (ADA) Information Hotline

DEPARTMENT OF JUSTICE

11:00 a.m-5:00 p.m. EST M-F. 202/514-0301. 202/514-0381 TDD.

Operators offer the public informal guidance on the ADA. The information is not considered legal advice, nor is it binding with the Department of Justice. They provide assistance on complying with federal legislation.

A Guide to Section 504

LEARNING DISABILITIES ASSOCIATION OF AMERICA

1991. Available through Washington PAVE. Parent Training Project, 6316 South 12th Street, Tacoma, WA 98465. 206/565-2266.

Single copies free, for 3 or more copies, add $3.

A brochure which summarizes this landmark legislation protecting the civil rights of children and families served by federal programs, this material is a helpful overview of the law.

Hotline List

UNITED CEREBRAL PALSY ASSOCIATIONS, INC. (UCPA)

1522 K Street N.W., Suite 1112, Washington, D.C. 20005. Attn. J. Simpson. 800/872-5827. Free.

Family members and professionals wishing to find out the status of any legislative bill in Congress or the status of any bill in the California State Legislature only need to send a stamped, self-addressed envelope to UCPA to receive a copy of *Hotline List.*

Lanterman Developmental Disabilities Services Act, Including 1990 Amendments

PREPARED BY THE ORGANIZATION OF AREA BOARDS ON DEVELOPMENTAL DISABILITIES

1991. Available through Developmental Disabilities Area Board III, 2400 Glendale Avenue, Howe Avenue, Sacramento, CA 95825. 916/924-2265. 98 pp. Free.

This booklet is a copy of the Lanterman Act code of law under Division 4.5. Topics in the code include chapters with regulations for the State Council on Developmental Disabilities, California Developmental Disabilities State Plan, Area Boards on Developmental Disabilities, Regional Centers for persons with Developmental Disabilities, Development and Support of Community Facilities and Programs, and Appeal Procedure. This booklet is a primary reference material for readers interested in the California Regional Center and Area Board system.

Public Law 99-457

Regulations for Implementation of Preschool Services

34 Code of Federal Regulations. Part 303

Early Intervention Program for Infants and Toddlers With Handicaps. Office of Special Education Programs, M/S 2313-4600, Switzer Building, Room 4618, 400 Maryland Avenue S.W., Washington, D.C. 20202. 202/732-1114. Free.

Copy of the law.

Public Law 93-112

Rules and Regulations governing non-discrimination on the basis of handicap in programs receiving federal funds are covered in the publication Section 504 of the Rehabilitative Act of 1973.

OFFICE OF CIVIL RIGHTS. REGION IX.

Old Federal Building, Room 239, 50 United Nations Plaza, San Francisco, CA 94102. 415/556-7000. 40 pp. Free.

Copy of the law.

Public Law 102-119, Individuals With Disabilities Education Act (IDEA), Amendment of 1991.

Office of Special Education and Rehabilitative Services, Superintendent of Documents, U.S. Government Printing Office, Washington D.C. 20402. 202/783-3238. $11.

Copy of the law.

60 BEST COPY AVAILABLE

FAMILY RIGHTS AND RESPONSIBILITIES

Child and Parental Rights in Special Education
CALIFORNIA DEPARTMENT OF EDUCATION
1986. Bureau of Publications, Sales Unit, P.O. Box 944272, Sacramento, CA 95812-2720. 916/445-1260. Free.

A publication that briefly reviews parent and child rights under Public Law 94-142 and the California State Education Code, this is a basic family reference material. Copies are available in English, Cantonese Vietnamese, Korean, and Spanish.

The DREDF Newsletter
DISABILITY RIGHTS EDUCATION AND DEFENSE FUND (DREDF)
2212 6th Street, Berkeley, CA 94710. 415/644-2555. Free.

This quarterly newsletter published by the staff of one of the major California Parent Training and Information Projects informs family members and professionals of important news concerning state and national legal cases involving child/family rights in special education. The staff of parent/attorneys is available to handle questions concerning special education services and the law.

Educational Rights of Children with Disabilities: A Primer for Advocates
Ordorver, Eileen L. and Boundy, Kathleen B.
1991. Center for Law and Education, 955 Massachusetts Avenue, Cambridge, MA 02103. 617/876-6611. FAX 617-876-0203. 120 pp. $12.50 plus $2.50 shipping. (Orders over $25. must be prepaid).

The Center for Law and Education, founded in 1969, provides national support services on educational issues to advocates working on behalf of low-income students and parents. This handbook is a basic legal reference designed to assist parents and professionals in securing children's rights to preschool, elementary, and secondary education guaranteed by the Individuals with Disabilities Education Act (IDEA) and Section 504 of the Rehabilitation Act of 1973. It has a federal perspective on the law and disability rights. The text discusses substantive and procedural rights under these laws and regulations with administrative and judicial remedies for violations. The book cites key legal interpretations of IDEA and Section 504 by the Office of Special Education Programs and judicial decisions. The guide also covers special issues such as discipline of students with disabilities, discrimination against children who have AIDS or are carriers of Hepatitis B, and new early intervention services mandates for infants and toddlers. For a brief summary of many of the topics covered in the above text, *Overview: Educational Rights of Children with Disabilities Education Act and Section 504 of the Rehabilitation Act of 1973* by Ordover and Boundy, 1990, 21 pp. is available from the center for $4.

Individualized Education Programs
NATIONAL INFORMATION CENTER FOR CHILDREN AND YOUTH WITH DISABILITIES (NICHCY)
1990. P.O. Box 1492, Washington, D.C. 20013. 800/999-5599. 16 pp. Free.

This article focuses on the Individualized Education Plan (IEP) from a national perspective, informing families of the required components guaranteed to all children and families under federal law. The material includes information on the purpose of the IEP, IEP requirements, state educational responsibility, IEP time lines, meetings, participants in meetings, parent participation, content of the IEP, private school placements, and IEP accountability.

Planning For Success: Your Child's IEP Meeting
CAMPBELL, K.
1991. Available through Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. Available from RISE on loan basis only.

A detailed guide for families on what to do before, during, and after the Individualized Education Plan (IEP) meeting. The text contains helpful suggestions on preparation and planning for the meeting, and communication using a family/professional collaboration approach.

Protection and Advocacy, Inc. Newsletter
PROTECTION AND ADVOCACY INCORPORATED (PAI)
100 Howe Avenue, Suite 185-N, Sacramento, CA 95825. 800/776-5746. 916/488-9950. Free.

PAI publishes its newsletter each quarter, updating legal and legislative developments relevant to the special needs community. This publication is a valuable resource for families and professionals who wish to keep current on educational law and student and parent rights.

Service Rights and Entitlement Programs Affecting Developmentally Disabled Californians
PROTECTION AND ADVOCACY, INC. (PAI)
1990. 100 Howe Avenue, Suite 185-N , Sacramento, CA 95825. 800/776-5746 or 916/488-9950.

This manual written by PAI staff was designed to assist Californians with disabilities, their families, and other interested parties in understanding the services and benefits mandated by law as well as the systems designed to deliver them. It is written in a question-and-answer format so that persons with specific questions can find the answers quickly. Available chapters:

California Children's Services (CCS), 1991. Rev. ed. 8 pp. $1.50

A booklet written by PAI describing CCS services and family rights under the CCS system. Available in English, Spanish, Korean and Vietnamese.

Rights Under the Lanterman Act, 1990. Rev. ed. 32 pp. $2.75.

A resource written by PAI which helps family members understand their rights within the Regional Center system under the Lanterman Act.

Special Child, Special Rights
CALIFORNIA DEPARTMENT OF EDUCATION,
SPECIAL EDUCATION DIVISION
1991. Available through Resources in Special Education (RiSE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925. $20. VHS Videotape.

This video for families of children with exceptional needs explains the Individualized Education Plan (IEP) process and the rights and responsibilities of family members to shape and improve their children's education. Serving as a model of family participation, the presentation shares the experiences of four parents (including a surrogate parent).

Special Education Rights and Responsibilities
COMMUNITY ALLIANCE FOR SPECIAL EDUCATION (CASE)
1991. 3rd ed. 1031 Franklin Street, Suite B5, San Francisco, CA 94109. 415/928-2273. 134 pp. $20. Chapters may be purchased separately for $1. each.

A valuable and definitive manual for families and professionals which clearly answers many critical questions about the Individualized Education Plan (IEP) process, services and parent and child rights and responsibilities in special education, this book is required reading for anyone who wants a complete and in-depth understanding of special needs child and family's place within the system. The guide is updated annually for legal accuracy. The material is organized around many key questions that families have about special education services they are entitled to by federal and state law. The guide cites actual wording of the law in this edition to clarify points. This manual should be considered a primary family reference material. The following chapters are included:

Basic Rights and Responsibilities. Chapter 1 (17 pp., English and Spanish)

Evaluations/Assessments. Chapter 2 (18 pp., English and Spanish)

Eligibility Criteria. Chapter 3 (8 pp., English and Spanish)

Information on the IEP Process. Chapter 4 (14 pp., English and Spanish)

Related Services. Chapter 5 (14 pp.)

Information on Due Process Hearings/Complaints. Chapter 6 (17 pp., English and Spanish)

Information on Least Restrictive Environment. Chapter 7 (13 pp.)

Discipline of Disabled Pupils. Chapter 8 (5 pp.)

Inter-Agency Responsibility for Related Services (A.B. 3632/882). Chapter 9 (14 pp)

Vocational Education. Chapter 10 (12 pp.)

Minority Assessment Issues. Chapter 11 (9 pp.)

Preschool Educational Services. Chapter 12 (7 pp.)

Early Intervention Services. Chapter 13 (5 pp.)

ADVOCACY MATERIALS

Advocacy...Why Bother?
ON THE CAPITOL DOORSTEP
926 J Street, Suite 1007, Sacramento, CA 95814. 916/442-5431. 6 pp. $1.50.

A thorough, well-organized summary of how ideas become laws, this booklet is a valuable reference resource for families and professionals who have interest in speaking out or taking action on behalf of children. The material includes an in-depth description of the legislative process, action steps for citizen participation, and guidelines for communicating with legislators.

California State Budget Process
ON THE CAPITOL DOORSTEP
926 J Street, Suite 1007, Sacramento, CA 95814. 916/442-5431. 2 pp. $1.

Providing concise and accurate information on how the state budget is determined each year and its impact on children's programs, this booklet is useful for those involved in legislative advocacy for children.

Communication: Listening and Lobbying
Cooper Publications Building, Washington State University, Pullman, WA 99164-5912. 509/335-2857. $6.

This manual is a resource for individuals interested in involvement in political advocacy. The material focuses on the importance of listening politically to learn about the vocabulary, and social interactions that guide the complex political process. Essentially, this is how the rules of the game are understood. The guide also suggests ways in which an advocate can access the system and have their concerns heard through familiarity with how hearings are conducted, how a bill becomes a law. The guide includes information on how to build support.

A Community Approach to an Integrated Service System for Children With Special Needs
HAZEL, ROBIN, ET AL.
1988. Paul H. Brookes Publishing Co., P.O. Box 10624, Baltimore, MD 21285-0624. 800/638-3775. 264 pp. $24.

This field-tested guidebook shows how a community can help meet the needs of infants and toddlers who are disabled or chronically ill. It describes what services need to be provided to the families of these children and provides the strategies, plans, activities, and forms a community needs to improve their services and programs. Although this book is clearly geared toward professionals, some parents will find it very helpful in collaborative planning in their local areas.

The Grass Roots Fundraising Book: How to Raise Money in Your Community
FLANAGAN, J.
1982. Contemporary Books, Inc., 180 North Michigan Avenue, Chicago, IL 60601. 312/782-9181. 368 pp. $14.95.

Funding is often an issue in originating or sustaining services. This manual, full of practical and creative ideas for finding sources of support and monies in a community, can serve as a resource for both the novice and the veteran fundraiser.

A Guide to Public Testimony/Public Policy Process
Cooper Publications Building, Washington State University, Pullman, WA 99164-5912. 509/335-2857. $6.

This useful guide provides step-by-step directions for families and professionals who wish to become involved in legislative advocacy at the local, state, or national level. The material addresses the skills needed to effectively prepare for a public presentation and speak in public as a vehicle for affecting public policy or legislation.

Handicapped Funding Directory: A Guide to Sources of Funding in the United States For Programs and Services For the Disabled
ECKSTEIN, RICHARD M. (ED.)
1990. 7th ed. Research Grant Guides. Available through the Special Needs Project, 482 East Valley Road, Suite A-121, Santa Barbara, CA 93108. 800/333-6867. 251 pp. $39.50.

A comprehensive guide listing more than 1,200 corporations, foundations and associations which grant funds to nonprofit organizations, this book is a useful research tool for families and professionals seeking funding support for their programs or services. Guidance is offered for grant writing. Thirty-six federal programs assisting individuals with disabilities are also covered in this important reference material for planners.

How to Get Services by Being Assertive
DES JARDIN, CHARLOTTE
1992. Family Resource Center on Disabilities, 20 East Jackson Blvd., Room 900, Chicago, IL 60604. 312/939-3513. $10. plus $1. shipping.

These assertive communication training exercises and other techniques have been successfully used by parents in securing needed services for their children. The material in this easy-to-read booklet is based on the premise that parents are equal partners with professionals in the development of their child's full potential.

How To Make Meetings Work
DOYLE, MICHAEL AND STRAUS, DAVID
1986. Berkeley Publishing Company, 390 Murray Hill Parkway, East Rutherford, NJ 07073. 800/631-8571. $4.95 plus tax and shipping.

A recognized book on getting the most from meetings, this guide offers practical and effective advice on planning and conducting meetings for parents and professionals.

Negotiating the Special Education Maze: A Guide for Parents and Teachers
ANDERSON, WINIFRED, ET AL.
1990. 2nd ed. Woodbine House, 5615 Fishers Lane, Rockville, MD 20852. 800/843-7323 or 301/468-8800. 250 pp. $12.95.

Recently revised and updated to keep families up-to-date on changing legislation and the menu of possible program options in special education, this book is useful for selecting the very best program for a child. The guide helps train families to become effective and collaborative educational advocates for the needs of their children. Material about services for infants with special needs and their families under Public Law 99-457 appears in this edition. Materials including planning guides, checklists, and special exercises are contained in this well-organized guide to assist families through a step-by-step planning process. The text also includes a useful index and resource guide.

Parents as Managers: Was this Part of the Job Description?
CALIFORNIA DEPARTMENT OF EDUCATION AND MENDOCINO COMMUNITY ADVISORY COMMITTEE
Available through Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925.$25. VHS Videotape.

This presentation of a satellite teleconference describes the advocacy role of parents and community advisory committees and offers state and national resources to empower parents of children with disabilities. (120 min.)

Person First, Then the Disability
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 1 p. $1.

Language often shapes the way we view and treat others. What is the proper way to speak to or about someone who has a disability? There are a number of publications available with suggestions for using proper terminology. PACER has a listing of some of these as well as this one-page handout. This information shares terms that describe others without harmful labeling. The suggestions may be shared with others in the community and media such as newspapers, and radio and television stations to increase their awareness in more fairly represent individuals with disabilities.

1992 Roster and Government Guide
CALIFORNIA JOURNAL
1992. 1714 Capitol Avenue, Sacramento, CA 95814. 26 pp. 1 or 2 copies, $2.75 each, 3-49 copies, $1.75 each, 50-99 copies, $.99 each, 100 or more copies, $.59 each. Add $2.75 shipping plus 7.75% sales tax.

This guide includes listings of all state boards, commissions, departments, and agencies. Members of the California Congressional Delegation, the California State Assembly, and the California State Senate are listed with addresses, phone numbers and photographs. Assembly Standing Committees and Senate Standing Committees are listed with the names of chairs and members by party. The California Supreme Court members and Legislative Offices with Directors are included. This is a basic reference material for families and professionals interested in political advocacy and the legislative process.

Thoughts for Those Helping Parents to Become Effective Advocates for Their Children With Handicaps
PARENT ADVOCATE COALITION FOR EDUCATIONAL RIGHTS (PACER) CENTER, INC.
4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 6-panel brochure. $.50.

This flyer can be valuable training material for organizations that help parents develop the skills they need to advocate effectively for their children with special needs. The guidelines are based on PACER's years of experience.

The Winning Trainer
ETTINGTON, JULIUS E.
1984. Gulf Publishing Co. Book Division, P.O. Box 2608, Houston, TX 77252. 713/529-4301. 423 pp. $39.50.

For those parents and professionals who become involved with planning or take part in training, parent education or public presentations, this comprehensive guide is a valuable reference resource. This collection of the "tricks of the trade" in the training world includes chapters on How to Start Things Off, Using Small Groups Effectively, Role Playing, Using Games and Simulations, Team Building, Involving Participants in Film and Video, Maximizing Participation and Learning in the Case Method, etc. Each chapter is also accompanied by an annotated reference list on the particular topic. Copies of 91 helpful handouts ready for duplication are included. This encyclopedic text of hundreds of concepts, practices and tools should be considered a basic reference material for a family or professional library.

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SECTION IV

COLLABORATIVE RELATIONSHIPS

FAMILIES, PROFESSIONALS, COMMUNITIES

FAMILIES, PROFESSIONALS, COMMUNITIES

Families, Professionals and Exceptionality: A Special Partnership

TURNBULL, ANN P. AND TURNBULL, H. RUTHERFORD

1990. 2nd ed. MacMillan Publishing Co., 100 Front Street, Riverside, N.J. 08075. 800/257-5755. 512 pp. $33. plus $3.30 shipping.

The text covers the changing roles of families and discusses family cycles and characteristics. Parent quotations are featured throughout. Special education law is discussed and helpful communication strategies are suggested. An appreciation of the value of family, this text by national parent and professional leaders portrays the complexities and diversities of families.

Parent Professional Training Modules

CALIFORNIA DEPARTMENT OF EDUCATION, SPECIAL EDUCATION DIVISION

Resources in Special Education (RISE), 650 Howe Avenue, Suite 300, Sacramento, CA 95825. 916/641-5925.

The core modules of the series include: Parent Professional Collaboration, Individualized Education Program Process: Rights and Responsibilities, Communication Skills, An Effective Community Advisory Committee (CAC), Community Advisory Committee (CAC) Leadership Training. 1991. Rev. 229 pp. (packaged together, shrink-wrapped) $20.

[Additional Modules: $5. each (shrink wrapped)]

Computers and Students with Special Needs: An Introduction, 1991. Rev. 28 pp.

Coping With Loss and Change, 1991, Rev., 50 pp.

Stress and Support in the Family, 1991, Rev., 44 pp.

Interagency Collaboration: The Parent's Role, 1991, Rev., 48 pp.

Parent Involvement, 1991, Rev., 52 pp.

Parent Support Groups, 1991, Rev., 42 pp.

Placement in the Least Restrictive Environment (LRE), 1991, Rev., 34 pp.

Transition Planning, 1991, Rev., 48 pp.

These well-organized resources promote family and professional collaboration with a focus on content and activities. Intended for use in training, the information reflects the current state perspective from the Special Education Division on these major topic areas. The material can be adapted for use with parents and professionals separately or in combined audiences. Each training module has eight sections: Flier, Topic Narrative, Overview, Trainer Agenda, Activities/Handouts, Summary, Bibliography, and Evaluation.

Parent/School Partnership Policy Memorandum

CALIFORNIA DEPARTMENT OF EDUCATION
SPECIAL EDUCATION DIVISION

1991. California Department of Education, Special Education Division, 721 Capitol Mall, P.O. Box 944272, Sacramento, CA 94244-2720. 916/657-2534. 11 pp. Free.

This policy memorandum clarifies the state Special Education Division's view of the role of families in the education process and seeks to encourage parent/school partnerships, state effective practices, and identify relevant requirements of the law. The material is a practical overview of traditional ways families participate in educational programs, support groups, and advisory committees.

Unlocking Doors: A Guide to Effective Communication

BINKARD, B.

1988. Parent Advocate Coalition for Educational Rights (PACER) Center, Inc., 4826 Chicago Avenue South, Minneapolis, MN 55417-1055. 612/827-2966. 60 pp. $2.50.

This booklet is designed to help parents and other children's advocates who may know their rights but who have difficulty expressing them. Content is centered on parent/school/teacher situations and how to deal with them more effectively and comfortably with communication skills and assertive behavior.

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